

# SRM COLLEGE OF NURSING



## NEWSLETTER BLOOMS

FROM 01.03.2022 TO 30.04.2022



*Editor's Desk:*

*Esteemed readers,*

*The month of March arose with the theme “Gender Equality today for a sustainable tomorrow” that was celebrated for a week in observance of International Women’s Day-2022 here in SRM College of Nursing and SRM General Hospital. March also reminds us the traditional unique Nightingale Oath taking ceremony that was celebrated as ‘Lamp Lighting Ceremony’. This event is fondly remembered as the light symbolizes brightness and prosperity and removes the forces of darkness and give us positivity.*

*Some of the events which call your attention during the month of March and April are the International Women’s Day-2022, World Kidney Day , World Liver Day, E-content development workshop, Personality Development initiative as faculty development programme and a couple of week-long workshop on planning and orientation of new INC syllabus under Curriculum Development Unit, Continuing Nursing Education, World Autism Day, World Health Day, mega vaccination camp as per Directions given by the Government of India, Fire safety awareness programme, De-stress and re-energise program under Nursing Education Unit, Alumni webinar, World Immunization Week and quiz competition in commemoration of International Nurses Day. .*

*“March brings breezes loud and shrill, stirs the dancing daffodil”. May the breeze shine home with lots of Joy and happiness!*

*Men may Come, Men may Go You stay safe..... Stay in touch.....*

*Dr. C. Kanniammal*

*The Dean*

*SRM College of Nursing*

## INTERNATIONAL WOMEN'S DAY CELEBRATION

The Department of Obstetrics and Gynaecology Nursing, SRM College of Nursing along with Dept of Obstetrics and Gynaecology, SRM MCH & RC organized various activities to celebrate the International Women's Day with the theme of "Gender Equality Today for a Sustainable Tomorrow" from 01.03.2022 to 07.03.2022. Awareness programme on Antenatal care, High Risk Pregnancy, Child Birth Preparation, Immunization, Adolescent Health, & Menopausal Health were organized at Out Patient Department. Students from BSc(N) IV Year, PBBS (N) I Year and DGNM III Year Nursing students were involved in the programme. The students displayed the charts & posters, food pyramid and the Video assisted teaching was also projected by the Students. Dean Medical, Medical Superintendent, SRM MCH & RC observed the event on 04.03.2022. SRM College of Nursing students participated in the Poster Competition. Dr .C.Kanniammal, Dean, SRM College of Nursing was one of Judge for the Competition.



## LAMP LIGHTING CEREMONY - 02.03.2022

Lamp Lighting Ceremony for the 30<sup>th</sup> batch of B. Sc Nursing Students and 29<sup>th</sup> batch of Diploma in Nursing students, was held at Hippocrates Auditorium, Third floor SRM Medical College, SRM IST, Kattankulathur with 120 students. The program began elegantly with lighting the kuthuvilakku by the Dignitaries on the Dias. The ceremony was Presided by Dr. Lt. Col. A. Ravikumar, Pro-Vice Chancellor, Medical and Health Sciences, SRM IST, and special address by Prof. T. Mythili, Additional Registrar, MHS, SRM MCH & RC, SRM IST. The chief guest, Captain. R. Thangam, Nursing Director, Dr.Rela Institute & Medical Centre, Chennai lighted the Florence Nightingale lamp and passed on the radiance to the nursing dignitaries on the dias. Nursing dignitaries spread the shine by lighting the candles of the young budding nurses. Dr. C. Kanniammal, Dean, SRMCON, recited the Florence Nightingale pledge and the students reprised it, pledging themselves to the noble profession. Dr. S. Sundaram, Dean Medical. SRM MCH & RC, SRMIST felicitated the gathering and wished the young student nurses a bright future. Ms.AmudhaChristinal Nursing Superintendent, SRM MCH & RC, SRM MCH&RC, SRM IST felicitated the gathering. Dr.Abirami. P, Professor, SRMCON, proposed the vote of thanks. The lamp lighting ceremony came to an end with the National Anthem.





