



SRM COLLEGE OF NURSING

SRMCON BLOOMS



SRM INSTITUTE OF SCIENCE AND TECHNOLOGY
KATTANKULATHUR



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A++



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NEWSLETTER OF SRM COLLEGE OF NURSING

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SRMCON BLOOMS

From The Editorial Desk

"The secret of getting ahead is getting started."
-Mark Twain.

Greetings Readers,

"Let your bolstered pen stand at the risk of tomorrow, See the whispering wing calling out to the enigmatic bird. Let the grass sing, let the flowers bloom, Let the echo within you always be head."

I know, you're busy, in fact all are busy, How can we not be in a world that moves at a warp speed? But the point here is, wouldn't you love to stop, breathe in your surroundings and connect with all those beautiful memories you had in mind while you created your masterpiece!

NEWSLETTER BLOOMS - One Book - Several emotion thoughts and ideas" As you go through the pages of this Blooms, you will go down the memory lane cherishing those beautiful memories and for surely feel connected to the rest!

**Hope you enjoy the Newsletter.
Happy Reading!**



Prof (Dr). Helen Shaji J C,
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COLLEGE PROGRAMMES

TRANSGENDER AWARENESS PROGRAM "EMBRACING DIVERSITY"

Transgender awareness program was organized by SRM Medical college in collaboration with SRM college of Nursing on 21st January 2025, at Seminar Hall SRM Hospital on the theme “Embracing Diversity”. Dr. Helen Shaji J.C, Dean, SRM College of Nursing welcomed the gathering and who was the master mind, to initiate this awareness program on transgender issues among health care professionals, fostering an inclusive and supportive environment. There were six insightful sessions led by expert speakers, covering various aspects of transgender health and well-being. The program was well appreciated by all participants for a thought provoking, enlightening, challenging perspectives and for promoting empathy. Delegates found the sessions highly relevant and informative, and the event was commended for its smooth execution, clear time management, and effective clarification of questions. The program also provided valuable networking opportunities for delegates to connect with experts and like-minded professionals. Overall, "Embracing Diversity" was a successful initiative that will continue to inspire inclusive healthcare practices and support for transgender individuals.



COLLEGE PROGRAMMES

9th STATE NURSING CONFERENCE

On 21st February 2025, 9th state nursing conference was organized by SRM College of Nursing, SRM IST, with the theme “Health Information Technology: Transforming Nursing Education, Nursing Practice, and Nursing Research“. The conference attracted 480 delegates from 41 different institutions. Registration & Pre-test was started by 8:00 am – 9:00 am, followed by Dr. Nesa Sathya Satchi, Principal cum Professor at Apollo College of Nursing, presented on Integrating E-Learning and Simulation in Nursing Curriculum, emphasizing modern teaching techniques in nursing education. Dr. S. J. Nalini, Principal cum Professor at Sri Ramachandra Faculty of Nursing, Sri Ramachandra Institute of Higher Education and Research (SRIHER), Porur, spoke on the Benefits and Challenges of Remote and Hybrid Nursing Education Models, focusing on how these models are transforming nursing education. Inaugural started at 10.45am with an invocation and the lighting the kuthuvilaku by the dignitaries on the dais. welcome address and unfolding the theme was done by Prof. (Dr.) Helen Shaji J C, Dean of SRM College of Nursing. Dr. Nitin M. Nagarkar, Pro Vice Chancellor (i/c) of MHS, SRM IST, delivered the inaugural address, followed by Special address by Lt. Col. Dr. A. Ravi Kumar, Advisor at MHS, SRM IST. Prof. C. Muthamizhchelvan, Vice Chancellor, SRM IST, delivered the presidential address, emphasizing on the importance of adapting to changes in the nursing field. Conference souvenir was released by the dignitaries on the dais. **-P.T.O**



COLLEGE PROGRAMMES

9th STATE NURSING CONFERENCE

Followed by Chief Guest address by Dr. S. Ani Grace Kalaimathi, Registrar, TNNMC, Chennai, she stressed on the need for nurses to embrace changes in healthcare. Dr. Venkatraman, Medical Superintendent at SRM MCH & RC, felicitated the speakers, and R. Vijayalakshmi, Vice Principal of SRM College of Nursing, proposed the vote of thanks. Dr. Yayathe Subbarayalu, Chief Nursing Officer at Dr. Rela Institute & Medical Centre, Chennai, presented on Improving Patient Safety and Quality of Care through Health Information Technology. Dr. Alex Joseph, Professor at SRM School of Public Health, SRM IST, Kattankulathur, discussed Improving Research Collaboration through Digital Platforms and Open Data. Prof. (Dr.) Helen Shaji J C, Dean of SRM College of Nursing, spoke on The Role of Wearable Technology in Patient Monitoring and Nursing Care. Dr. I. Clement, Dean and Professor at St. Benedict's Degree College and Institute of Nursing, Rajiv Gandhi University of Health Sciences, Bangalore, presented on Cybersecurity and Data Protection in Nursing Education, Clinical Practice, and Research. Prof. (Dr.) S. Maragatham, Professor at Saveetha College of Nursing, Saveetha Institute of Medical and Technical Courses, Chennai, shared insights on Overcoming Barriers to Technology Adoption in Nursing. A concurrent session was organized to present 44 research papers across three halls at SRM College of Nursing. The best research papers were awarded first and second prizes in each hall. Additionally, 10 posters were displayed on the ground floor of the medical college, with prizes awarded for the best posters. Dr. Bavani Priya V, Associate Professor at Bharath College of Nursing, served as an observer from TNNMC and provided valuable feedback. The conference concluded with the distribution of certificates to delegates, Prizes and mementos to the winners of oral and poster presentations. The event wrapped up with the national anthem.



