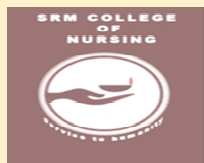


# SRM COLLEGE OF NURSING



## NEWSLETTER JAN – FEB 2022



*Editor's Desk:*

*Valued Readers,*

*The team of SRM College of Nursing is excited to launch the first issue of Newsletter- official newsletter of SRM College of Nursing that blooms during this hot season, 2022.*

*We are ineffably indebted to Honourable Chancellor, Most dignified Pro chancellors Academics and Administration, Honourable Vice-Chancellor, Honourable Pro Vice-Chancellor (MHS), Most respected Registrar, for their unstinted encouragement and support for the Nursing fraternity. We extend our heart-felt gratitude to our Dean (Medical) and Medical Superintendent for their continued support, in all our endeavours. Our sincere thanks to the Nursing Superintendent and Nursing Service family for their support and cooperation.*

*In our first issue of Newsletter, we have compiled together brief reports on all activities that happened in the month of January and February-2022. At this juncture, its note-worthy to remind meaningful lines of Martin Luther King Jr and Guy Finley, "Let's take the first step in faith. We don't have to see the whole staircase, just take the first step. Let us start fresh and march forward in full swing to make possible all the impossible!"*

*Stay safe.....Stay in touch.....*

*Dr. C. Kanniammal*

*The Dean*

*SRM College of Nursing*

## DENGUE AWARENESS PROGRAM

Dengue awareness program was conducted on 5.1.2022 at Meyyur village. Students from B.Sc(N) IV year (54 students) actively participated in the programme. Mr. Tamilarasan, Panchayat leader delivered a special speech with regards to awareness on dengue. Pamphlet on the prevention and management of dengue was distributed to all the participants that attended the program.



## STUDENT NURSES ASSOCIATION (SNA)

The Student Nurses Association of SRM College of Nursing conducted student body election through online mode and selected its office bearers on 4<sup>th</sup> January, 2022. Three hundred and fifty three (353) UG Nursing students participated and casted their vote to select their student representative. The Dean, SRM College of Nursing acknowledged the results and declared the same to the students

## NURSING EDUCATION UNIT -WORKSHOP ON E- CONTENT DEVELOPMENT

SRM College of Nursing organized e-content workshop on 6.1.2022. Dr. P. Amutha, Professor and Dr Supraja Associate Professor gave a lecture on effective utilization of Google Classroom by Teacher and Student. Simultaneous hands-on session was conducted for the faculty. All the faculty actively participated in the hands-on session.



## YOUTH RED CROSS, RALLY ON PLASTIC BAN

Youth Red Cross conducted a Rally on Plastic Ban on 7.1.2022 at Mambakkam and Sirupaniyur village, Mamandoor. The village counsellor Mathivanan guided in conducting the rally. The rally started at 9.30 a.m. Students took an oath against use of plastic and also carried placards with innovative slogans on discouraging the use of plastic bags and to sensitize people about ill effects of indiscriminate use of plastics. YRC Volunteers distributed pamphlets on 'Refuse-Reuse-Recycle Plastic' and explained people on the need of environmental protection. Public was sensitized on the use of cloth bags instead of plastic bags.



## MEGA VACCINATION CAMP ON COVID VACCINATION

COVID Mega vaccination camp was conducted by the Government of India on 02.01.22, 8.1.22, 22.01.22 and 29.01.22. Students from B.Sc(N) III year are participating on voluntary basis actively in achieving the target of the vaccination campaign scheduled by the Government of India. Participating students are posted at various target areas like, Annamalai Mahal, Konathi village, Kattur school, Vadenelpakkam, Shivankovil, Kattankulathur bus stop at Maraimalai Nagar. This mega-vaccination campaign conducted by the government of India is very much useful for the student to render their preventative services of covid-19 to the public of Chengalpattu district.





## REPORT ON GLOBAL HEALTH COURSE

University West, Trollhattan, Sweden is conducting Global Health Course as part of Linnae's Palme Project Student-Faculty exchange programme. This course is delivered through online mode. Students from B.Sc (N Year students, namely Ms Aheli Mukherjee and Ms. Gajalaxmi were selected to participate in the course. The students were oriented to the syllabus, class schedule, methods of evaluation and scheme of examination of the course and were made available in the students portal as well. The lectures were in the form video lecture session that commenced from 17.01.2022 for almost 12 weeks. This course gave a different learning experience for the registered students.

## STRESS BUSTER ACTIVITY- DESTRESS RE-ENERGIZER REPORT

Department of Mental Health Nursing organized The Stress Buster Activity- Destress Re-Energize program on 29.01.2022 for the faculty of Nursing, SRM College of Nursing. All faculty that participated in the stress buster activity were engaged in deep breathing exercises, balloon burst, knockout of pyramids, blowing the balloon and hold the cup in an orderly manner. The mentioned stress buster games were conducted to improve physical and mental relaxation, group coordination, individual concentration and to enhance team building among the teaching faculty. This re-energising program served the purpose as highlighted by the participants of the program.

