

SRM COLLEGE OF NURSING, SRMIST

NEWS LETTER BLOOMS

MARCH – APRIL 2023



DISASTER DRILL REPORT

The Department of Medical Surgical Nursing, SRM College of Nursing Participated in disaster drill which was organized by ER, Training and Development Team of SRM MCH & RC “There is no harm in hoping for the best as long as we are prepared for the best”- our BSc nursing students participated in Disaster drill on 07.03.2023 between 10 am to 12 noon. Students were trained on how to segregate mass casualty according to the priority and the same executed as disaster drill. Totally 10 nursing students, 1 faculty & 50 SRM MCH & RC Staffs were benefited out of this programme. Students learned how to sort out mass casualty.



INTERNATIONAL WOMENS DAY

Community Health Department celebrated International women's day on 08.03.2023 at UHTC, Maraimalai Nagar. 50 students from BSc (N) IV year and 15 students of PBBS(N) were engaged in this programme. The programme started at 10.00 am by Dr Nithya, Medical officer. She welcomed the gatherings, followed by Orientation about the theme on International Women's day. Mrs. Angelin Dhanalakshmi, Associate Prof, SRMCON also addressed the gathering. Ms Divya V Joy and her team did a skit on the theme, and explained about the importance of girl child and how a girl child is helpful for the society. The program was continued by BSc nursing students with their villupattu. Puppet show along with exhibition of food pyramid was done by the students. Fireless cooking demonstration was done by students of PBBS(N). Mrs. Geetha, Asst. Prof, SRMCON illustrated the importance of food and diet. Around 45 students participated enthusiastically. The participants gave positive feedback on the program followed by vote of thanks proposed by Mrs. Kanmani, Asst. Prof. The program ended at 12.00pm.





CONTINUING NURSING EDUCATION (CNE) REPORT

“Evolving psychobiology and its impact on psychiatric nursing practice”

The Continuing Nursing Education program was organized by Department of Mental Health Nursing, SRM College of Nursing on 15.03.2023 between 1.30 pm to 3.30pm. The session started with welcome address by Prof..Kalavalli, SRM CON. The Chief guest Dr.xevior Belsiyal Assoc. Professor, College of Nursing, AIIMS, Rishikesh. Presented on *“Evolving psychobiology and its impact on psychiatric nursing practice”*. The presentation was very interesting and highly informative. She updated on current clinical research and practice of Mental health intervention which was enlightening the participants.

Prof.R.Vijayalakshmi, Vice Principal, SRM College of Nursing was the moderator for panel discussion on **“Recent Trends And Therapeutic Modalities In Psychiatric Nursing Practice**. The panel members, Prof.Kalavalli, presented on”Advancement in Psychedelic

research, next V.Valarmathi, Assistant Professor, presented on “Artificial intelligence in psychiatric settings” , Mrs.J.Selva Mary Devakani, Assistant Professor, presented on ” Tele health Technology In Mental Health Care Practice, Mrs. T.Deepika, Asst.professor, presented on “Entrepreneurship in Psychiatric Nursing Practice” and Ms. Kavitha P, Asst.Professor Presented on “Role of nurse navigator in psychiatric nursing practice. All the presentations were more informative.

Following that Debate was conducted on “**Is Individual Identity Decided by Physical Health or Mental Health**” B.Sc (N) III year, and M.Sc (N) II year students participated” Dr. Abirami, Professor, SRM CON, invited as a judge. Poster presentation competition was conducted with the theme **Normal and Abnormal Interaction of Neurotransmitters in Body and Mind**. Dr. Suseelal Asso. Professor SRM CON and Dr. Rajeshwari Asso.professor, SRM CON were invited as the evaluators for poster competition. Participants gave positive feedback. After feedback certificates were distributed to the prize winners in poster competition and participants in Debate. The vote of thanks was proposed by Ms. Deepika Asst. Professor SRM College of Nursing. 115 participants form BSc (N), PBBSC (N) II year and Msc(N) Students were attended, The program was ended at 3.30 pm.

