

SRM COLLEGE OF OCCUPATIONAL THERAPY

PROGRAM TITLE: AWARENESS PROGRAMM ON OCCUPATIONAL THERAPY IN ORTHOPEDICS FOR IN - PATEINTS

PROGRAM VENUE: Hospital 2nd floor - Orthopedic Department Skill Room

Date: 06/03/2025

SRM College of Occupational Therapy - Orthopaedics unit organized a **AWARENESS PROGRAM ON OCCUPATIONAL THERAPY IN ORTHOPEDICS FOR INPATIENT** on 6th of March 2025 at Hospital 2nd floor- Orthopedic department skill room.

A total of 25 In - patients from both male and female ward of orthopedics department participated in this program.

Our respected **Mr. D. Anbarasu sir, Clinical coordinator and Associate Professor** delivered **informations and keypoints about occupational therapy to our inpatients** followed by **Mr. Manojraj and Ashlin Reji** our MOT students delivered an **interactive and practical demonstration of basic techniques to the inpatients.**

Dr. Thirumalai of Orthopedic department delivered about **osteoporosis and its importance tips in old age.**

The program was conducted through showing demonstrations, hand on practice, explaining risk factors and medical management. The session concluded by explaining Role of Occupational Therapy which includes...

Awareness program focusing on

- Pain Management and Joint Protection
- Energy Conservation Techniques
- Education and Psychological Support

The session ended with doubt clarification from the patients.

The ultimate aim of program is all about how small changes can be impactful and bring about greater changes in life...











