



SRM MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTRE
SRM INSTITUTE OF SCIENCE AND TECHNOLOGY
KATTANKULATHUR, CHENGALPETTU

National Symposium on Psychosocial Interventions for Smartphone Addiction

Hybrid mode

On 15th of June 2024

ORGANISED BY
SRM Alumni Association
Of
DEPARTMENT OF CLINICAL PSYCHOLOGY



Dr. Nitin Anand.T.P
Additional Professor
Dept of Clinical Psychology,
NIMHANS, Bangalore
Topic : Psychological Interventions for
Smartphone Addiction

Ms FARISHA A.T.P
Clinical psychologist
Academic Coordinator
Phapins Community College



Topic : Social Networking and
Smartphone Addiction



Dr. Kavitha V Jangam
Additional Professor
Department of Psychiatric
Social work,
NIMHANS, Bangalore
Topic: Family interventions for
Smartphone Addiction .

Ms Teena Variamparampil
Assistant Professor
Jyoti Nivas college Autonomous,
Bangalore



Topic : Beyond the Screen: Probing the
Roots of Smartphone Addiction

Payment Details

Name: SRM Hospital and Research Centre

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For NEFT transaction Remark is mandatory: NSSA

FOR REGISTRATION

CLICK HERE 

Who can attend: - Clinical Psychologist, Counsellors,
Social Workers, Teachers and Students

Participants	Registration Fee on or before 5th June	Registration Fee after 5th June
Professionals	Rs 700	Rs 900
Alumni Members (SRMIST)	Rs 600	Rs 800
Online Participants & Students	Rs 500	
SRM Students & faculties	Rs 400	

ABOUT THE EVENT

Our one-day symposium focuses on addressing the pressing issue of smartphone addiction through psychosocial interventions. With the proliferation of smartphones among children, adolescence and adults, it's imperative to recognise the detrimental effects of excessive usage and implement effective strategies for prevention and intervention. Through insightful discussions and interactive sessions, our event aims to highlight technology-based psychological interventions, psychological and social support, lifestyle, and mindfulness interventions in mitigating smartphone addiction, fostering healthier digital habits, building a more balanced relationship with technology, and promoting overall well-being.

CONTACT US

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II - M.Phil .

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