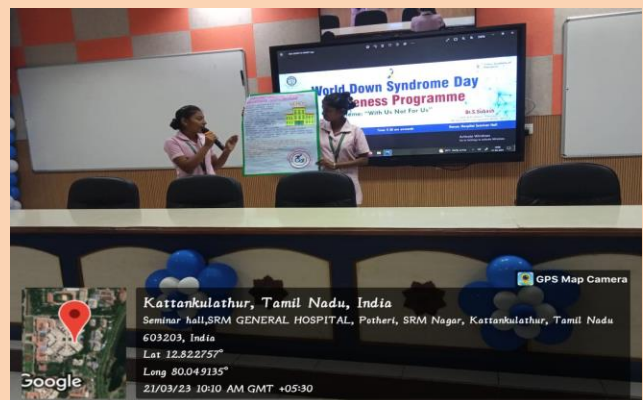
Workshop Report on “Cancer and Chemotherapy- Current Nursing Practices”

As a part of NABH Mock assessment, workshop on “Cancer and Chemotherapy- current Nursing Practices” was organized by Dr. N. Baminidevi on 18.3.2023 at first floor training center between 9 am to 1.30 pm. Session commenced with registration following which pre test was carried out. Totally 20 staff nurses were registered for the program. Dr. Durai mavalavan, Medical Oncologist presented on Cancer - overview. Dr. Haridas, Medical oncologist discussed on management of patients with cancer. Ms.Kavitha, Nurse educator, educated on role of nurse in handling and preparing chemotherapy agents.

Ms.Catherine, Nursing Superintendent, presented on Palliative care of cancer patients, Ms. Annie, Nurse educator delivered on psychosocial wellbeing of patients with cancer. Posttest was conducted at the end of the session. Participants gave the feedback that the workshop was informative. Vote of thanks was proposed by Dr. N.Bamini Devi, Professor, SRMCON.

WORLD DOWN SYNDROME DAY

In commemoration of **World Down Syndrome Day- 2023** with the theme **“With us Not for us”** Department of Pediatric Nursing, SRM College of Nursing, SRMIST, displayed 11 posters on the theme such as definition, signs and symptoms, characteristics, causes, schemes, programs, extra chromosomal structure, facts, prevention and management of Down Syndrome, rehabilitation and counselling services for parents was organized near medical OPD on 20.03.2023. 8 students enacted skit and created awareness to the mothers on “Down Syndrome” at hospital seminar hall, SRMGH on 21.03.2023 between 9.30 – 10.30 AM. Institutional rally was conducted from Occupational therapy to Gynecology OPD, where 10 students from SRMCON participated and pamphlets were distributed on “Awareness Programme on Down Syndrome” on 21.03.2023 between 12PM – 12.30 PM. Totally 22 number of students participated. Many mothers of child with down syndrome and also care givers benefited out of the program. Program was well appreciated by Pediatricians, Department of Pediatrics, SRM MCH & RC





World Tuberculosis Day

The Department of Medical Surgical Nursing, SRM College of Nursing observed **World Tuberculosis Day** with the theme “YES ! WE CAN END TB !” on 24.03.2023 between 10.00 am – 11.30 am. Awareness on prevention of Tuberculosis was done through rally from SRM CON to SRM University main Entrance and back to SRM CON. Pamphlet was distributed on prevention and management of tuberculosis to the general public. B.Sc(N) II year 80 students participated in rally along with 7 faculties. Students prepared various Tamil and English slogans on Prevention and management of tuberculosis, the same recited during rally. M.Sc (N) & M.Sc NPCC students prepared pamphlet on Prevention and management of tuberculosis and the same distributed to the general public during rally. Totally 100 general public were benefited out of this programme. All Students participated actively and involved themselves energetically.



NSS SPECIAL CAMP

DAY 01

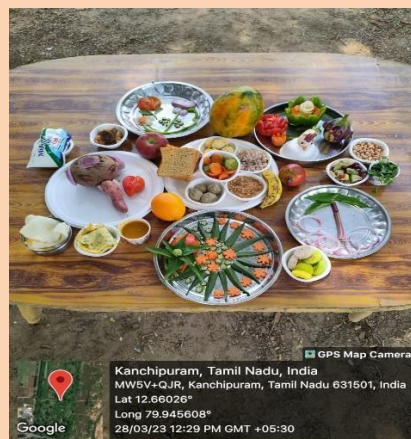
Department of Community Health Nursing conducted an awareness program on prevention of alcoholism on 27/03/2022 in Meyyur village. The program was organized by NSS Unit of SRM College of Nursing. Dr. Rajeshwari, Mrs. Angelin Dhanalakshmi and Mrs. Geetha organized the program. The local Panchayat leader and the 100 people from the nearby villages attended the program. 50 B. Sc (N) IV year students participated. They prepared posters, videos on prevention of alcoholism and also performed a role play on cessation of alcohol.