COLLEGE PROGRAMMES

ANNUAL SPORTS MEET - 2025 FIESTAPROVITA

On 27th & 28th February 2025. "FIESTAPROVITA" Sports annual meet was organized by SRM College of Nursing at A.G Milkha Singh Stadium, SRM IST. Dr. Helen Shaji J C, Dean, SRMCON, presided the event. The event aimed to encourage sportsmanship, teamwork, and physical fitness among students. Various athletic and team sports competitions were conducted, fostering enthusiasm and participation. 250 participants of B.Sc (N), P.B.B.Sc (N) & DGNM students participated in the events. The event promoted physical well-being, team spirit and healthy competition among students. It also encourage an active lifestyle.



COLLEGE PROGRAMMES

SRM PREMIER LEAGUE-2025

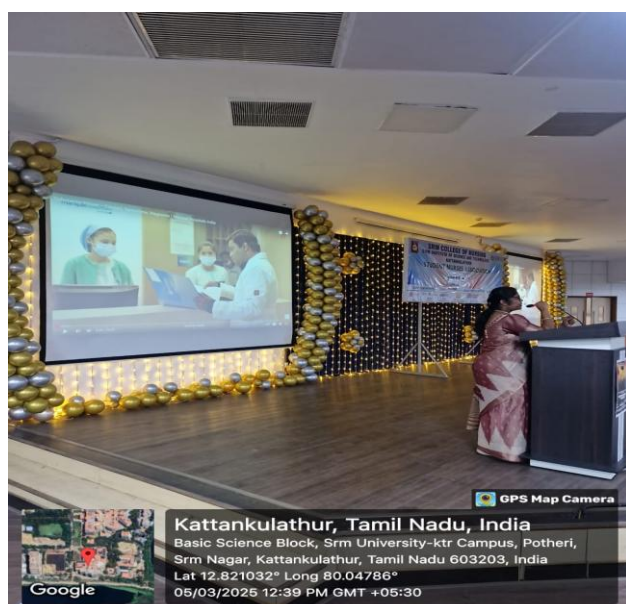
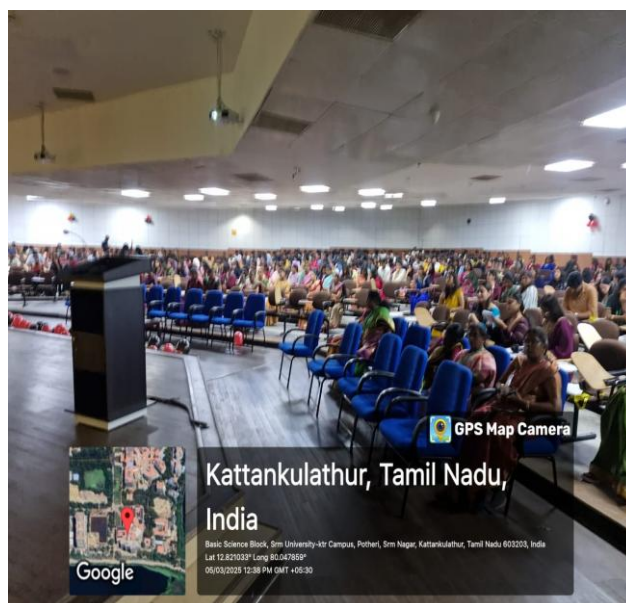
From 16.02.2025 to 18.03.2025, SRM Premier League (SPL) 2025, an intra-university sports was organized by the Faculty of Management in collaboration with the Directorate of Sports, SRMIST. Faculty incharge was Mrs. Kanmani. K, Assistant Professor and Mr. Sathish, Nursing Tutor, for SRM college of Nursing. The tournament featured a diverse range of sports, including cricket, football, basketball, badminton, volleyball, chess, track and field events, and e-sports, providing opportunities for students to showcase their skills and determination. Inaugural Ceremony was conducted on 17th February 2025. The event commenced with a grand road rally, igniting campus energy as students, faculty, and the event mascot parade throughout the university, setting the stage for the thrilling competitions ahead. The selection trials were conducted to identify and shortlist students based on their skills and performance. The process was open to all students who applied through prior registration. The process began with student registrations, followed by evaluations led by sports quota students ensuring a fair and structured process for choosing eligible students. From SRM College of Nursing B.Sc.(N) Girls team, 'Owl Talons,' won the Bronze Medal in Kho-Kho held on 07.03.2025. The team members were Ms. Kaviya R and Ms. Megha. M from B.Sc.(N) III year, Ms. Gangeshwari. K, Ms. Vinoliya. S, and Ms. Ann G. Joseph from B.Sc.(N) IV year, Mr. Mohammed Javid B.Sc. (N) III year won the Bronze Medal in Shot Put.



COLLEGE PROGRAMMES

ANTI DRUG SENSITIZATION PROGRAMME

On 5th March 2025, The event titled **"Unity Without Fear"** was organized by the Anti-Drug Committee of SRM College of Nursing, SRM IST, at Hippocrates auditorium, SRM Medical College, between 12 Noon to 12.30 pm. Totally 450 students participated including Undergraduate (UG) and Postgraduate (PG) Students. The main aim of the event was to create awareness among students about the harmful effects of drug abuse, educate them on the consequences of addiction, and encourage healthy, drug-free lifestyles. A video was played showcasing the consequences of drug abuse, ranging from health deterioration to social and legal repercussions. It also highlighted rehabilitation options and support systems available for individuals battling addiction. The event concluded with a call to action, encouraging students to remain vigilant, make healthy choices, and spread awareness about drug prevention.



COLLEGE PROGRAMMES

ANTI RAGGING AWARENESS

On 5th March 2025, Anti-Ragging Committee of SRM College of Nursing, SRM IST, organized an awareness program titled "Unity Without Fear" between 8.30 am – 8.45am at Hippocrates Auditorium, SRM Medical College, IIIrd Floor, SRM IST. Totally 450 students participated including Undergraduate (UG) and Postgraduate (PG) Students. The event aimed to reinforce a ragging-free campus environment by promoting awareness, mutual respect, and student unity. Faculty members, students, and administrative staff gathered to participate in this brief but impactful session. Mrs. A. Sheeba Jebakani, Associate Professor and Anti-Ragging Committee Member, delivered a speech highlighting the significance of fostering a secure and respectful academic environment. She elaborated on the role of the Anti-Ragging Committee in ensuring the well-being of all students and encouraged them to remain united against any form of ragging. The event concluded with a video presentation that provided an in-depth awareness of anti-ragging measures, reinforcing the institution's commitment to a safe and respectful campus culture. The program left a lasting impact on attendees, strengthening their resolve to uphold unity and harmony within the college.



