

SRM COLLEGE OF NURSING

NEWSLETTER BLOOMS

SEPT – OCT 2022



Commemoration of Nutrition week

Name of the Program	Commemoration of Nutrition week on 07.09.2022
International/ national/institutional Level of program	Institutional level
Date	07.09.2022
Time	10.00 am to 01.00 pm
Venue	Pediatric OPD, SRMGH
Name of Faculty incharge	Mrs. M. Ramya Rathi Devi, Associate Professor Mrs. Tamilselvi. S, Assistant Professor
Details of participants <ul style="list-style-type: none"> SRM SON Students Other Institutional students Other Institutional Faculty Public 	In commemoration of nutrition week 2022, Department of Pediatric Nursing, SRM College of Nursing, SRMIST, have displayed food exhibition on Nutritious food items and unhealthy foods at Pediatric OPD, SRMGH. Many adults and children benefited out of the food item exhibition. Program was well appreciated by Dean , Medical, SRM MCH &RC, VP, SRM MCH & RC, Dr. Loga Raj, Asso. Dean, SRM MC, HOD Pediatrics, SRM MCH & RC and doctors of department of pediatrics, SRM MCH & RC.





Report on world heart day conducted on 29.09.2022

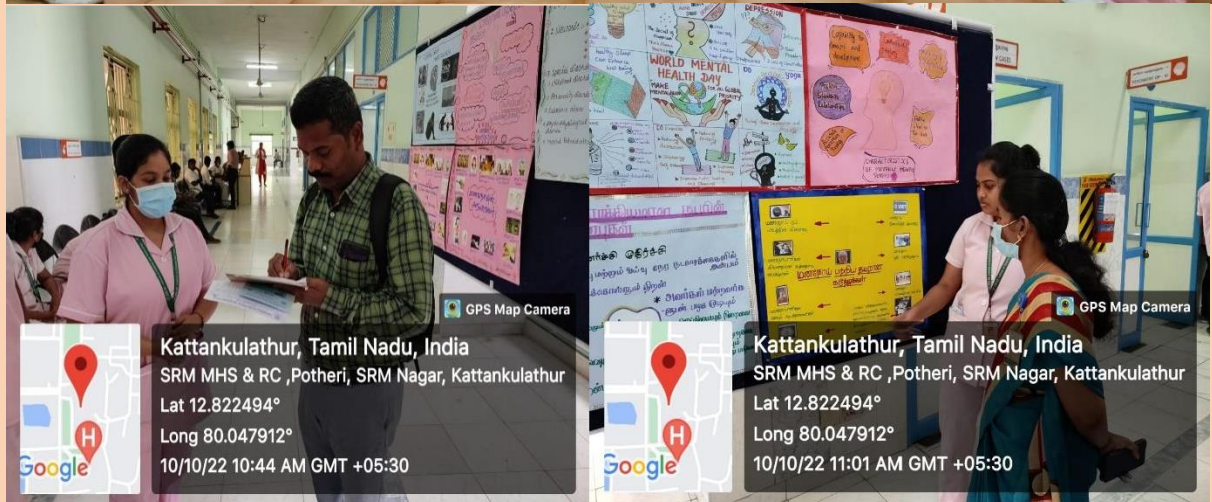
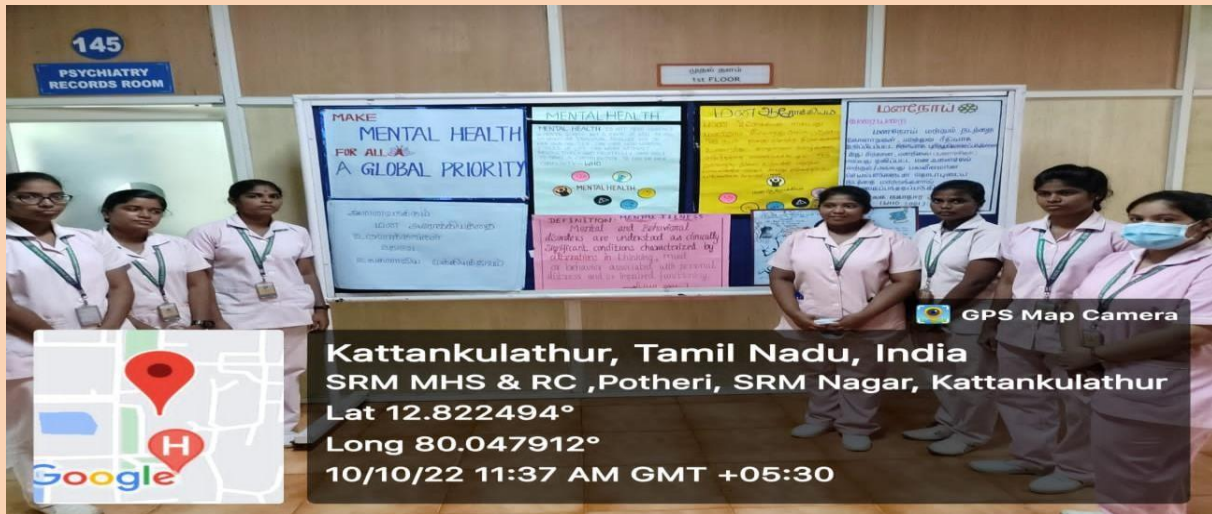
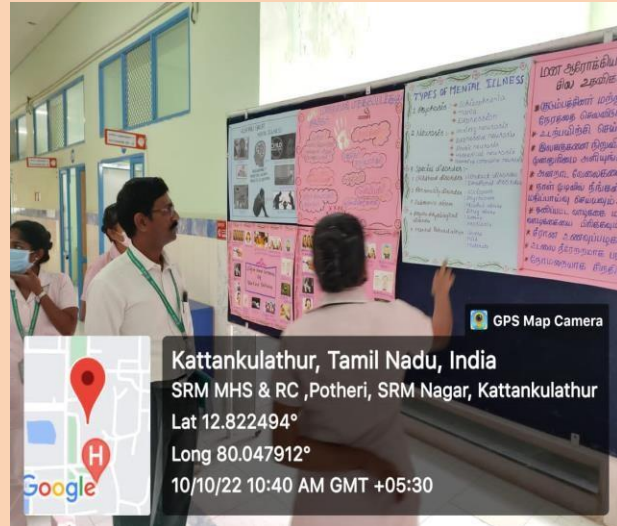
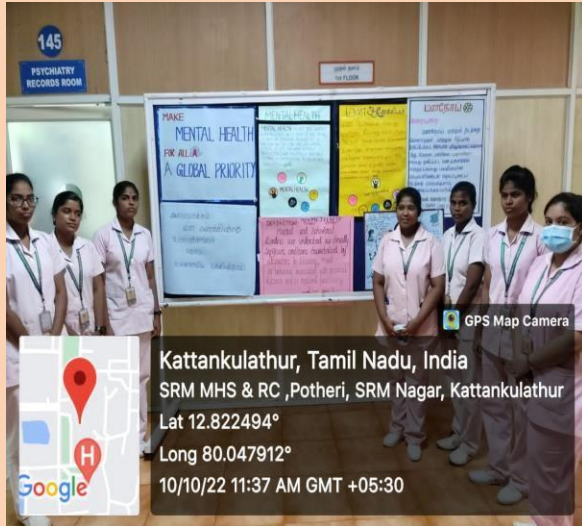
The Department of Medical Surgical Nursing , SRM College of Nursing observed World Heart day on 29.09.2022 by conducting a research on –“Knowledge on nursing management of patients with heart failure among nursing students”. Participants were B. Sc (N) II year nursing students, the sample size was 50 samples were selected by using non probability purposive sampling technique at SRM college of nursing, kattankulathur. The data were collected through online mode with developed 15 multiple choice questionnaire. Tool consist of two parts: Part- 1 demographic variables and Part- 2 (15) multiple choice questions related to nursingmanagement of heart failure. after the completion of data collection educate the students like

diet, exercise, treatment, and prevention of heart disease and to maintain healthy heart. So the 50 students were benefitted by this research activity. The study revealed that 13 (26%) of them had adequate knowledge, 15 (30%) of them had moderately adequate knowledge and 22 (44%) of them had inadequate knowledge. The p value corresponding to the demographic variables 'age' is less than 0.05 hence the result concluded that there is significant association between 'age' and the knowledge level. The p value corresponding to the others demographic variables are not less than 0.05 that there is no significant association found between other demographic variables.