NSS SPECIAL CAMP

DAY 02

Awareness program on healthy food was conducted on 28/03/2022 in Meiyur village. The program was organized by NSS Unit of SRM College of Nursing. Dr. Rajeshwari, Mrs. Angelin Dhanalakshmi and Mrs. Geetha organized the program. The local Panchayat leader and the 150 people from the nearby villages attended the program. 50 B. Sc (N) IV year students participated. They prepared pamphlets, videos on healthy food and displayed balanced diet.



NSS SPECIAL CAMP

DAY 03

Child safety awareness program was conducted on 29/03/2022 in Meiyur village. The program was organized by NSS Unit of SRM College of Nursing. Dr. Rajeshwari, Mrs. Angelin Dhanalakshmi and Mrs. Geetha organized the program. The local Panchayat leader and the 170 people from the nearby villages attended the program. 50 B. Sc (N) IV year students participated. They performed a mime show on awareness of child safety.



NSS SPECIAL CAMP

DAY 04

Awareness on blindness program was conducted on 30.03.2023 in Meiyur village. The program was organized by NSS Unit and Department of Community Health Nursing, SRM College of Nursing. The local Panchayat leader and the Mrs. Angelin Dhanalakshmi and Mrs. Geetha organized the program. 50 people from the near by villages attended the program. 40 BSc(N) IV year students participated. They prepared posters, puppet show and games on awareness of prevention of blindness and all childrens participated actively.



NSS SPECIAL CAMP

DAY 05

Awareness programme on hygiene was conducted on 31.03.2023 in Meiyur village. The programme was organized by NSS Unit of SRM College of Nursing. Mrs. Angelin Dhanalakshmi and Mrs. Geetha organized the programme. The local Panchayat leader and the 100 people from the nearby villages attended the program. 30 B. Sc (N) IV year students participated. They prepared posters, games on awareness of maternity and child health care. They actively participated in all the events which were conducted.



WORKSHOP - STUDENT ADVOCACY AND LEADERSHIP TRAINING (SALT)

The TNNMC organized workshop with TNAI – SNA committee TN Zone-2 for Student Nurses on 30.03.2022 at Sree Balaji College of Nursing, Chrompet. The participants are Vice-President and Secretary of SNA Units from 28 College of Nursing and From our SRM CON 2 students Ms Bharathi SNA-President, Mr. Jeevanantham, Secretary, SNA Unit and V.Valarmathi, Asst. Professor, SNA Asst. Co ordinator, participated the workshop.

The program started with invocation. Dr. S. Ani Grace Kalaimathi, Registrar, TNNMC gave chief guest address and mention that the future Nursing leaders must be develop the leadership skill by claiming our rights by assertive and should not fight for the right, following the recourse persons were deliberated one by one and the sessions were highly informative and more practical oriented for developing leadership skill. The program was very systematic. The validity session after student's feedback the certificates were distributed to the student participants. After vote of thanks the program ends at 5.00pm.



DEPARTMENT OF COMMUNITY HEALTH NURSING

NSS SPECIAL CAMP

DAY 06

The program was organized by NSS Unit, Department of Community Health Nursing, SRM College of Nursing on 01.04.2023. The local Panchayat leader, Mrs. Angelin Dhanalakshmi and Mrs. Geetha organized the programme. 35 general public from the near by villages attended the program. 40 BSc (N) IV year students participated. Students prepared and displayed posters on awareness of immunization and educated the general public. Role play, puppet show and villupattu on importance of immunization was performed by the students.