COLLEGE PROGRAMMES

CONTINUING NURSING EDUCATION

On 20th March 2025, Department of Psychiatric Nursing, SRM College of Nursing organized Continuing Nursing Education Programme on the theme “Evolving Mental health disorders and Opportunities vs Challenges in Psychiatric Nursing Practice”. welcome note by Dr.R.Vijayalakshmi, Vice Principal. Dr.Helen Shaji, Dean, SRM College of Nursing gave a illustrative presidential address, Mr.R.Arun ,Asst.Professor, Department of Clinical Psychology, SRM MCH & RC was the Guest of Honour and Mr.R.AhilanVinod Kumar ,DNS, SRM MCH & RC felicitated the gathering. Faculty of Mental Health Nursing department presented on various topic followed by a Panel Discussion on Opportunities Vs Challenges in Psychiatric Nursing Practice. Around 130 participants got benefited and gave a positive feedback stating that the topics were diverse, engaging and enriching.



OUTREACH ACTIVITIES



NATIONAL SERVICE SCHEME (NSS) UNIT

Distribution of supportive devices



On January 24th, 2025, the NSS team from SRM College of Nursing organized a heartwarming event in Kadamboor village, where they distributed mobility aids to individuals with physical impairments. A group of 30 B.Sc. Nursing IV-year students took part in this initiative, which aimed to promote independence and mobility. Seven beneficiaries received personalized mobility devices, including one walker and six walking canes, as per their physical needs. This event greatly helped needy individuals to improve their quality of life and independence in everyday tasks. The event was coordinated by Dr. Nithya, Medical Officer at SRM Urban Health Centre, Mrs. Geetha, Assistant Professor, NSS Program Officer, and Mrs. Govindammal, Nursing Officer.



OUTREACH ACTIVITIES



NATIONAL SERVICE SCHEME (NSS) UNIT TREE PLANTATION AND AWARENESS



On March 01st 2025, the NSS unit of SRM College of Nursing organised Awareness programme on Environmental sustainability at Meyyur village. Dr.Lakshmanan NSS Advisor, SRM IST demonstrated the usage of solar panel to the people. Around 120 people attended the programme in the presence of panchayat president. 5 NSS volunteers students from B.Sc. Nursing IV yr planted the saplings. Nearly 100 coconut tree saplings and 50 tamarind tree saplings were given to the panchayat and saplings were planted.



OUTREACH ACTIVITIES



NATIONAL SERVICE SCHEME (NSS) UNIT CELEBRATING WOMEN AND HONORING THE VISUALLY IMPAIRED



On 11th march 2025, 14 NSS Programme Officers of SRMIST conducted an inspiring event called “celebrating women and honoring the visually impaired“. The Chief Guest Dr. Helen Shaji J.C, Dean, SRM college of Nursing, SRM IST, KTR highlighted the importance of celebrating International Women’s Day and the contribution of SRM’s NSS team to the public, Dr. Sangeetha M, Professor & Head, Electronics & Communication, SRMIST, KTR engaged in a heartfelt conversation with 18 visually impaired attendees, who shared their inspiring journeys. SRMIST extended its support by distributing dry ration supplies. The audience was captivated by soulful songs, meaningful proverbs, and a high-energy dance performance. The event was a resounding success, celebrating empowerment, resilience, and cultural expression.



OUTREACH ACTIVITIES



NATIONAL SERVICE SCHEME (NSS) UNIT AWARENESS CAMPAIGN FOR "SAY NO TO DRUGS"



Ms. K. Geetha, NSS Program Coordinator and Assistant Professor, SRM College of Nursing, represented the college in the 25-hour continuous Cricket Ball High Throw Catch event held from 9:00 AM on 20th March 2025 to 10:00 AM on 21st March 2025 organized by SRMIST, and contributed to setting a NOVA World Record. This event was organized to create "Awareness for Say No to Drugs". The SRM NCC & NSS team members were actively participated to bring the event in a great success



OUTREACH ACTIVITIES



NATIONAL SERVICE SCHEME (NSS) UNIT

Special camp

From March 24th to 29th, 2025, the NSS unit of SRM College of Nursing organized a special camp at Meyyur village. During the camp, NSS student volunteers organized and executed several impactful events aimed to educate and empower the local community, promoting a healthier and more sustainable lifestyle.

Events and Activities are as follows:

1. Awareness program on Tuberculosis
2. Cleaning drive to promote plastic ban awareness
3. Dental hygiene awareness program for Anganwadi children
4. Rally on prevention of junk food consumption
5. Awareness program on non-communicable diseases
6. Demonstration on effective household waste management



COMMEMORATION OF HEALTH DAYS

WORLD CANCER DAY

On 4th February 2025, World Cancer Day awareness programme was successfully organized by SRM College of Nursing M.Sc. (Nursing) I & II year students at the Medical OPD, SRM MCH & RC on the theme **“United by Unique”**. The event focused on cancer prevention, early detection and healthy lifestyle promotion. Key activities were poster presentation and food pyramid exhibition highlighting various types of cancer risks, prevention and treatment advancement, along with an engaging role-play session addressing early detection, myths and patient care. Participants gained insights into the importance of proper nutrition, regular health check-ups and community involvement. The programme effectively raised awareness and encouraged proactive cancer prevention strategies. The event concluded with a call for continued efforts in spreading awareness and supporting those affected by cancer. The initiative successfully empowered attendees to take active roles in cancer prevention and education.



