

NEWSLETTER BLOOMS

SRM COLLEGE OF NURSING SRMIST, KATTANKULATHUR

SEPTEMBER– OCTOBER REPORT 2023

WORLD HEART DAY

Community Health Nursing Department, SRM College of Nursing observed World Heart Day on 30.09.2023 between 8.30am to 10.00am at Maraimalai Nagar with the theme ‘Use Heart, Know Heart’ under the guidance of Dr. Rajeswari and Mrs. K. Kanmani. M.Sc(N) I Year 9 students, 2 faculty from SRMCON has participated in the programme. The main aim of this programme is to create awareness on to take care of their own heart. Students displayed posters and explained about dash diet and video clips on healthy heart. Ms. Kowsalya, M.Sc(N) I Year demonstrated yoga Asanas and breathing exercises to the participants and then instructed the participants to do the same. Dr. Rajeswari, Associate professor, explained about the prevention and control measures of Heart disease and took part in interaction with the participants and clarified their doubts and misconceptions. 45 general public were benefitted out of this programme.



YOUTH RED CROSS

DENGUE AWARENESS PROGRAMME

SRM College of nursing YRC Unit conducted **Dengue Awareness programme** on 30.09.2023 between 10.00am to 12.00 pm at Maraimalai Nagar. The main aim of this programme is to create awareness on Dengue fever due to out-break of dengue in various areas. YRC volunteers (M.Sc Nursing Ist year students) displayed posters and video clips to educate the beneficiaries. After which door to door home visit has been made for screening and explained about the preventive measures for dengue fever. Interaction with the families and clarified their doubts and misconceptions. Students visited 100 houses and gave group health education on preventive and control measures for dengue fever. 45 general public was benefitted.



WORKSHOP REPORT ON

“STEPS IN NURSING RESEARCH PROCESS”

Theme: Nursing Research Unit Organized workshop on “Steps in Nursing Research Process”

Date: 12.10.2023&13.10.2023

Time: 8.30am to 3.45 pm

TOTAL PARTICIPANTS: 130 (Nursing Students)

Preamble:

Nursing Research Unit Organized workshop on “Steps in Nursing Research Process” on 12.10.2023&13.10.2023 at Multipurpose Hall, First Floor, SRM College of Nursing.

Registration of the Participants Details:

B.Sc N III year students – 101,DGNM IIIyear students -8 , M.Sc N I year students- 9, NPCC I year students – 2 ,NPCC II year students – 4 , Post Diploma in Critical Care - 1student and Full time PhD scholars- 5 .Total participants -130 members’ registered for the workshop.

The pretest was conducted.

Day 1: 12.10.2023

Forenoon Session:

The programme was started with the presentation by Dr.C.Kanniammal ,Dean, SRM College of Nursing, and presented on Overview of Steps in Nursing Research process. Next Dr.N.Bamini Devi, Professor, SRM CON expressed her views regarding Identify the Research Problem, Writing Statement of problem, Objectives, Assumptions & Limitations. Then Dr.Shaini, Assistant Professor delivered her views on ‘Writing research Variables &, Hypothesis.’ Ms.VijiA, Assistant Professor spoke on ‘How to search for Literature Review?’

Afternoon Session

Dr. M.Kalavalli, Professor discussed on Various Research design.

Dr.V.Valarmathi Assistant Professor presented on Reliability & Validity of the tool.

Day 2: 13.10.2023

Forenoon Session:

Ms.Rogina J S Savarimuthu MSc (N) Full Time Research Scholar presented on Research critique.Prof.R. Vijayalakshmi, Vice Principal discussed on Sampling Criteria & Sampling techniques. Dr.RajeswariD , Associate Professor lectured on Data Collection Methods. Dr.Manoharan, Assistant Professor, Department of Community Medicine delivered on Methods of Statistical analysis.

Afternoon Session

Group activity was conducted for all students on “Prepare Research Proposal for the given the Research Topic”. The students actively participated.