ANNUAL SPORTS DAY: 12.04.2023 & 13.04.2023

Annual Sports day was celebrated on 12.04.23 and 13.04.23 at SRM College of Nursing between 8.00am to 5.30pm. The sports day events were inaugurated by Mr. Albert, HOD of Physical Education, SRM University, kattankulathur. Students were divided into four teams (Red House, Blue House, Yellow House, Green House). The event comprised of indoor and outdoor games ranging from cricket, volley ball, throw ball, Foot ball, Kho-Kho, Caroms, chess, javelin throw, discuss throw, running 100mtrs, running 400mtrs, relay 4x100mtrs, and shuttle cork. There are about 297 Students actively participated in the sports events and won rewards



DEPARTMENTAL LIBRARY ADUIT REPORT-10.04.2023 to 21.04.2023

| S.No | DATE | NAME OF THE Department | AUDITING FACULTY |
|------|------------|---|------------------|
| 1. | 12.04.2023 | Medical surgical nursing Department | Mrs. P. Kavitha |
| 2. | 13.04.2023 | Child Health nursing Department | Mrs. Kanmani |
| 3. | 12.04.2023 | Obstetrical and Gynaecological Nursing Department | Mrs. Tamilselvi |
| 4. | 13.04.2023 | Mental health nursing Department | Mrs. K.Suganthi |
| 5. | 17.04.2023 | Community Health Nursing Department | Mrs. Ushapriya |

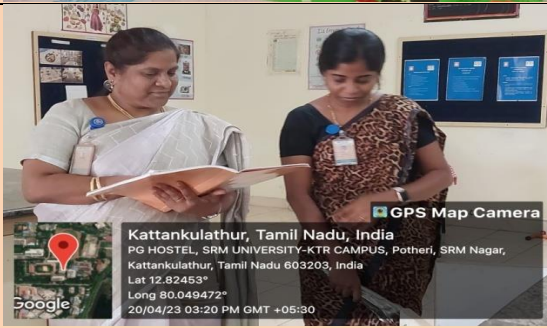


INTER DEPARTMENTAL LAB AUDIT -10.04.2023 to 21.04.2023

Inter departmental Lab audit was done from 10.04.2023 to 21.04.2023 between 8.30am-2pm.

The Lab Audit remarks are as follows:

| S.No | DATE | NAME OF THE LAB | AUDITING FACULTY | REMARKS |
|------|----------|--|---------------------------|--|
| 1. | 10.04.23 | Medical Surgical Nursing Lab | Mrs.K.Geetha | All Lab articles found intact as per the Stock Register |
| 2. | 11.04.23 | Foundation of Nursing Lab | Mrs.M.AngelinDhanalakshmi | All Lab articles found intact as per the Stock Register |
| 3. | 12.04.23 | Child Health Nursing Lab | Prof.M.Kalavalli | All Lab articles found intact as per the Stock Register but the items like SS utensils, Disposable items rubber, plastic , Instruments, Linen and play articles list need to be grouped separately. Reauditing need to be done. |
| 4. | 13.04.23 | Obstetrical and Gynaecological Nursing | Mrs.S.Tamilselvi | All Lab articles found intact as per the Stock Register |
| 5. | 17.04.23 | Community Health Nursing Lab | Mrs. SheebaJebakani A | All Lab articles found intact as per the Stock Register |
| 6. | 18.04.23 | Computer Lab | Mrs.Ambiga.K | All the computers found intact as per the Stock Register |
| 7. | 19.04.23 | A.V. Aids Lab | Dr.T. Suseelal | All Lab articles found intact as per the Stock Register |
| 8. | 20.04.23 | Nutrition Lab | Mrs.DeenaJothy.R | All the articles found intact as per the Stock Register |
| 9. | 21.04.23 | Sports Lab | Dr.V.Valarmathi | All sports articles found intact as per the Stock Register |