COMMEMORATION OF HEALTH DAYS

INTERNATIONAL WOMENS DAY CELEBRATION - 2025

On 4th March 2025, Department of Obstetrical and Gynecological Nursing commemorated International women's day at OBG OPD SRM MCH & RC between 9.00 – 11.30am. The theme is "**Accelerate Women,**" focusing on women's health from teenage to menopause. The event featured four thematic stalls: "**Tricky Teens**" (teenage health awareness, PCOD, anemia, and menstrual hygiene), "**Lilac Love**" (pregnancy and postpartum care, breastfeeding, and antenatal exercises), "**Never Lose Hope**" (infertility awareness, causes, and management), and "**Fuji Nova**" (menopausal health, diet, and HPV vaccination). A unique attraction was a **4th-year B.Sc (N) student dressed as an AI robot**, interacting with the audience. The OPD patients were the beneficiaries and the total number of Participants were 105. Various informative models, charts, skits, and food displays were used to educate participants on different stages of a woman's life. The audience also voted on HPV vaccination awareness, highlighting the event's impact on public health education. The event successfully raised awareness about **women's health** across different life stages, promoting informed healthcare decisions.



WORLD KIDNEY DAY

On 13th March 2025, The Department of Medical-Surgical Nursing commemorated World Kidney day on the theme: “ **Are your Kidneys ok? Detect Early, Protect Kidney Health.**” B.Sc. Nursing IV semester, DGNM II year, M.Sc. Nursing I year participated in the event at Medical OPD, SRM MCH & RC, between 8.30 AM – 11.30 AM. Awareness was created through poster presentation on causes, risk factors, symptoms and management of kidney disease. Models exhibited on kidney function, Mechanism of dialysis, Renal transplantation and disease prevention. Renal diet was displayed and pamphlets were distributed on kidney disease management to the general public. A total of 85 people benefited from the event, gaining valuable knowledge on kidney health. The public provided positive feedback, appreciated well for the informative sessions.



COMMEMORATION OF HEALTH DAYS

WORLD HEARING DAY

“World hearing day, was commemorated on March 3, 2025, along with the Department of Audiology and Speech Language Pathology and Dept. of ENT. A hearing screening camp for students and faculty at SRM College of Nursing between 9:00am to 3.30 pm was conducted by Mr. S.A. Ramsankar, Associate Professor, SRM MCH & RC and Dr. Tamilselvan G, Assistant Professor, SRM MCH & RC. The screening procedure involved otoscopic examination and pure tone screening in both ears at 500Hz, 1KHz, 2KHz and 4 KHz. Individuals who failed to succeed in the screening were counselled regarding aural hygiene and further referred for a detailed audiological evaluation, total Participants were 462. Following the screening, all participants were informed about their results of hearing test.



COMMEMORATION OF HEALTH DAYS

WORLD DOWN SYNDROME DAY

On 21st march 2025, Department of Paediatric Nursing Commemorated World Down Syndrome Day on the theme “Improve Our Support Systems” between 8.30am to 12.00 noon at Paediatric Medical OPD, SRM MCH & RC. Various awareness activities were conducted, including a poster presentation by B.Sc. (N) VI Semester, PBBSc (N) I Year, M.Sc. (N) I Year and DGNM II Year students, on causes, myths, history, rights, medical care, and challenges related to Down Syndrome. Informative pamphlets were distributed to educate parents and caregivers and an awareness video was played to emphasize social inclusion and early intervention. Additionally, a rally was organized with students and faculty carrying placards and slogans to advocate for better support systems. The event successfully raised awareness and promoted a supportive environment for individuals with Down Syndrome.



STUDENT ENRICHMENT ACTIVITIES

Workshop- Life skill training programme

The "Life Skill Training" workshop was organized by the College of Nursing and Department of Clinical Psychology SRM MCH & RC in collaboration with the University Wellness Program SRM IST which took place on 22.01.2025 and 17.02.2025 at SRM College of Nursing, 101 B.Sc. (N) IV Year students and 95 B.Sc. (N) III year students attended the program. The workshop aimed to enhance life skills for personal and professional growth for Nursing students. Welcome address was delivered by Dr. V. Valarmathi, Associate Professor, SRM CON, inaugural address by Dr. Helen Shaji J. C, Dean, SRM College of Nursing, Presidential address by Dr. Bhasi Sukumaran, Professor and Head of Clinical Psychology, SRM MCH & RC. Dr. T. Sathya, SRM university wellness program coordinator, congratulated for organizing life skill programme for Nursing students. The life skill session was conducted by Dr. Sudha Balaji, Assistant Professor, Clinical Psychology, SRM MCH & RC and Dr. Pavitra, Assistant Professor, Clinical Psychology, SRM MCH & RC supported by Dr. T. Sathya and Mr. P. Bala Ganesh. The training focused on cognitive strategies, stress management, overcoming bullying, addiction prevention and navigating life challenges. The event concluded with a valedictory session where students shared their learnings. Overall, the workshop successfully equipped nursing students with essential skills to handle life challenges confidently and effectively.



STUDENT ENRICHMENT ACTIVITIES

LUMINARY ADDRESS ON "ESSENTIALS OF STARTUP BUILDING: INSIGHTS AND DIRECTIONS"

On 3rd February 2025, SRM IST organized a Luminary Address on "Essentials of Startup Building: Insights and Directions" by Mr. Avinash Rai, Founder of Skill Case and an esteemed alumni of SRMIST. The program was organized at Turning Hall, SRM Tech Park between 4:00 PM to 5:00 PM. Ms. Srimalathi R, Tutor, SRM College of Nursing, Ms. Nithiya, Clinical Instructor, Final Year B.Sc. Nursing Students participated in the program. Mr. Avinash Rai highlighted the challenges in building a startup, ensuring its stability, strategies for the initial days of development, and emphasized focusing on users rather than the solution. He also shared his personal experiences in developing Skill case. The program highlighted on understanding of startup challenges, Strategies for sustainability. This session formulated student mind in ideation and entrepreneurial thinking.



