

SRM ARTS AND SCIENCE COLLEGE
(AFFILIATED TO THE UNIVERSITY OF MADRAS)



&



**SRM INSTITUTE OF HOTEL AND
CATERING MANAGEMENT**
JOINTLY ORGANIZE

.....

**INTERNATIONAL
YOGA DAY**

.....

CHIEF GUESTS

Mr. Ranjith
Mr. Balasubramaniyam
(Isha Yoga Foundation)

DATE & TIME


27th April 2016 at 10:00 am

V E N U E

SRM IHM Auditorium

Dr. D. ANTONY ASHOK KUMAR
H.O.D

Dr. K. SUBBURAM
Principal


PRINCIPAL 29/4/16

SRM ARTS AND SCIENCE COLLEGE
SRM Nagar, Kattankulathur
Kancheepuram Dist. 603 203.

INTERNATIONAL YOGA DAY



Signature
29/4/16

SRM ARTS AND SCIENCE COLLEGE

KATTANKULATHUR – 603203

INTERNATIONAL YOGA DAY

REPORT

The Department of Hotel Management conducted a yoga event on 27th April 2016, along with Karuneelam Boys Government High school and the Rotary Club of Maraimalai Nagar. The welcome address was given by Dr. Antony Ashok Kumar and 25 students participated in the event. The special guests of the events were Mr. Rajith, & Mr. Balasubramaniyam yoga instructors; from Isha yoga foundation. They performed different asanas and created an awareness of having a healthy life by practicing yoga in our daily life. The vote of thanks was given by Ms. Kavitha of final year, at Madras University.


Principal 29/4/16

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International YOGA DAY '19



Date: 21st June 2019 **Time:** 03:00 pm

Venue: Seminar Hall

Dr. R. Vasudevaraj
Principal

Newly
18/6/19

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SRM ARTS AND SCIENCE COLLEGE
SRM Nagar, Kattankulathur
Kancheepuram Dist-603 203.

**SRM Arts and Science College
Kattankulathur – 603 203**

INTERNATIONAL YOGA DAY

The College celebrated its 5th International Yoga Day on 21st June 2019. Mr.T. Bharathi Kumar, Yoga Trainer from Friendly Trainer Academy was the Chief Guest. The students enthusiastically performed some Yoga exercises.



N. Srinivas
26/6/19
PRINCIPAL
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Kancheepuram Dist-603 203

EVENT IMAGES 2019-2020

June 21 2019, 5th International Yoga Day- Mr. T. Bharath Kumar



N. Srinivas
Principal 7/10/19

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Kancheepuram

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KATTANKULATHUR – 603203

INTERNATIONAL YOGA DAY

REPORT


The College celebrated 5th International Yoga Day on 21st June 2019. The Chief Guest of the event was Mr. T. Bharathi Kumar, Yoga Trainer from Friendly Trainer Academy. He spoke about the importance of yoga and its benefits. There were more than 50 students who attended the event enthusiastically and also performed some Yoga exercises.


18/6/19

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Kattankulathur - 603 203

Celebrates
INTERNATIONAL YOGA DAY 2021


Reinvigorate Yourself With Yoga

Date : 25.06.2021
Time : 11.00 AM


Guest Speakers




Mr. G.P. Vijaya Kumar
International Yoga Master
Guinness World Record Holder.



Mr. S. Thiruvangadam
Inspector of Police
Cuddalore.



Mr. K. Govarthanan
Physical Director



Dr. R. Vasudevaraj
Principal

Handwritten signature
17/6/21

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Chengalpattu Dist - 603 203

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Kattankulathur, Chengalpattu- 603 203



*Yoga Day Celebration
an
Extension Activities*



Date: 01 - 10 - 2021

Time: 10:00 AM

VENUE: MBA LIBRARY

Chief Guest

Mr. A. Daniel Gunanithi

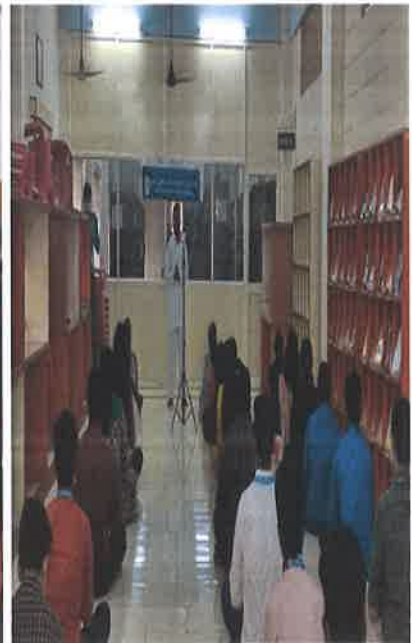
SRM University, Kattankulathur-603 203

**Dr. R. Vasudevaraj
Principal**

Neeraj
PRINCIPAL
PRINCIPAL

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YOGA DAY – PHOTOS



Nandini
PRINCIPAL 5/10/24
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**International Yoga Day
Report**

The College celebrated International Yoga Day on 16th September 2021. **Mr. Daniel Gunanithi A**, Teaching Associate, Center for YOGA, SRMIST was the Chief Guest. The students enthusiastically performed some Yoga exercises.

newly
5/10/21

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