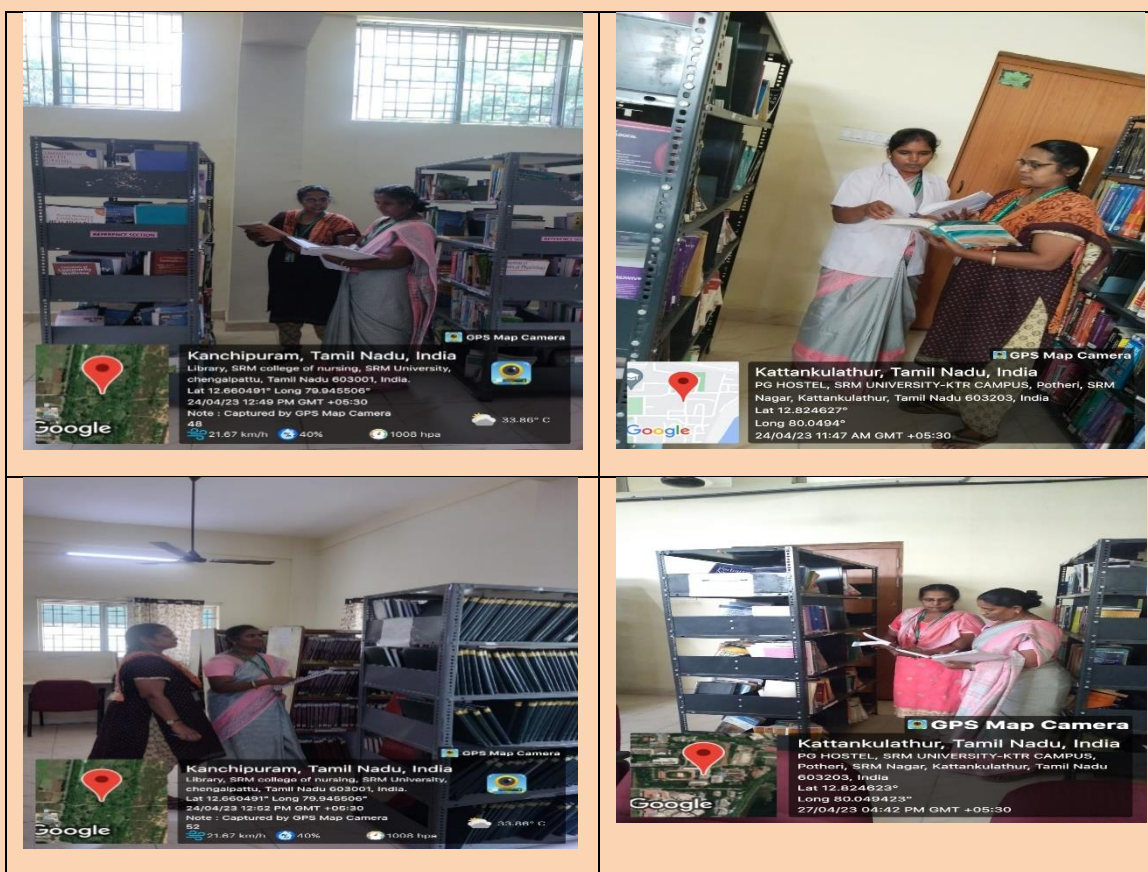


COLLEGE OF NURSING LIBRARY AUDIT FROM 18.4.23 TO 29.4.23

SRM College of Nursing Library audit was carried out by following members Mrs.P. Kavitha, Assistant Professor, Mrs. M. Ushapriya, Assistant Professor, Mrs.K. Suganthi, Assistant Professor, Mrs. K.Kanmani, Assistant Professor and Mrs.S.Selvi, Tutor. We have verified the items like Text Books, Journals, Back Volume and Projects; all the items are in store. The other items such as furniture and electronic components are exactly matching with the original inventory list.

| S.NO | DESCRIPTION | NUMBER OF BOOKS | REMARKS |
|------|------------------|-----------------|---|
| 1 | Text Books | 6046 | All books, journals, back volume, projects and furnitures found intact as per library stock register. |
| 2 | Back Volume | 383 | |
| 3 | Projects | | |
| | • Undergraduates | 242 | |
| | • Post graduates | 162 | |
| | • P.B.B.Sc | 20 | |
| 4 | Journals | | |
| | • National | 18 | |
| | • International | 8 | |
| 5 | Furniture | | |





WORLD MALARIA DAY

The Department of Medical Surgical Nursing, SRM College of Nursing celebrated **Malaria Day celebration** on **24.04.2023** with theme of “Time to deliver zero malaria: invest, innovate, implement” between 09:00 am- 12.00 Noon at department of General medicine, SRM MCH&RC. Faculty members of the Department of Medical Surgical Nursing, B.Sc(N) II Year, and NPCC I Year students have organized the programme.

The students have displayed the charts and posters on Causes, Signs and Symptoms, Treatment and, Prevention. Distributed Pamphlet on Prevention of malaria. 65 people were benefitted by this programme. The programme came to an end at 12.00 Noon.



WORLD IMMUNIZATION WEEK CELEBRATION- 2023

Department of Paediatric Nursing celebrated World Immunization Week on 26.04.2023 with the theme **“THE BIG CATCH-UP”** between 9.30 to 12 noon at Pediatric medical OPD.