The post test was conducted at the end of the session.

Feedback:

The feedback was given by 86 participants.

Over all presentation:

In the overall presentation, 28 %, of them says excellent. Whereas 36% of them says very good, 30% of them said good presentation and 6% of them said fair.

Feedback from participants:

- Very useful session on research
- To conduct more workshop in future

- Excellent and experience teaching staff taken the session
- Avoid overloading of content in one day
- Gained knowledge on all the steps of nursing research process
- Thanked all the teachers

Photos:



STUDENT NURSES ASSOCIATION REPORT OF FAREWELL PARTY – 2023

SRM College of Nursing, SNA Unit, celebrated Farewell Day on October 7, 2023. The program started at 11.30 am in the multipurpose hall of the SRM College of Nursing. Final years (B.Sc, M.Sc., M.Sc. NPCC, PBBSc. Nursing) were welcomed with roses. It was a fun-filled event in which the final-year students got an opportunity to interact with the faculty and juniors and share their 4-year memories. The program started with a prayer followed by a welcome address given by Mr. S. Rajkumar, B.SC (N) III Year, Vice President, SNA, and SRMCON. Dr. C. Kanniammal, Dean, and SRM College of Nursing rendered special address & congratulate all students for successful completion of the course. Then Prof. R. Vijayalakshmi, Vice principal, SRMCON, welcomed students with her motivational talk. After which cultural activities performed by B.Sc. (N) III year students followed by the prize distribution. all the nursing students & post graduate students participated in the programme. A short video of BSc (N) 2019–2023 batch students was displayed. Vote of thanks by Ms. Akansha, B.Sc. (N) III year.



BIOETHICS REPORT

As directed by the Pro-Vice Chancellor, MHS, the India Nodal Bioethics Centre at SRM Institute of Science and Technology celebrated EIGHTH WORLD BIOETHICS DAY globally on Wednesday, 19th October 2023 in alliance with the Department of International Chair in Bioethics, WMA Co-operating Centre, At SRM we celebrated the 'Common Program' as part of our commitment to proliferate the awareness and practice of Bioethical principles documented in the UNESCO Universal Declaration on Bioethics and Human Rights 2005. The theme for this year's celebration is 'Protecting Future Generations'. As part of the event, the student competitions for both International and local events were conducted in the month of August & October"2023. Inaugural session was organized through hybrid mode. Morning scientific session and panel discussion were conducted. Following cultural programs, afternoon prizes were distributed to the winners of both local and international events. Nursing students from B.Sc final year & DGNM students won first prize in Short film .Ms.Shobana from DGNM II year received third prize for artistic poster.



WORLD MENTAL HEALTH DAY – 10.10.2023

World Mental Health Day program was organized by The Department of Mental Health Nursing based on the theme: **“Mental Health is a Universal Human Right”** for the General public at Psychiatric OPD in SRM Medical college Hospital and Research Centre on 10.10.2023 between 9am to 11am. Around 93 General public, students and Faculty attended the program. Students of SRM College of Nursing Displayed posters on Definition of Mental health, Characteristics, Myths & Misconception, Signs & symptoms of Mental health, Rights of Mentally healthy person, Management of various Mental illness, promotion of Mental health, Hospitals available for Mental illness in Chennai. Further Rally was conducted on awareness regarding Mental health & Mental illness in SRM Campus, Kattankulathur, between 9.30 to 10.30am, Rally started from SRM college of nursing in presence of our Respected Dean madam, students went throughout the campus with Phrases in placards on Mental Health in both English & Tamil as mentioned Mental health begins with me, Share your mind to shape your future, Keep your mind busy with positive thoughts, A healthy mind is an Asset, A healthy mind is the greatest treasure to find, Be kind to yourself, Mental health is just as important as physical health, Be kind to yourself, Believe in yourself, your more than your illness. Around 90 students and faculty participated in the Rally. The participants gave positive feedback.