## WORKSHOP

### E-CONTENT DEVELOPMENT

Institutional level workshop was conducted on E- content development on 10.03.2022 between 10.30 a.m, and 12.30p.m, at conference hall in SRM College of Nursing. Dr. P. Amutha, Professor have been the Guest of Honour and the resource persons of the programme was Mrs. A.Helan Victoria, Assistant professor and Dr.V.M.Gayathri., Associate professor from the department of networking and communication. Mrs. Deepa presented a topic on You tube channel creation and Dr. V. M. Gayathri presented a topic on educational evaluation games.



## INTERATIONAL WOMEN'S DAY

Community Health Nursing Department of SRM College of Nursing organized programme on women's day on 11.03.2022 to at Nattarasampattu village. The programme started at around 10 am. The students from II year BSc nursing participated in the programme and they presented a poster, Video teaching, Dance and song. Mr.Balaiya ,Panchayath leader was the Guest of Honour.

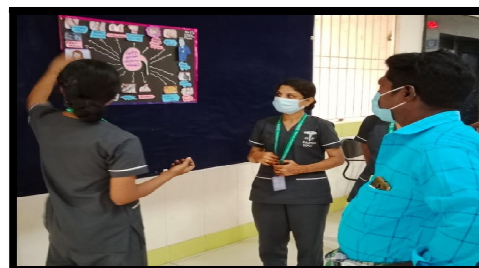




## REPORT ON WORLD KIDNEY DAY CELEBRATION

The Department of Medical Surgical Nursing, SRM College of Nursing conducted World kidney day programme with the theme “ Kidney health for all” on 11.03.2022 at department of General medicine, SRM MCH&RC. BSc(N) II Year, MSC (N) I&II PB.BSC I Year students organized the programme.

The students displayed the charts & posters on functions of kidney, common renal disorders, warning signs of kidney disorders, Treatment& Prevention and healthy tips to maintain healthy kidney they also distributed pamphlet on tips for healthy kidney and displayed healthy kidney Diet. Almost 100 people were benefitted by this programme.



## FACULTY DEVELOPMENT PROGRAMME - PERSONALITY DEVELOPMENT SKILLS-EMOTIONAL INTELLIGENCE

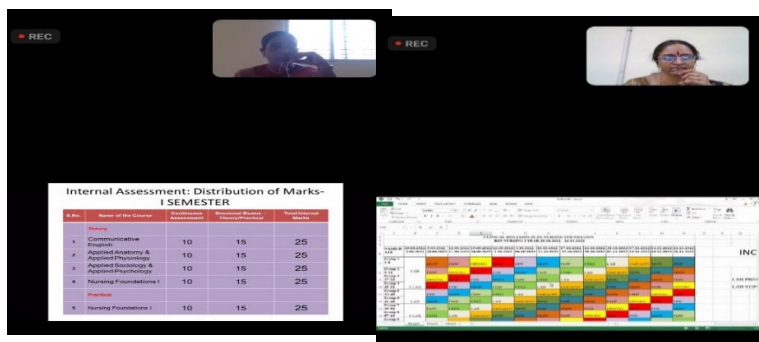
Faculty development unit of SRM College of Nursing organized 12<sup>th</sup> Faculty Development Programme on 15/03/2022. Dr.Celina.A, Asso.Prof, SRM School of Management,SRM IST Kattankulathur presented on the topic “Emotional Intelligence” under main theme “Personality Development Skills”

## CURRICULUM DEVELOPMENT UNIT

### WORKSHOP ON PLANNING & IMPLEMENTATION OF NEW INC SYLLABUS REGULATIONS – 2021 – SEMESTER I

Curriculum Development unit of SRM College of Nursing organized workshop on planning & implementation of new INC syllabus regulations – 2021 for B.SC (N) Programme. I semester discussion on master rotation plan & master clinical rotation plan presented by Mrs. SheebaJebakani&Dr. R. Kavitha, Asso. Professors respectively on 15.03.2022.Clinical Rotation Plan – Nursing foundation – I & Plan for IA and scheme of examination clinical rotation plan presented by Mrs. Priyadharshini& Ms. Suganthi , Asst. Professor respectively on 22.03.2022.