STUDENT ENRICHMENT ACTIVITIES

Students Participation at 7th Inter-Para Medical Sports Event organized by Sri Ramachandra Institute of Higher Education and Research

On 14th February 2025 and 15th February 2025, B.Sc. Nursing 1st Year Students, SRM College of Nursing participated in the 7th Inter-Para Medical Sports event organized by Sri Ramachandra Institute of Higher Education and Research, Porur, Chennai. Students actively engaged in a variety of events, including chess, carrom, and athletics (100m running race).



STUDENT ENRICHMENT ACTIVITIES

RESEARCH DAY -2025 STUDENTS PRESENTATION

On 7th February 2025, B.Sc. Nursing IV Year students of SRM College of Nursing actively participated in the Research Day Presentation. Students presented their innovative research works enthusiastically with evidence based Practice. Research paper presenter was awarded with gold and silver medals based on their presentation and novelty in the Research work. The event provided a platform to share knowledge and emphasize the young minds commitment to research excellence, creating a lasting impact on the nursing community.



STUDENT ENRICHMENT ACTIVITIES

NATIONAL WORKSHOP ON “EMPOWERING DIABETES CARE: NUTRITIONAL SCREENING, ASSESSMENT, AND CUSTOMIZED DIET MODULE”

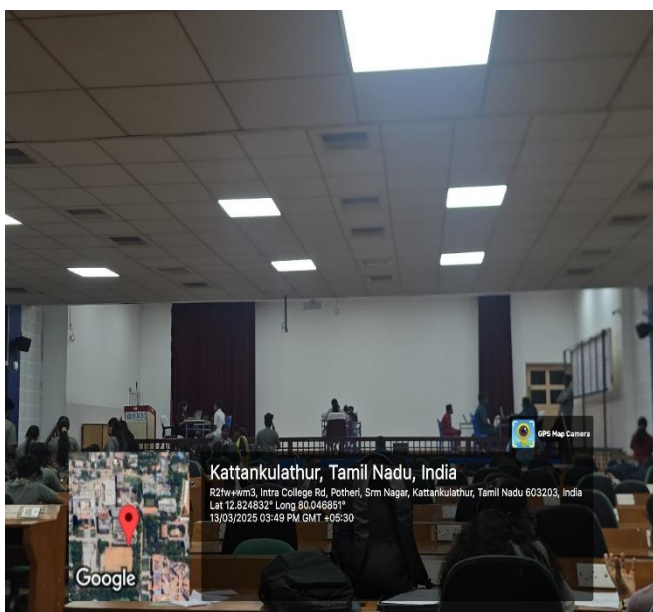
On 26th & 27th February 2025, B.Sc. Nursing II Semester students participated in a two-day National Workshop on “Empowering Diabetes Care: Nutritional Screening, Assessment, and Customized Diet Module” organized by the Department of Clinical Nutrition and Dietetics, SRM MCH & RC at Hospital Seminar hall. The workshop provided valuable insights into nutritional assessment, personalized diet planning, and diabetes management, featuring expert sessions and hands-on training. 101 B.Sc. Nursing II Semester students actively took part in the workshop, to enhance their understanding of diabetes care and nutrition-based interventions.



STUDENT ENRICHMENT ACTIVITIES

Campus Placement Drive – Corrohealth, Chennai

On 13th March 2025 The campus recruitment drive by CorroHealth was successfully conducted between 9:00 AM - 4:00 PM at T.P. Ganeshan Auditorium SRMIST-KTR Campus. Total of 32 students participated in the recruitment process. The candidates included 29 students from B.Sc. Nursing (IV Year) and 3 students from Post Basic B.Sc. (N) II year. The session started with an introduction about CorroHealth, its work culture, job roles, and career growth opportunities. The company representatives provided insights about their expectations to the candidates and the selection criteria. The first round was a computer-based written test, evaluating Technical Knowledge (Nursing concepts, medical terminology, and healthcare-related knowledge) and Aptitude & Reasoning (Logical reasoning, numerical ability, and problem-solving skills). Shortlisted students proceeded to the final round face to face interview which included technical and HR interviews. Out of 32 students, a total of 12 students from B.Sc. Nursing (IV Year) successfully cleared all rounds and were selected by CorroHealth.



STUDENT NURSES ASSOCIATION

EUPHORIA 2025 - CULTURALS

On 5th March 2025, The Student Nurses Association (SNA) of SRM College of Nursing organized EUPHORIA-2025, a grand cultural event at the Hippocrates Auditorium, SRM Medical College, IIIrd Floor, SRM IST between 9:00 am to 1:00 pm. The event started with welcome Dance by Mrs. Aishwarya B.Sc. (N) I year, followed by welcome address by Ms. Pooja.S B.Sc. (N) IV year Treasurer of SNA. The Special Address was delivered by Dr. Helen Shaji J.C, Dean, SRM College of Nursing, followed by the Chief Guest Address by Dr. R. Mohana Krishnan, Director, Directorate of Sports, SRM IST, who emphasized the significance of cultural activities and importance of sports in students' holistic development. As a token of appreciation, a memento was presented to Mr. C. Raju, Physical Training Instructor, Directorate of Sports, SRM IST, for his outstanding efforts in coordinating the sports events. Then Prizes were distributed to the winners of various sports competitions conducted on 27th & 28th March 2025 for Faculty and students. Followed by the Cultural event segment which showcased students talents through a range of performances, including solo and group singing, solo and group dances. Total 520 Participants including students from B. Sc Nursing, MSc Nursing, and DGNM programs. Mr. Vaizakh R.S (B. Sc Nursing IV Year), Cultural Head of SNA, delivered the Vote of Thanks.