The students have displayed the charts and posters on immunization, Benefits to baby and mother, Parental tips before and after vaccination, Importance of vaccination, Importance of Pentavalent Vaccine, Immunization schedule and a video on “Immunization schedule and its importance”. Mothers of under five year children’s and their care givers were benefitted out of the programme. Feedback given by mothers and care givers of under 5 year childrens, that the programme was informative and useful.

On 27.04.2023 between 2.00 to 3.00pm conducted quiz programme on immunization through google form link Bsc(N) III Year Section A&B and DGNM II year students participated in the quiz. Out of 116 students 3 students won the prize.

First Prize : 1.Aheli Mukherjee, Bsc(N) III Year A Section – 290/450

Second Prize: 2.Gajalaxmi L, Bsc(N) III Year B Section – 280/450

Third Prize: 3.Soniya Susan Philip, Bsc(N) III Year B Section – 260/450



YOUTH RED CROSS - AWARENESS PROGRAMME ON HEALTHY WAYS TO PREVENT NON-COMMUNICABLE DISEASES -27.04.2023

YRC unit of SRM college of Nursing organized a awareness programme on prevention of Non-communicable diseases at Meiyur, Mamandoor on 27.04.2023 under the guidance of Mrs. Kanmani, YRC co-ordinator and YRC Volunteers 16 students from DGNM Ist year were engaged in this programme.

The programme was started at 10.00am with welcome address by Ms. Jayashree DGNM Ist year. Mrs. Kanmani, YRC co-ordinator gave brief introduction of the topic on healthy ways to prevent Non-communicable diseases. YRC volunteers displayed charts and posters about the causes, signs and symptoms, prevention and control measures and the same was explained through Laptop assisted teaching. Around 128 general public were participated. The participants gave positive feedback on the awareness programme on Non-communicable disease followed by vote of thanks proposed by Ms.Aarthi DGNM Ist Year. The program ended at 11.30 pm.



WORLD MALARIA DAY

Community Health Department organized a program on World malaria day on 28.04.2023 at Sangamam Arakkattalai, Singaperumal kovil. 50 students from BSc(N) II year Mrs. Angelin Dhanalakshmi, Mrs.Geetha and Mrs. Vinetha, participated in this programme.

The programme started at 10.00am by Dr.Nithya, Medical officer. She welcomed the gatherings, followed by Orientation about the theme on World Malaria day. Mrs. Angelin

Dhanalakshmi, Associate Prof, SRMCON also addressed the gathering. Methods of prevention of malaria was explained through Puppet show , Mime and Villupattu performed by the students. Students participated enthusiastically. The participants gave positive feedback on the program followed by vote of thanks was proposed by Mrs.Geetha, Asst. Prof. The program ended at 12.00pm.



INTERNATIONAL NURSES'S DAY CELEBRATION – 2023

Theme: Our Nurses Our Future

Various activities were organized by SNA unit of SRM College of nursing to commemorate International Nurses Day - 2023, with theme “Our Nurses Our Future” from 17.04.2023 – 24.04.2023. The events as tabulated and conducted as scheduled below.