WORLD MENTAL HEALTH DAY REPORT

World Mental Health Day was celebrated by Department of Mental Health Nursing on 10.10.2022 at Psychiatric OPD, SRM MCH & RC. The theme of this year is "Make Mental Health for All a Global Priority". B.Sc Nursing III Year, M.Sc Nursing II year, P.B.B.Sc Nursing II year participated in the programme. B.Sc Nursing students actively exhibited posters, M.Sc II year and P.B.B.Sc students performed role play and created awareness on mental health and mental illness.

Dr. Arul Saravanan Sir, HOD of Psychiatric Department, SRM MHS & RC observed the programme and appreciated the students for preparing posters. Around 50 participants got benefit and Positive feedback received from patients and patients' care givers. Role play was highly appreciated by the participants.



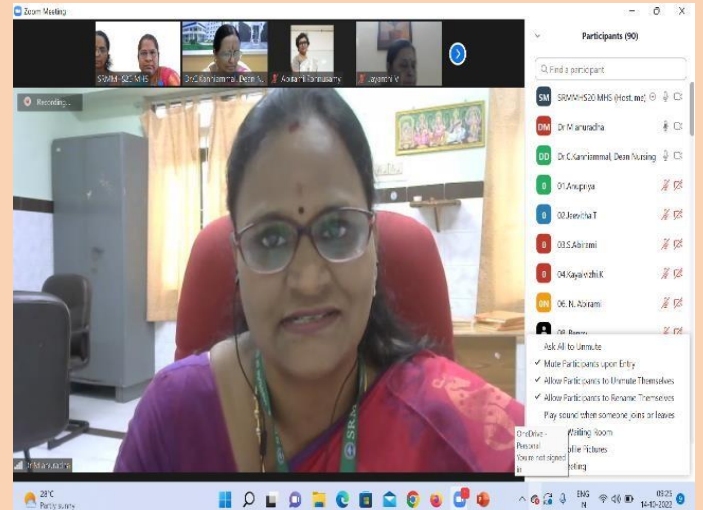
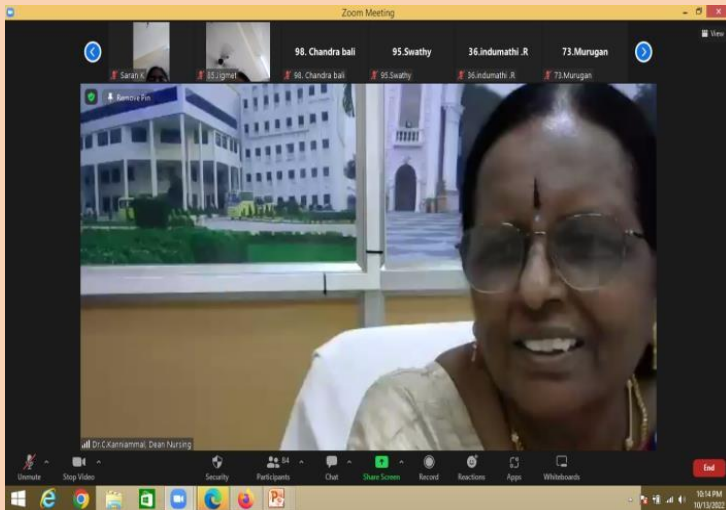
CONTINUING NURSING EDUCATION (CNE) REPORT

“What’s New in Obstetrics and Gynaecology- up to date”

The continuing nursing education program was organized by department of **OBSTETRICS AND GYNECOLOGICAL NURSING**, SRM College of Nursing through **ZOOM ONLINE VIDEO CONFERENCING** on 14.10.2020 between 9.00 am to 3.00 pm. The program started with the inaugural session with invocation. Dr.P.Abirami, Professor, SRM College of Nursing, welcomed the gathering. Dr.C.Kanniammal, Dean, SRM College of Nursing delivered the inspiring presidential address. The guest of honor Dr.Anuradha, HOD Dept of OBG, SRM MCH & RC, SRM IST addressed on the theme **“What’s New in Obstetrics and Gynaecology- up to date”**. Mrs.Deena jothy, Asso.Prof, SRM College of Nursing delivered Vote of thanks.