FACULTY RESEARCH ACTIVITIES

RESEARCH DAY -2025 FACULTY PRESENTATION

On 10th February 2025, Faculty members of SRM College of Nursing actively participated in the Research day presentation at smart classroom, SRM CON. Faculty presented their innovative research works, highlighting advancements in nursing education and practice. Best Research paper by faculty member was awarded with gold medal based on their presentation. The event provided a platform to share knowledge, foster collaboration, and to excel in Research methods.



FACULTY RESEARCH ACTIVITIES

VISIT TO JAWADHU HILLS THE FUNDED RESEARCH PROJECT UNDER SERI, SRM IST

On 03rd & 4th March 2025, Dr. R.Rjeshwari, Associate professor, Mrs. Angeline Dhanalakshmi, Associate professor and Mrs. Geetha, Assistant professor, from SRM College of Nursing and Mr.Karthick from Tamil Nadu Health Systems Project (TNHSP) under SRM Medical College went for data collection which was carried out in thirteen tribal villages in Nayakkaneri hills. The project was funded under SERI, SRM IST, titled Impact of Dietary and Lifestyle Practices on the Prevalence of Hypertension among the Tribal Population in Jawadhu Hills. It was conducted with the aim of understanding the factors contributing to hypertension in the tribal communities of Jawadhu Hills. The team visited the villages, where they collected demographic details, Blood pressure and administered semi structured questionnaires to evaluate the dietary and lifestyle practices of the study participants. The project is progressing and further analysis of the data will be conducted to guide future interventions and health initiatives for the tribal communities in the Jawadhu Hills region.



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

Workshop- Review of Nurse Practitioner in Critical Care (NPCC) Program

On 9th and 10th January 2025, the Indian Nursing Council organized a National level workshop at the Park Hotel, New Delhi. The event focused on review of nurse practitioner in Critical Care (NPCC) program. It highlighted the significance of NPCC programs in India, their career scope in the USA, the strengths, challenges, and opportunities of existing programs. Participants included Ms. Sheeba Jebakani. A, Associate Professor, SRM College of Nursing, and Dr. Karthik M., Professor and Medical preceptor (NPCC), SRM MCH & RC. The workshop provided an overview of current NPCC programs, noting several successful implementations in different regions, while also acknowledging areas for improvement. The event aimed to improve critical care outcomes, enhance nursing careers, and foster stronger collaboration between institutions and policymakers, benefiting 45 healthcare institutions offering NPCC programs.



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

LEADERSHIP CONCLAVE- 2025



From January 9th to 11th, 2025, SRM Group of Institutions organized Leadership Conclave- 2025 at Great Trails Hotel, Yercaud, for the Deans and executive heads from NTR, AP, KTR, and Sikkim campuses. Total 32 Administrative and executive heads attended this event. Key highlights included expert sessions on financial planning and strategy by Dr. Ajay K. Garg, Professor at IIM Lucknow, and Prof. A. Vinay Kumar, Pro Vice- Chancellor (SBL), SRM IST. The event featured hands-on workshops with real-life case studies and valuable networking opportunities across SRM campuses. The impact of the event included enhanced financial literacy for non-finance executives, improving decision-making and collaboration. Solutions discussed included financial planning, budgeting techniques, investment strategies, and the use of financial tools to support better financial management. The 32 executive heads gained valuable insights that will aid them in their roles.

FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

24th THE INDIAN SOCIETY OF PSYCHIATRIC NURSES (ISPNC) ANNUAL CONFERENCE



From 7th February to 9th February 2025, Dr. Kalavalli, Professor, SRM college of Nursing, attended a conference organized by The Indian Society of Psychiatric Nurses (ISPNC) that brought together esteemed resource persons from various regions, at the College of Nursing, Indira Gandhi Institute of Medical Sciences, Pondicherry. The highlight of the conference was the inaugural session, honored by the presence of Prime Minister Mr. Rangasamy and Dr. Dilipkumar, President of the Indian Nursing Council (INC). Dr. Kalavalli, Professor, presented her research paper on stress buster. Beneficiaries were Psychiatric nursing professionals and researchers. The impact of the conference was to Strengthen the professional knowledge and clinical competencies in psychiatric nursing and to encourage on innovative approaches to psychiatric care and research.

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FACULTY INDUCTION WORKSHOP (GURU DAKSHATA)



From 10th February 2025 to 17th February 2025, faculty Induction Workshop was conducted at, University Building, by Department of Learning and Development (DLD) between 9:00 AM to 4:00 PM. The workshop was attended by SRM college of Nursing Faculty Ms. Srimalathi R, and Ms. Vinothini V, Nursing Tutors. The workshop commenced with a brief introduction and interaction with the participants. The sessions primarily focused on Trends in higher education, accreditation, National credit framework, taxonomy and learning, adult learning theory and learner's motivation. Workshop insisted on Improved teaching effectiveness through the adoption of advanced instructional strategies and Enhanced understanding of accreditation processes and educational frameworks.

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UG GLOBAL HEALTH COURSE AN INTERNATIONAL GUEST LECTURE

DATE	FACULTY NAME	TOPIC	PARTICIPANTS	DISCUSSION
10.02.2025	Dr. N. Bamini Devi, Professor, SRM college of Nursing, SRM IST	The Impact of the Environment and Climate Changes in India in Relation to Agenda 2030	Students & Faculty members of University West, Trollhattan	Addressing climate change to improve health outcomes and Connecting environmental impacts to the Sustainable Development Goals (SDGs), focusing on health and well-being
18.02.2025	Mrs. Sheeba Jebakani, Associate Professor, SRM CON	Common Infectious Diseases, Prevention, and Curative Treatment in India	Students & Faculty members of University West, Trollhattan	Importance of vaccination and sanitation practices. Early detection and treatment of infectious diseases. Strengthening healthcare systems to manage outbreaks effectively.

• Interactive Elements (Throughout the Lecture)

1. Case Studies and Real-world Examples:
Share case studies on climate resilience projects in India, such as the Ganga mission or solar-powered villages.
2. Polls/Surveys:
Use digital tools (like Slido or Mentimeter) to conduct polls and surveys to gauge awareness and impact.
3. Group Discussions:
Encourage participants to discuss specific issues like water management, air pollution, or energy access and propose solutions.