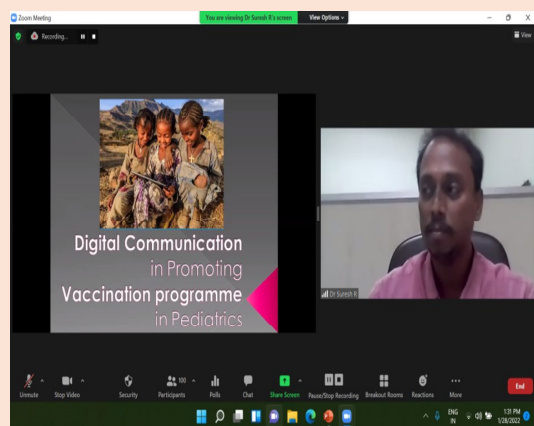
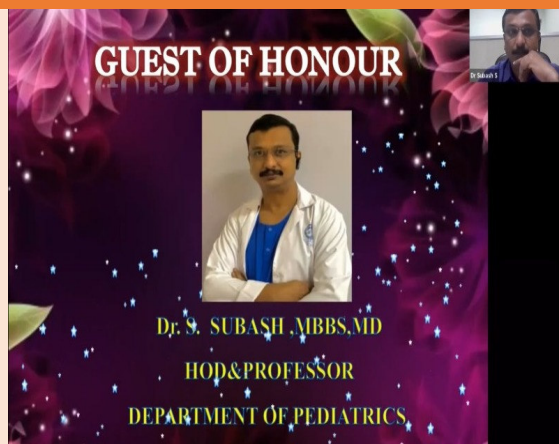




## CONTINUING NURSING EDUCATION PROGRAM

### “DIGITAL COMMUNICATION FOR PROMOTING PEDIATRIC VACCINATION PROGRAMME”

The continuing nursing education program was organized by Department of Pediatric Nursing, through zoom online mode, in the form of video conferencing method on 28.01.2022. One hundred and seventeen students were benefitted by the session. Dr. S. Subash, MBBS, MD, HOD, Department of Pediatrics, SRM Medical College Hospital & Research Centre, delivered the Guest of Honor speech. Dr. R. Suresh MBBS, MD, DNB (Paed), Asst. Professor, Department of Pediatrics, SRM Medical College Hospital & Research Centre, SRMIST presented on the topic “Digital Communication for Promoting Pediatric Vaccination Programme”. Nursing faculty the pediatric department presented, on the topics namely The Influence of Digital Therapeutics in Pediatric Care, The Internet of Pediatrics: How to universally link devices and people, Digitally sustained gathering of Patients Reported outcomes in Preschool and Literate Children and Human with machine Intelligence “Digital applications for Children and Adolescent



## Faculty development Programme Personality Development in Nursing Education.

Faculty development unit of SRM College of Nursing organized its 8<sup>th</sup> Faculty Development Programme through online zoom cloud meeting on 31/01/2022. Dr M. Hemamalini, Principal, Hindu Mission College of Nursing, Tambaram presented on “Personality Development in Nursing Education. It was an interesting session and was very much beneficial for the students.



## INFECTION CONTROL COMMITTEE MEETING

Infection control committee meeting was conducted On 02.02.22 by Ms. Arockiamary, Infection control Coordinator.

Matters discussed:

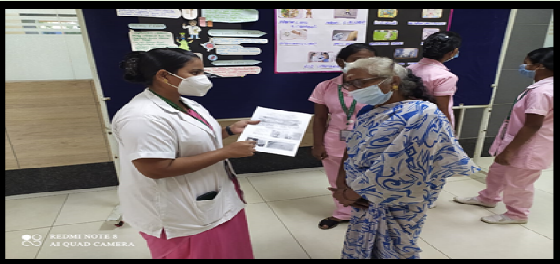
1. PPE for all high-risk areas
2. HAI & NSI report
3. Mock drill training (Spill management)
4. Hand washing report.
5. HIC rounds schedule



## WORLD CANCER DAY CELEBRATION -

### DEPARTMENT OF MEDICAL SURGICAL NURSING

The Department of Medical Surgical Nursing, celebrated World Cancer day on 04.02.2022 at department of General medicine, SRM MCH&RC. Students displayed the charts & posters on Causes, Signs. Symptoms, Treatment, Prevention. and Rehabilitation, Distributed Pamphlet on Warning Signs Of Cancer, Video presentation on Breast Self - Examination, also displayed Healthy Diet. Dean SRM Medical College Hospital and Dean SRM Dental college, witnessed the celebration and appreciated the efforts taken. Around 90 patients and care givers visited SRM GH were benefited by this programme.



## DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY NURSING AWARENESS PROGRAMME ON BREAST FEEDING TECHNIQUES

The Department of Obstetrics and Gynaecology Nursing, organized an Awareness programme on **Breast feeding Techniques** on 04.02.2022 at OBS Ward, SRM MCH&RC. The students displayed the charts & posters on Breast Feeding Techniques and also issued pamphlets projecting the pictures of Breast Feeding Techniques. Food pyramid displayed. Video assisted teaching on **Breast feeding Techniques** was also projected. 74 mothers were benefitted.