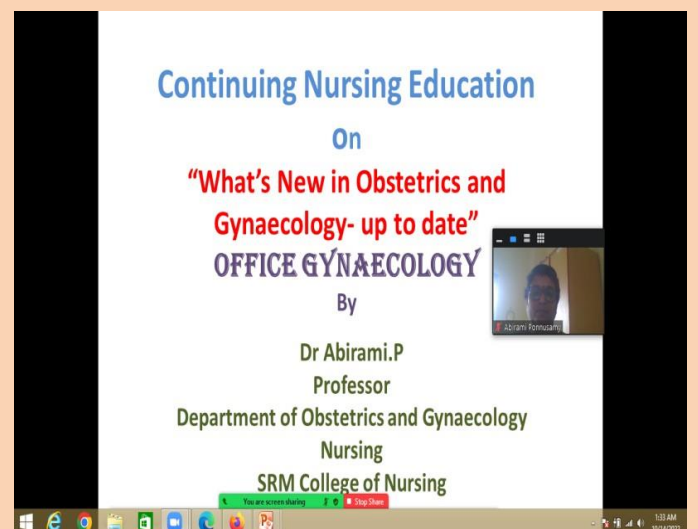
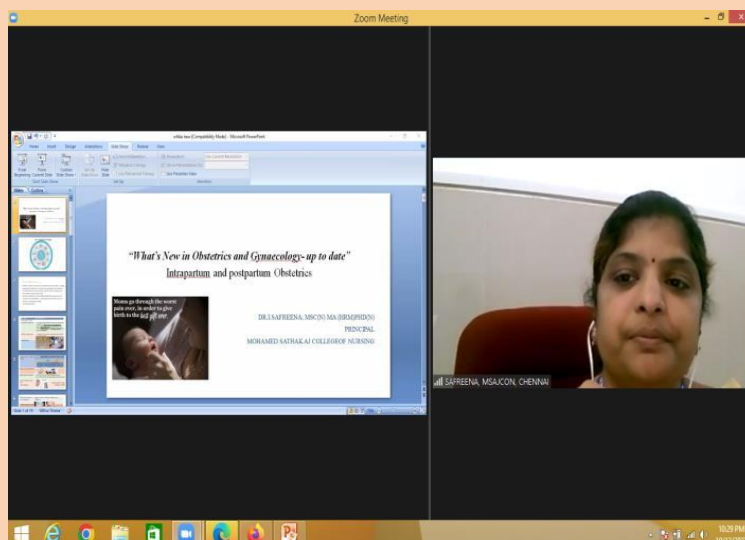
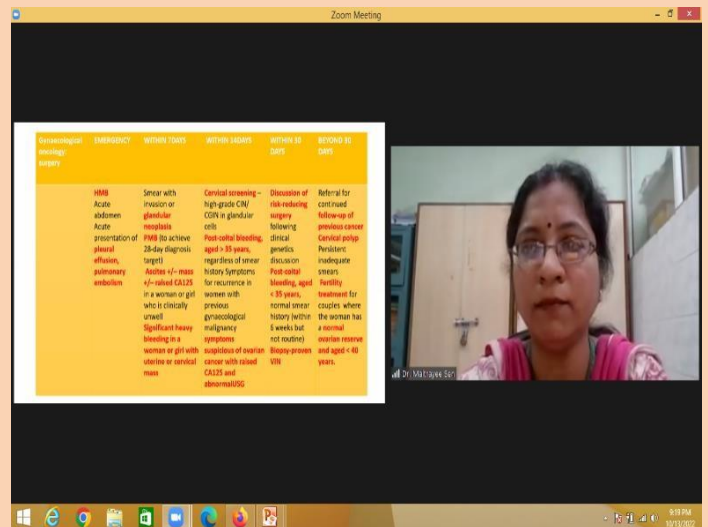
Following that Dr Maitrayee Sen, MD (O.G) DNB (OG) Associate Professor, Dept of OBG, SRM MCH & RC, SRM IST presented on “Restoration and Recovery: priorities for obstetrics and gynaecology. It was very informative. Prof Jayanthi Vice Principal, Sree Narayana Nursing College, Andhra Pradesh Presented on “Prenatal Obstetrics”. Dr I.Safreena, Principal, Mohamed Sathak AJ College of Nursing, Siruseri, Chennai, Presented on “Intra partum and postpartum Obstetrics”. Dr.P.Abirami Professor, presented on “Office Gynaecology”. Mrs.Deenajothy.R, Asso Prof presented on “Gynaecologic Surgery. Mrs.Viji.A, Asst prof, presented on “Gynaecologic Oncology”.