SRMCON, SRMIST, 12th Feb 2025

GPS Map Camera

Kattankulathur, Tamil Nadu, India
R2fx+vg, Potheri, Srm Nagar, Kattankulathur, Tamil Nadu
603203, India
Lat 12.824804° Long 80.049466°
18/02/2025 01:37 PM GMT +05:30

FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

WORKSHOP ON SCIENTIFIC PUBLISHING, RESEARCH WRITING, AND ETHICAL PUBLICATION PRACTICES



On 25th February 2025, Dr.Bamini Devi, Professor, SRM CON and six P.hD full time scholars, Ms.Rogina , Ms.Annapoorani, Ms.Catherine M Priyadharshi, Ms.Kalaiarasi B, Ms.Subraja R and Ms.Bhagawaty Kalikotay, attended one-day workshop focusing on scientific publishing, research writing and publication ethics. Expert sessions on manuscript structuring, plagiarism management, journal selection, and AI integration in health care research. Interactive discussions and practical insights from renowned speakers were conducted. The workshop provided valuable knowledge on scientific writing, enhancing research quality and ethical publishing practices. Participants gained skills to navigate challenges in publishing and effective use of AI tools in research.

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WORKSHOP ON INNOVATIVE PEDAGOGIES AND THEIR APPLICATIONS IN NURSING EDUCATION



On 28th February 2025, Dr.V.Valarmathi, Associate Professor, Mrs. Jayamalli, Nursing Tutor and Mrs. Suganya, Nursing Tutor, of SRM CON, attended a National workshop on “Innovative pedagogies and their applications in Nursing Education” at Sri Ramachandra faculty of Nursing. The highlights of workshop was exploring innovative teaching methodologies in nursing education, Hands-on workshops session, Expert-led session, Case studies showcasing, Real-world applications of pedagogical strategies and Networking opportunities with educators and professionals. The impact of workshop helped the faculty to enhance teaching strategies for better student engagement, adoption of modern pedagogical approaches, Strengthening teaching effectiveness and Promoting collaboration between institutions.

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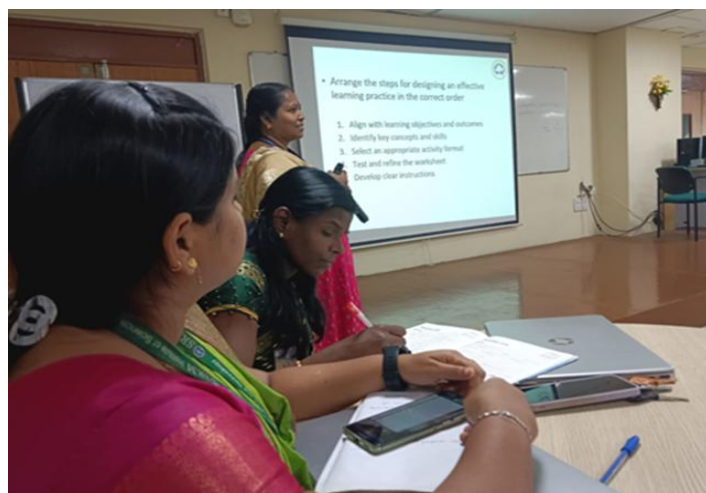
TOT: GATEKEEPER TRAINING WORKSHOP FOR SUICIDE PREVENTION

On 5th & 6th march 2025, Mrs. Priyadarshini, Mrs. Deepika.T, and Mrs. Kavitha.P, Assistant professors of SRM college of Nursing participated in Training Of Trainers (TOT) on the topic Gatekeepers on suicide prevention organized by The Department of Clinical Psychology at SRM Hospital seminar hall between 9am to 3.30pm. Expert speakers Ms. Arya Thirumeni (Program Manager, NIMHANS) and Ms. Amrutha S (Junior Research Fellow, Empower Project) provided insights on theoretical discussions, hands-on exercises, collaborative activities and fostering a multidisciplinary approach to suicide prevention. Faculty members were trained to identify, assess, intervene in suicide-related crises, Risk factors, warning signs, and intervention techniques. Interactive activities such as case discussions, role-playing, and mixed-group exercises emphasised on early detection, support strategies, and structured safety management plans. Faculty members were empowered as gatekeepers, enhancing their ability to detect behavioral changes and provide timely intervention.



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FACULTY DEVELOPMENT PROGRAM – MOOC (MASSIVE OPEN ONLINE COURSES)



On 6th & 7th march 2025, Mrs. Dhivya, Nursing tutor, Mrs. Abizha, Nursing tutor, Mrs. Vinitha, Nursing tutor and Mrs. Jenitha, Nursing tutor, SRM college of Nursing attended Faculty Development Programme on MOOC (Massive Open Online Courses) between 9:00 AM to 4:00 PM at DLD Interactive Studio, SRMIST-KTR Campus. The event focused on enhancing faculty skills in e-curricula development using AI technology, covered content creation, uploading, rationale and outcome, PPTs, videos, worksheet creation, and question bank development. Followed CDIO and TPACK standards for structured learning. Sessions were delivered by expert speakers on learner-centric approaches, gamification, and digital content creation. The program equipped faculty with modern digital teaching tools, fostering innovation in curriculum delivery. It emphasized structured learning through Bloom's Taxonomy and SMART principles while promoting gamification and interactive learning approaches.