| S.No | NAME OF THE EVENT | DATE | TIME | NAME OF THE EVALUATORS Internal | NAME OF THE EVALUATORS External | CO-ORDINATORS FOR CONDUCTING EVENTS |
|------|----------------------------|------------|---------------|------------------------------------|--|-------------------------------------|
| 1. | ESSAY WRITING COMPETITION* | 17.04.2023 | 1.00 -2.00pm | Dr.Bamini Devi | Mrs.G.KavithaM.Sc.NPCC (N) clinical Instructor,Mr.R.AhilanVinothkumarM.Sc(N) , MBA(HRM), | Mr.A.Sathish |
| 2. | ELOCUTION * | 17.04.2023 | 2.00 -3.00pm | Mrs.SheebaJebakani.A | Mr.R.AhilanVinothkumar,M.sc(N),MBA(HRM)Ph.D,DNS SRM MCH &RC | Mrs.P.Shiyamala |
| 3. | POETRY * | 17.04.2023 | 3.00 -4.00pm | Mrs.Ambika | Mrs.Kavitha.G Clinical Instructor SRM MCH &RC | Mrs.N.Dhivya |
| 4. | PHOTOGRAPHY | 17.04.2023 | 1.00 – 2.00pm | Mrs.Selvamary | Mrs. G. Kavitha, CI, Department of Nursing | Ms.Femila |
| 5. | POSTER COMPETITION* | 17.04.2023 | 1.00 – 2.00pm | Mrs. Priyadharshini | Dr.Vinoth Deputy Nursing Superintendent, SRM MCH &RC | Mrs.Suganya |
| 6. | SHORT VIDEOS | 21.04.2023 | 1.00 – 2.00pm | Mrs.Vijayalakshmi, Vice Principal, | Mrs. G. Kavitha, Public Health, SRM General Hospital | Mrs.Femila |
| 7. | SOLO DANCE | 18.04.2023 | 1.00-2.00PM | Mrs.A.Viji | Dr.M. Sumithra, Associate Professor at SRM College of Pharmacy, SRM MCH &RC, | Mrs.Aswathy |
| 8. | HAIR DRESSING | 18.04.2023 | 2.00 -3.00pm | Mrs.AngelinDhanalakshmi | Dr.M.Sumithra, Associate Professor, Department of Pharmacy | Mrs.P.Kavitha |
| 9. | MEHANDHI | 18.04.2023 | 3.00 -4.00pm | Mrs.Ushapriya | Dr.M.Sumithra, Associate professor , Department of Pharmacy | Mrs.Vinitha |

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|-----|-------------------------|------------|-------------------|---------------------|---|-----------------------------|
| 10. | RANGOLI* | 19.04.2023 | 1.00 -2.00pm | Dr.Rajeswari | Dr.valrmathy , Department of Psychiatric SRMCON | Mrs.Sasikala |
| 11. | SOLO SINGING | 19.04.2023 | 2.00 - 3.00PM | Dr.T.Suseelal | Dr. S. Sangeetha Assistant professor SRM | Mrs.V.Priya |
| 12. | GROUP SINGING | 19.04.2023 | 3.00-4.00PM | Ms.R.DeenaJot hy | Dr.Sangeetha, Professor from SRM college of pharmacy | Mrs.T.Deepik a |
| 13. | SKIT/MIME ACT* | 20.04.2023 | 1.00 - 2.00PM | Dr.Shaini | Dr.Malarvizhi.D Professor at SRM College of Physiotherapy | Ms.Jenitha |
| 14. | PAINTING | 20.04.2023 | 2.00-3.00pm | Mrs.K.Kanama ni | Mrs .D Malarvizhi, (External). SRM Medical college. | Mr.Rampraka sh |
| 15. | QUIZ COMPETITI ON | 20.04.2023 | 3.00- 4.00pm | Mrs.K.Geetha | Mrs.Geetha.K Department of Community Health Nursing . | Mrs.Sangeetha Mrs.Dhivya |
| 16. | GROUP DANCE | 21.04.2023 | 1.00 -2.00pm | Mrs.K.Suganth i | Ms.GeethaVeliah, Assistant Professor, School of Public Health, MHS, | Mrs.Aswathy |
| 17. | FIRELESS COOKING | 21.04.2023 | 2.00 – 3.00pm | Mrs.Tamilselvi | Ms.Geethaveliah, Assistant Professor, School of Public Health, MHS | Mrs.Saraswat hi |
| 18. | BRIDAL MAKEUP | 21.04.2023 | 3.00 – 4.00pm | Mrs. Deepika T | Ms.GeethaVeliah, Assistant Professor, school of public health, MHS | Ms.Sangeetha |
| 19. | MONO ACT | 24.04.2023 | 1.00 – 2.00 pm | Mrs.Priya V | Dr. Malarvizhi.D Professor at SRM College of Physiotherapy,SRM MCH | Ms.Jenitha |
| 20. | EXTEMPOR E | 24.04.2023 | 2.00 – 3.00pm | Mrs.Kavitha P | Mrs.Vijayalakshmi, Asst. professor, Department of Obstetrics and Gynecology Nursing | Mrs.Saraswat hi |

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|-----|--------------------------|-------------------|-----------------------|--------------------|---|------------------|
| 21. | BEST OUT OF WASTE | 24.04.2023 | 3.00 – 4.00 PM | Mrs.Kanmani | Dr.D.Rajeshwari Associate Professor Department of Community Health Nursing,SRM CON | Mrs.Selvi |
|-----|--------------------------|-------------------|-----------------------|--------------------|---|------------------|