## SEMESTER II

Curriculum Development unit of SRM College of Nursing organized workshop on planning & implementation of new INC syllabus regulations – 2021. IIssemester discussion on master rotation plan & master clinical rotation plan presented by Mrs. Ambiga&Dr. T. Suseelal, Asso. Professors respectively on 25.03.2022.

**Clinical Practicum**

Credits/hours	Duration in Weeks	Hours/week
2 = 160 hours	10 weeks	16 hours/week

**CLINICAL POSTINGS**

Wards	Weeks	Hours
General Medical wards	5	80
Surgical wards	4	64
First Aid & Emergencies	1	16
<b>Stipulated Hours</b>		<b>160</b>
<b>Planned Hours (Stipulated + 20 %)</b>		<b>192</b>

Clinical Rotation Plan – Nursing foundation – II& Plan for IA and scheme of examination & clinical rotation plan presented by Mrs. Selvi&Mrs.Dhivya, Tutors respectively on 29.03.2022.

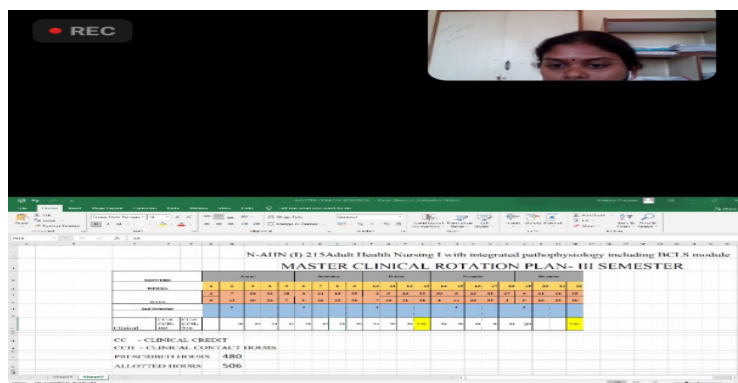
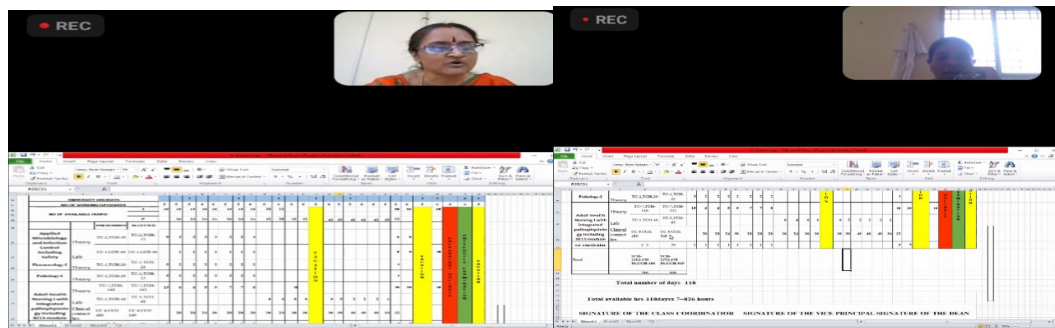
**SCHEME OF EXAMINATION**

S.No	SUBJECT	Assessment (Marks)	Internal	End Semester College Exam	End Semester University Exam	100%	100%
1	Applied Biochemistry and Applied Nutrition & Dietetics	25	75	3	100		
2	Nursing Foundations (I & II)	25 (I Sem-25 & II Sem-25) (with average of both)	75	3	100		
3	Health/Nursing Informatics & Technology	25	25	2	50		
4	Nursing Foundations (I & II)	50 (I Sem-25 & II Sem-25)	50	10			

## CURRICULUM DEVELOPMENTUNIT

## WORKSHOP ON PLANNING & IMPLEMENTATION OF NEW INC

Curriculum Development unit of SRM College of Nursing organized workshop on planning & implementation of new INC syllabus regulations – 2021. III semester discussion on MRP & Master Clinical Rotation Plan clinical rotation plan presented by Mrs.Suganthi& Mrs. Megaka, Asst. Professors respectively on 30.03.2022 & 31.03.2022.