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UNIVERSAL HUMAN VALUES-II

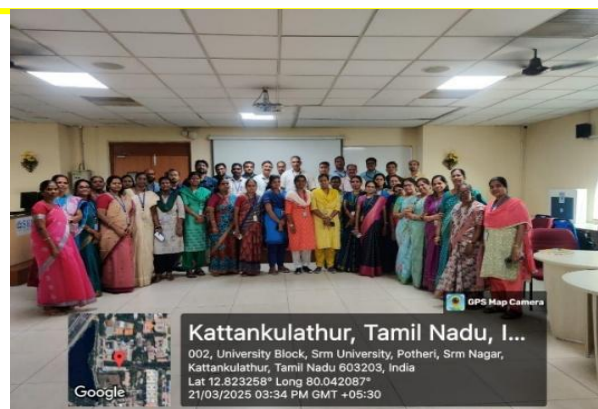
On 11th to 15th March 2025, SRMIST's Value Education Cell successfully conducted a 5-day Faculty Development Program (FDP) on Universal Human Values-II, approved by AICTE. Dr. M. Kalavalli, Professor, SRM College of Nursing & UHV Coordinator, attended the FDP. The Objective was Enhancing educators' understanding of universal human values in teaching and professional life. The program provided valuable insights into integrating human values in education, fostering ethical leadership, and enhancing value-based learning. The FDP empowered faculty members to incorporate universal human values into their teaching methodologies, contributing to a more holistic learning environment for the students



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

FACULTY DEVELOPMENT PROGRAMME – United Nations Academic Impact on Workshop on Teaching using Artificial Intelligence

The Faculty Development Programme (FDP) on the theme of “United Nations Academic Impact Workshop on Teaching Using Artificial Intelligence” was organized by Directorate of learning and development, SRM Institute of Science and Technology, SRMIST-KTR from 20.03.2025 to 21.03.2025. 11 faculty members attended the FDP from SRM College of Nursing. This workshop was designed to enhance the teaching capabilities of faculty members by integrating Artificial Intelligence (AI) in educational practices. The goal was to familiarize faculty members with AI tools and techniques, enabling them to incorporate these into their teaching methods to create more engaging and effective learning experiences. The Workshop provided valuable insights and practical skills in several critical areas, including the use of Learning Management Systems, e-curricula design, formative assessment strategies, video production, learning with Activities, worksheets, Practices, Scaffolds, Question bank creation and Content quality assessment.



TAMIL PERAYAM

INTERNATIONAL WOMENS DAY CELEBRATION - 2025

On 7th March 2025, International Women's Day was celebrated by Parivendhar Manavar Tamil mandram in association with SRM college of Nursing between 11 am to 12 noon at Multi-Purpose hall, SRM College of Nursing. Welcome address was rendered by Mrs.J.Selva Mary Devakani, Assistant Professor, SRM College of Nursing. Presidential address was given by Karu.Nagarajan, President Tamil Perayam. Followed by Dr.Helan Shaji J C , Dean, SRM College of Nursing delivered Inaugural address to the gathering. Dr. Arthanareeswari M, Professor & Chairperson (School of Basic Sciences) delivered chief guest address and emphasized on importance of women's day celebration and on women achievers. As part of the celebration, students of SRM College of Nursing showcased their talents through cultural performances, including dance Yoga and singing performances that depicted women's empowerment and achievements. Vote of thanks was given by Dr.V.Valarmathi, Associate Professor, SRM College of Nursing.



TAMIL PERAYAM

Pongal Celebration

On 9th January 2025, SRM College of Nursing, in collaboration with Parivendhar Manavar Tamil Mandram, hosted a lively Pongal celebration from 8:30 AM to 1:00 PM. The event, was brought together faculty and students, with a vibrant display of Tamil culture and community spirit. The festivities began with the traditional preparation of Pongal in a mud pot, a practice that reflects the region's agrarian traditions. Dr. R. Vijayalakshmi, the Vice Principal of the college, officially inaugurated the pot Pongal preparation. Following the inauguration, everyone gathered for prayers and worship, honouring the festival's significance. Both faculty and students participated enthusiastically in the Kummi dance, adding to the festive mood. As the celebration reached its peak, the freshly prepared Pongal was shared among all attendees, symbolizing unity and goodwill. This act of sharing strengthened the sense of community, with everyone enjoying the sweet and savoury dish together. The day was filled with joy, cultural pride, and festive cheer, making it a truly memorable occasion.



STUDENT CORNER

“EAT RIGHT, STUDY BRIGHT”

1. ****Start Your Day Right**** - Eat a protein-rich breakfast with whole grains and fruits.
2. ****Stay Hydrated**** - Drink at least 2-3 liters of water daily; limit caffeine intake.
3. ****Eat Balanced Meals**** - Include proteins, healthy fats, and complex carbs.
4. ****Snack Smart**** - Opt for nuts, fruits, yogurt, and granola bars.
5. ****Plan & Meal Prep**** - Cook in advance to avoid unhealthy fast food.
6. ****Limit Processed Foods**** - Reduce junk food, sugary drinks, and packaged snacks.
7. ****Don't Skip Meals**** - Eat small, frequent meals to maintain energy levels.
8. ****Manage Stress Eating**** - Avoid emotional eating; choose healthy alternatives.
9. ****Get Enough Sleep**** - Aim for 6-8 hours of rest to regulate metabolism.
10. ****Smart Caffeine Choices**** - Try green tea, smoothies, or protein shakes instead of excessive coffee.

****Healthy nurses make better caregivers!****

STUDENT CORNER

Nursing Knowledge - Fill in the Blanks

1. The normal range for an adult's blood pressure is _____/_____ mmHg.
2. _____ is the first step of the nursing process, where data is collected about the patient.
3. The abbreviation PRN stands for _____.
4. _____ is the primary hormone responsible for regulating blood sugar levels.
5. The universal color code for oxygen cylinders is _____.
6. _____ precautions are used to prevent the spread nosocomial infections.
7. The normal respiratory rate for an adult is _____ breaths per minute.
8. The abbreviation NPO means _____, which indicates a patient should not consume food or fluids.
9. The _____ vein is commonly used for IV cannulation in the forearm.
10. The Glasgow Coma Scale (GCS) is used to assess _____.

NOTE: Answer key will be published in next issue

MS. CHRISTINA JECINTH , M.SC NURSING I YEAR



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