WORLD ARTHRITIS DAY

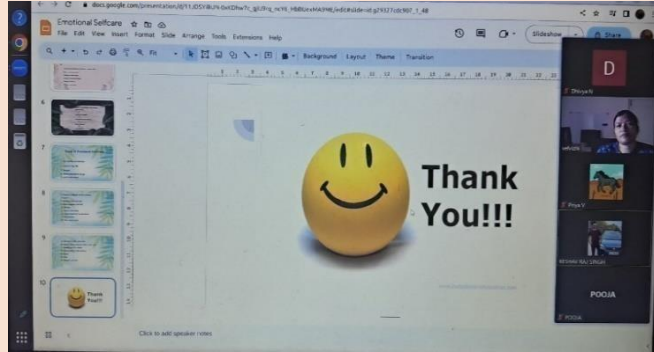
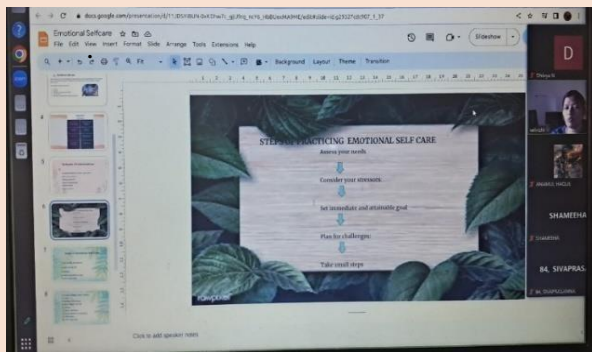
The Department of Medical Surgical Nursing SRM College of Nursing observed The “World Arthritis Day” with the theme “Its in your hands take action” on 12.10.2023 at Ortho OPD, SRMMCH & RC, Kattankulathur between 9.00 am – 11.30 am.

B.SC(N) III SEMESTER 15 students participated and educated the general public, patients and family members through Video Teaching on Dietary Modification, Exercise and Prevention of Osteoarthritis & data was collected on the severity of Osteoarthritis among patients attending OPD. Totally 50 general public were benefited out of this programme. The programme was concluded at 11.30 am. Beneficiary overall feedback was good.



ALUMNI EVENT

Alumni Talk was organized by SRM College of Nursing with 100 participants on 27.10.2023 between 2.00 pm to 3.00 pm. The program was started with Invocation, welcomed the gathering Mrs.N. Dhivya, Tutor, SRM College of Nursing. Following that Mrs. Velvizhi, M.Sc (N), Psychologist and counsellor, Presented on the topic “**PERSPECTIVES OF EMOTIONAL SELFCARE**”. The Presentation Was a Very Dynamic, Detailed and Highly Informative Session.B.Sc (N) III Year students, SRMCON Faculty, Total 100 Participants Attended the Session Mrs.V.PriyaM.Sc (N), Asset Professor, SRM College of Nursing, delivered vote of thanks.



PAARIVENDAR MAANAVAR THAMIZH MANDRAM –“9TH ANNUAL DAY CELEBRATION”

Paarivendar Maanavar Thamizh Mandram organizes “9th Annual day celebration” program on 31.10 2023 at T.P.Ganesan auditorium, Mini Hall 1 between 3pm to 6 pm. 14 BSc N students of our SRM College of Nursing participated in this event. The program was graced by Honorable Chancellor, SRM Institute of Science and Technology. BSc N II YEAR students performed group dance. Following members were assigned as student co-ordinators for Paarivendar Maanavar Thamizh Mandram - Mr.Varun B, Mr.Shakthi V, Ms. Sivasankari U, Ms.Gajalaxmi L. Student’s coordinators of SRM College of Nursing - manavar Tamil Mandram received Paarivendar Maanavar Thamizh Mandram ID card from Honorable Chancellor, SRM Institute of Science and Technology.