Following that valedictory session was conducted at 2.45 pm. Mrs.Deena jothy.R briefed about the CNE report. Mr.Maghabul Basha and Ms.Shania BSc(N) IV year students gave a feed back and they informed that it was very informative and presentations were excellent. Total 106 participants attended the departmental CNE. 71% of the participants said that the presentation was excellent, 14.3% informed that the presentation was very good and 14.3% said that the presentation was good. Mrs.Viji, Asst prof, SRM College of Nursing, delivered vote of thanks. The program ended with National anthem at 03.00 pm.



Restoration and Recovery: Priorities for Obstetrics and Gynaecology

DR. MAITRAYEE SEN



Zoom Meeting

Common gynecological cancer symptoms

- Pelvic pain or pressure
- Itching or burning of the vulva
- Changes in vulva color or skin (rash, sores, warts, or ulcers)
- Changes in bathroom habits (increased urination, constipation, or diarrhea)
- Bloating
- Abnormal vaginal bleeding or discharge
- Pain in the back or stomach

14.10.22 SRMCON 3

37°C Cloudy

ENG INTL 13:28 14-10-2022

Abhimanyu

BENIGN GYNECOLOGY	EMERGENCY	WITHIN 7 DAYS	WITHIN 14 DAYS	WITHIN 30 DAYS	BEYOND 30 DAYS
	<p>AUB – Heavy menstrual bleeding with severe Anaemia</p> <p>unstable hemodynamic needing emergency management.</p> <p>Bartholine and vulval abscess</p> <p>Acute pelvic pain with or without fever suspected ovarian cyst and tubo-ovarian abscess</p>	<p>Any symptoms of postoperative complication of surgery in previous 14 days</p>	<p>1. Post-coital bleeding with abnormal, absent or overdue cervical screening</p> <p>2. Pelvic mass, not previously identified as a fibroid</p> <p>3. Vulval ulceration</p> <p>4. Severe pelvic pain in women with endometriosis refractory to current medical treatments</p>	<p>1. HMB causing symptomatic anaemia</p> <p>2. Persistent intermenstrual bleeding, aged > 40 years</p> <p>3. Pain in a non-pregnant woman with a normal USG not controlled with analgesia</p> <p>4. PMB or breakthrough bleeding on HRT</p>	<p>1. AUB(L) not causing anaemia</p> <p>2. Persistent intermenstrual bleeding, aged < 40 years</p> <p>3. Dyspareunia</p> <p>4. Benign cyst</p> <p>5. Vulval dysplasia</p> <p>6. Febrile pelvic pain</p> <p>7. Malignant req</p> <p>8. Persistent benign lesions</p>

Dr M anuradha

Zoom Meeting

Setup professional audio in "Audio Settings"

FEEDBACK

DELEGATES

15. Shama Mello

SRMCON 20

1:23 AM 10/14/2022

Zoom Meeting

Setup professional audio in "Audio Settings"