## WORKSHOP ON E-CONTENT DEVELOPMENT

Workshop on e – content development was organized by Nursing Education Unit for faculty members regarding creation of Google form & OBS, Open Broad caster software at conference hall, SRMCON, on 03.03.2022, 10.03.2022 & 17.03.2022 between 10.30 am to 12 noon. Resource persons were DR.V.M Gayathri, Asso.Professor, Ms.A.Helen Victoria, Dr.K.Deepa Asst. Professor from Dept. of computing technologies, SRMIST.

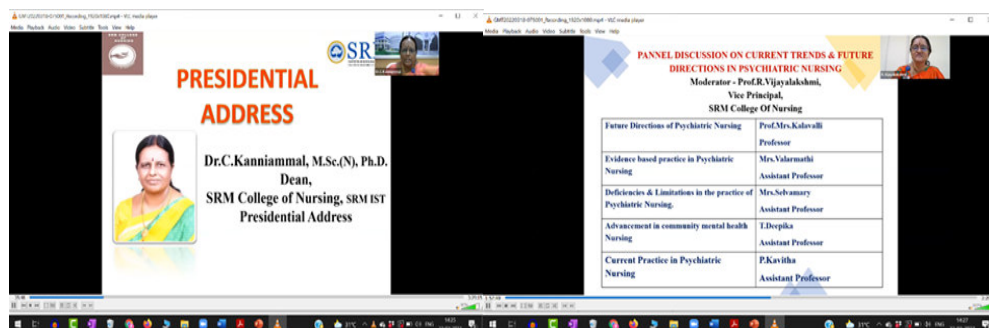




## MENTAL HEALTH NURSING CONTINUING NURSING EDUCATION

Department of Mental Health Nursing organized Continuing Nursing Education through zoom on 18.03.2021 with the theme “The Future of Behavioral Health And Psychiatric Nursing in Covid Pandemic Era”. B.Sc Nursing III year (91) students and faculty members participated actively. Dr.C.Kanniammal, Dean, SRM College of Nursing delivered Presidential Address.

Dr.ArulSaravanan, Department of Psychiatry, SRM MCH & RC deliberated on the topic “Future of behavioral Health in Psychiatry”. Mrs. YumnamSurbala Devi, Associate Professor, College of Nursing, AIIMS, New Delhi deliberated on the topic “The Psychiatric Nursing in Covid Pandemic Era”, followed by a panel discussion on the topic “Current trends & future directions in psychiatric Nursing” by Department of Mental Health Nursing faculty members. The moderator of panel discussion was Prof. R. Vijayalakshmi, HOD and Vice principal, SRM College of Nursing.



## MEGA VACCINATION CAMP ON COVID – 19

DGNM III year 6 students and PBBSC I year 10 students participated as vaccinators in mega camp vaccination conducted on 23.3.2022 and B.Sc nursing III year (A section) 10 students participated as vaccinators in mega camp vaccination conducted on 26.3.2022. Students were allotted into various areas by Dr.Meerabai Medical Officer at Maraimalai Nagar Primary Health Centre and Health inspector Mr. Mohammed Aniffa.nearby areas. Each Student was posted in various areas like,

Annamalai Mahal, Konathi village, SRM gate, Vinnarasi church, Dharani square, Thirukachur, Kattur school, Vademelpakkam, Shivankovil, Annamalai Palace, Kattankulathur bus stop, Keezhakaranai, Dharani square, Sattamangalam Mobile team and Kattankulathur Station road. Three students were posted for mobile camp. The mega vaccination camp ended around 5.00 pm.