## MEGA VACCINATION CAMP

Mega vaccination camp on COVID 19 vaccination has been conducted on 05.2.2022 and 12.02.2022 as per instructions and guidelines given by Government of India. 15 students from B.Sc(N) III year participated in the camp. Around 8.00am the camp started, students were allotted by Dr. Meera Bai, Medical Officer, Maraimalai Nagar PHC to various places covered by Maraimalai Nagar PHC. Students gave vaccination in their allotted areas.





## The 8<sup>th</sup> National Virtual Nursing Conference on

The 8<sup>th</sup> National Nursing Virtual Nursing Conference on “Resilience and Reinvention in Nursing Education, Practice and Research towards Excellence” was organised by SRM College of Nursing in association with Society For Nursing Practice from 10.02.2022 to 11.02.2022. The total participants registered for the conference were 663 that comprised delegates from International, National and Regional Institutions.

The Inauguration was held on 10.02.2022, in presence of dignitaries Honourable Vice-Chancellor, Pro-Vice Chancellor, The Dean (Medical), SRM Institute of science and Technology. The Dean, SRM College of Nursing welcomed the August gathering. Dr.Bimala Kapoor, Former Director of Indra Gandhi Open University, the Chief Guest of the Inaugural function released the e-souvenir in the virtual mode. The CEO of Society for Nursing Practices felicitated the programme. The Vice-Principal, SRM College of Nursing proposed the vote of thanks.



On Day I, six (6) plenary sessions that included National level Eminent Speakers from All India Institute of Medical Sciences, New Delhi and Bhubaneshwar, Mother Theresa Post Graduate and Research Institute, Pondicherry, KMCH College of Nursing, Kovai and SRM College of Nursing. Scientific paper presentations was conducted following to the plenary session in which seven (7) papers were presented.

On Day II, six (6) plenary sessions in the forenoon, followed by scientific paper presentations that had twenty three (23) paper presentations. The distinguished speakers on day II were from St. Johns College of Nursing, Bangalore, KAHER Institute of Nursing Sciences, Belgavi, AIIMS, Deoghar, Rishikesh and SRM College of Nursing, Kattankulathur.



The programme came to an end with the valedictory function in which, the Organising secretary of the conference, The Dean, SRM College of Nursing shared the report of the conference and feedback of the delegates.

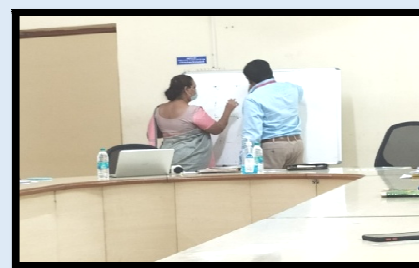
## ORIENTATION PROGRAMME ON OET EXAMINATION

Communication development skills unit organized Programme on OET Examination on 15/02/2022. BSc iv year and DGNM III year students participated. Ms Jacqueline from IMIMS coordinator explained about the importance of OET examination and through zoom online Mr. Ariyaputhiran Vinayagam Head of immense immigration and education services explained about procedure of OET examination, fees details and job opportunity available in different countries



## FACULTY DEVELOPMENT PROGRAMME - WORK LIFE BALANCE

Faculty development unit of SRM College of Nursing organized 11<sup>th</sup> Faculty Development Programme on Personality Development Skills- Antiaging techniques & Communication on 21/02/2022. Around 26 Faculty participated. Dr SanthoshKumar.N, Associate Professor, SRM School of Management, SRMIST, Kattankulathur was the resource person.



### **YRC ACTIVITY – SUBSTANCE ABUSE CANCER AWARENESS PROGRAMME**

YRCunit SRM CON conducted Substance Abuse Cancer Awareness Program on 21.02.2022 at Maraimalainagar, periyar park

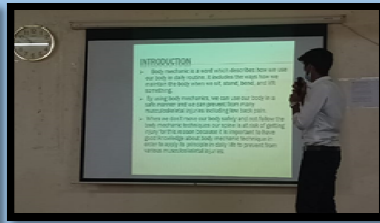
B.Sc Nursing II Year Students actively participated and created awareness by displaying and presenting charts, performed role play, video teaching and distributed pamphlets.



### ***REPORT OF THE RESEARCH DAY PRESENTATION***



The research day presentation was held on 23.02.2022 at SRM College of Nursing. The faculty of SRM college of Nursing presented 3 research papers on 23.02.2022, B.Sc (N) 4<sup>th</sup> Year students presented 13 papers on 24.02.2022. Judges, Dr. Roshni Mary Peter, Associate Professor, Department of Community Medicine and Prof R. Vijayalakshmi, Vice-Principal SRM college of nursing, selected one best paper presentation for the award of Gold Medal among the faculty that presented in the Research Day Celebration.



## ALUMNI WEBINAR ON

### “HEALTHY LIFE STYLES PRACTICES AMONG ADOLESCENTS”

SRM College of Nursing Alumni organized a Webinar on “Health Life styles Practices among Adolescents” through zoom online video conferencing on 25.02.22

Ms.OliviaRajanUS Consulate was chief guest and presented on “Health Life Styles Practices among Adolescents”.