FEEDBACK

DELEGATES

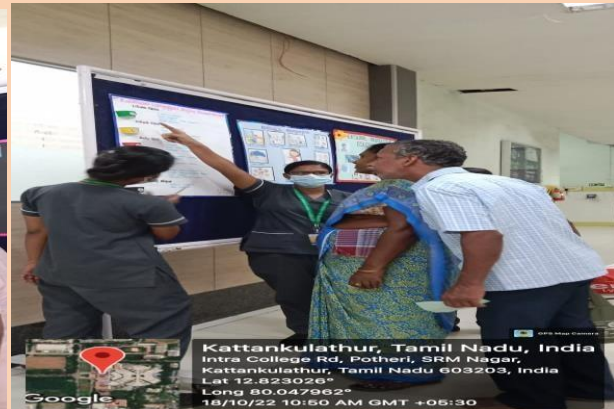
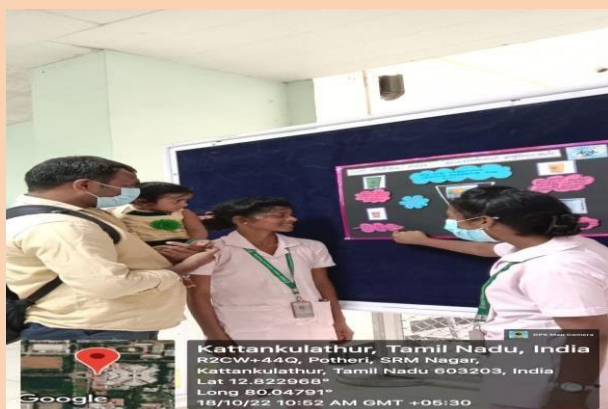
15. Shama Mello

SRMCON 20

1:25 AM 10/14/2022

Report on world infection prevention day conducted on 18.10.2022

The Department of Medical Surgical Nursing, SRM College of Nursing observed World infection prevention day with the theme “The future is infection prevention: 50 years of infection prevention” on 18.10.2022 at Medical OPD of SRMGH between 9.00 am – 12 noon. DGNM II year students & M.Sc NPCC I & II year students participated and educated the general public, patients and family members through poster presentation. Quiz programme for 25 B.Sc. (N) III year students was conducted on Hospital infection control at Multipurpose Hall, SRM CON between 1.00 pm – 3.00 pm. Students have given feedback to conduct such programme in future to enhance their knowledge. Following students won in quiz competition (Ms.Vijilakshimi.P, Ms.Yogeshwari.P, Ms.Mahalakshimi.A, Ms.AheliMukherjee, Ms.Senbagavalli.M)



REPORT ON LAMP LIGHTING CEREMONY

DATE - 20.10.22

The Lamp Lighting Ceremony was organized by SRM college of Nursing on 20th October 2022 for the 31st batch of BSc (N) and 30th batch of Diploma in Nursing. The Programme was started at 12:15pm in the Hippocrates Auditorium third floor of SRM Medical college, SRM, IST, Kattankulathur. The lamp lighting is an auspicious occasion in which formally recognizes the students entry into the nursing profession.

The Lamp lighting ceremony commenced in the presence of the Dignitaries with the procession by the 1st year BSc (N) & Diploma in Nursing students. The Dignitaries of the programme was Dr. Lt Col A. Ravikumar, Pro-Vice Chancellor, Medical and health sciences, SRMIST, Prof T. Mythili, Additional Registrar, MHS SRM MCH& RC, SRMIST, the chief guest, Dr. Victoriasolomon, Nursing Superintendent, CSI Kalyani Multispeciality hospital, Dr. A. Sundaram, Dean, MHS SRM MCH& RC, SRMIST, Dr. C. Kanniammal Dean SRM college of Nursing, SRMIST, Prof R. Vijayalakshmi, Vice Principal SRMCON, SRMIST and Ms. Amutha Christinal, Nursing Superintendent.

On this occasion Prof R. Vijayalakshmi, Vice Principal, SRM CON welcomed the gathering. The dignitaries lighted the kuthuvilakku. They were honoured with bouquet of flowers. Dr. Lt Col A. Ravikumar enlightened the importance of nurses in the presidential address. He also emphasized that according to the changing trends and technology, the nurses should update their knowledge and skills. The Special note address was given by the chief guest in which she stressed the significance of patient safety in the nursing profession. She congratulated the students for choosing the nursing profession.

The dignitaries lighted the candles of the young budding nurses. The students were led into the profession with their lamps lit by the dignitaries. The Dean of SRM College of nursing Dr. C. Kanniammal recited the Florence Nightingale Pledge and the students recited the pledge.

Dr. A. Sundaram, Dean, MHS SRM MCH& RC, SRMIST and Ms. Amutha Christinal Nursing Superintendent felicitated the gathering. The vote of thanks was delivered by Prof M. Kalavalli, Professor, SRM CON. The Lamp Lighting ceremony ended with National anthem.