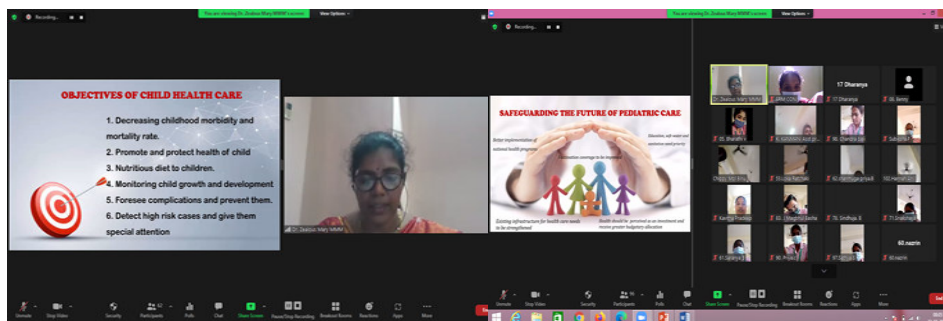
### DE-STRESS & RE-ENERGIZE PROGRAM

The De-stress & Re-Energize program was organized by Nursing Education Unit under the Department of Mental Health Nursing for Staff Nurses at SRM Medical college Hospital and Research Centre on 28.03.2022. between 1.00 pm to 1.45pm. 32 Staff Nurses were attended the program. Activities such as Meditation, Brain games-puzzle, improving self-esteem, stress relieving activities and video on work balance life projected. Participants were given positive feedback about the program.



### ALUMNI WEBINAR

The Alumni webinar was organized by SRM College of Nursing through zoom online video conferencing with 126 participants on 24.03.2022. The guest speaker Dr. Zealous Mary.C, Vice Principal-Admin MMM College of Nursing presented the topic on **“EMERGING CHALLENGES IN PEDIATRIC HEALTH CARE”**s



## YRC ACTIVITY – 31.03.2022

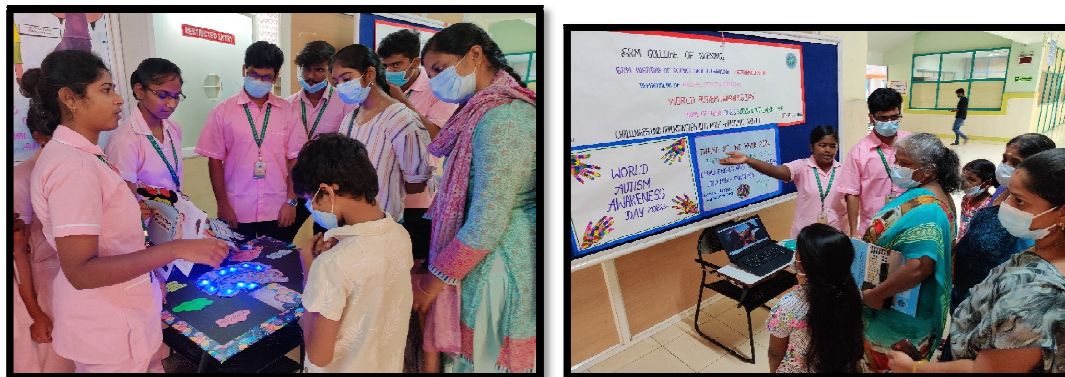
Youth Red Cross (YRC) unit of SRM college of Nursing organized a Awareness programme on Non- Communicable Disease Awareness programme at Kanniyammankovil street., keerapakkam on 31.03.2022. YRC volunteers displayed charts and posters They explained about the causes, signs and symptoms, prevention and control measures on non-Communicable diseases like Diabetes Mellitus, Hypertension, Cancer, Cardio vascular diseases and stroke with appropriate videos. Students went door to door to create awareness among the family members on prevention of Non – Communicable disease.



**WORLD AUTISM DAY:01.04.2022**



The **World Autism Awareness Day** program was organized by the Department of Mental Health Nursing for the General public at Psychiatric OPD of SRM Medical college Hospital and Research Centre on 01.04.2022 between 9am to 12noon. Around 80 General public, students and Faculties were attended the program. Students of SRM College of Nursing presented the posters, awareness on Autism, Video Broadcasted in Tamil, a model which explained about the parts of Brain affected for an Autistic child was exhibited. Pamphlets on Autism awareness in English and Tamil was distributed. The participants gave positive feedback



### **WORLD HEALTH DAY – OUR PLANET, OUR HEALTH – 13.04.2022**

Department of Community Health Nursing celebrated World Health Day on 13.04.2022. Mrs. K. Kanmani Asst. Prof SRM College of Nursing Oriented with the theme of World Health Day Our Earth. Mrs. Kamalam Principal of Government primary school-Sirumenancherry gave special address. Mr.VarunB.Sc(N)II Year and his team exhibited the WHO Theme with role play on environmental pollution. Students demonstrated Hand washing Techniques to the school children. Around 35 students were participated enthusiastically. The participants gave positive feedback on the awareness programme.



### **WORLD LIVER DAY -19.04.2022**



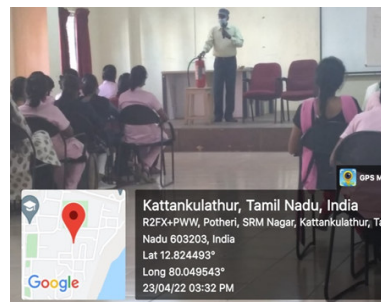
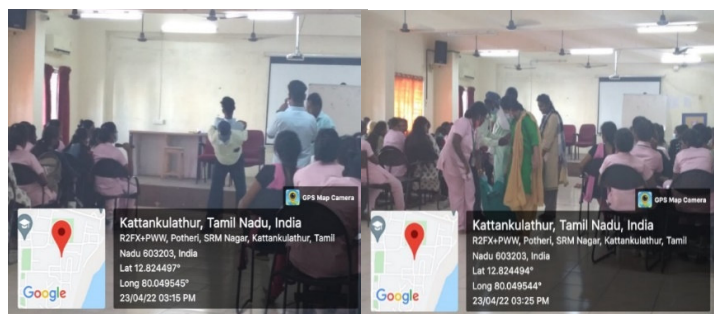
The **world Liver Day** was organized by the Department of Medical Surgical Nursing at Medical OPD in SRM Medical college Hospital and Research centre on 19.04.2022 between 9am to 12noon with the **Theme of "Keep your liver healthy and disease free"**. Around 100 patients from Medical OPD, B.Sc Nursing III Year students and faculty members of department of medical surgical nursing were attended the program.



B.Sc (N) Students carried out activities such as posters presentation & video assisted teaching in tamil about liver disease. A model on the stages of liver disease was displayed. Medical OPD patients and the general public were benefitted. All their doubts regarding liver disease was clarified

### **FIRE SAFETY AWARENESS PROGRAMME: 23.04.2022 & 25.04.2022**

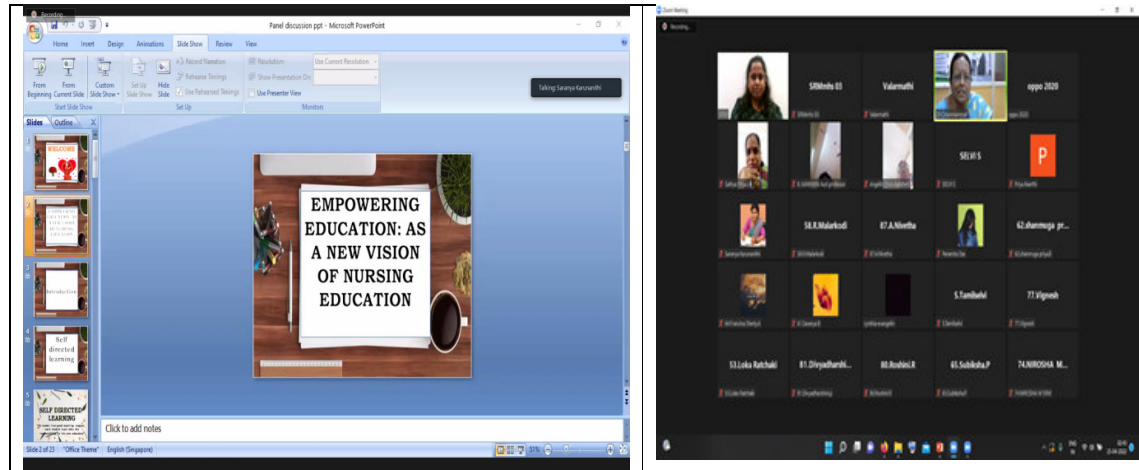
The Fire safety awareness programme was conducted by Mr. M.ChandraBabu Fire & safety officer SRMIST for the students of SRM College of nursing. The Students were educated on how to respond during fire incident. The officer created awareness among the students about techniques and the way to respond swiftly in times of fire emergency situation & how to operate fire extinguisher. The safety procedures to severely injured person were also demonstrated to the students & the same was redemonstrated by the students. Around 65 students were benefitted



### **Alumni Panel Discussion on**

## **“EMPOWERMENT: THE KEY TO HEALTHY STUDENT NURSES”**

**25.04.2022**



The Alumni Panel Discussion was organized by SRM College of Nursing through ZOOM ONLINE VIDEO CONFERENCING with 121 participants on 25.04.2022 between 2.00 pm to 3.00 pm. The Moderator Mrs. D.Vasanthi, B.Sc (N), Senior Nursing Superintendent, Railway Health Unit, Salem Division introduced the theme on “Empowerment : The Key To Healthy Student Nurses. Dr. C. Kanniammal, Dean, SRM College of Nursing delivered the thought provoking presidential address. Following that Mrs. Suganya Mani, Senior critical care nurse, St Thomas NHS hospital, UK presented on ” Empowering Nurses to improve Health Care”. Mrs. Saranya .KM. Sc (N), Professor cum HOD of psychiatric nursing, Our lady of health College of nursing ,Thanjavur presented on “Empowering Education as a New vision of Nursing Education”. Mrs. Sathyapriya, M.Sc (N), Associate Professor Dhanalakshmi college of Nursing, Perambalur, presented on “Empowerment in Nursing as an important factor of Nurse Leadership”. The whole session was a very dynamic, detailed and highly informative. Totally 121 participants from B.Sc (N) III Year, SRMCON Faculty, and ALUMINI members of SRM CON attended the programme.

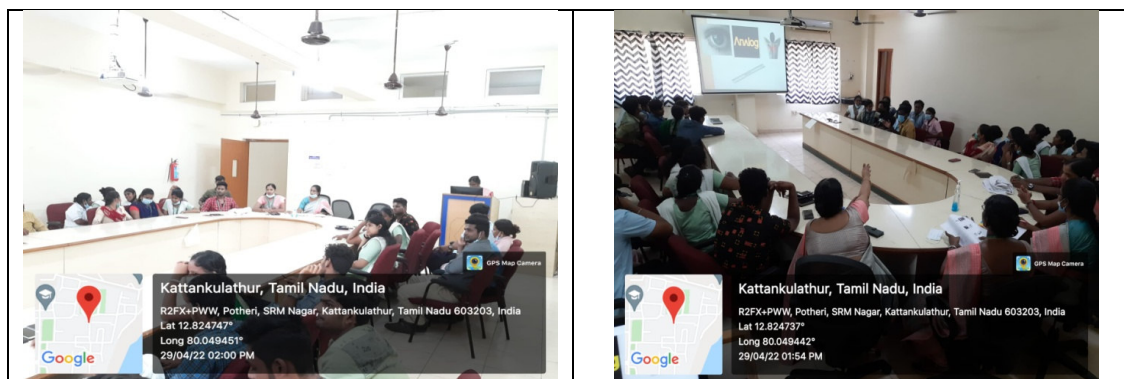
**WORLD IMMUNIZATION WEEK:28.04.2022**



The World Immunization Awareness Day was organized by the Department of Child Health Nursing for the antenatal mothers, postnatal mothers, & care takers at postnatal ward in SRM Medical college Hospital and Research Centre on 28.04.2022 between 10.30am to 12 noon. Students of SRM College of Nursing displayed charts on immunization schedule and benefits of immunization. Students depicted the role play on importance of Immunization. Around 40 antenatal mothers, postnatal mothers, & care takers were participated. The participants gave positive feedback on the awareness programme.

## INTERNATIONAL NURSES DAY CELEBRATION-2022

### QUIZ COMPETITION- 29.4.2022



In commemoration of International nurses day celebration Quiz competition was conducted on 29.4.2022 from 1.00 pm to 2.00 pm at Conference Hall, SRM college of Nursing. Groups were divided into Group A, B, C and D in which 9 students were allocated into each group. Quiz competition was conducted in 5 rounds. Group A secured highest points and were declared as winner. Around 36 students participated.

