



SRM
INSTITUTE OF SCIENCE & TECHNOLOGY
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NEWSLETTER BLOOMS

SRM COLLEGE OF NURSING

**SRM INSTITUTE OF SCIENCE AND
TECHNOLOGY**

KATTANKULATHUR - 603 203



A++



Category 1
with 12B Status



(2023)
Ranked 18th University



(2023) World Ranking
one among 41 Indian Universities



(2023) World Ranking
one among 75 Indian Universities



(2021)
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(2023) World Ranking
one among 14 Indian Universities

NEWSLETTER BLOOMS
SRM COLLEGE OF NURSING
SRMIST, KATTANKULATHUR
MARCH– APRIL REPORT 2024

NSS ACTIVITY REPORT

DAY – 1 AWARENESS PROGRAMME ON CANCER

Awareness programme on cancer was conducted on 26/02/2024 Meiyur. The programme was organized by NSS Unit of SRM College of Nursing. 25 General Public attended the program, 27 B.Sc (N) IV year students were participated. The students displayed posters on warning signs of cancer, signs and symptoms of different types of cancer and performed skit on awareness of cancer and participated in Villupattu. The School Head mistress and other teachers appreciated and wanted to have many programmes in future.



DAY – 2 AWARENESS PROGRAMME ON DRUG ADDICTION

Awareness programme on Drug Addiction was conducted on 27/02/2024 in Meiyur. The programme was organized by NSS Unit of SRM College of Nursing. 50 public attended the program. 27 B. Sc (N) IV year students participated in the program. Students performed skit on Drug Addiction and its consequences and participated in Villupattu. The Village Head and other public members appreciated and wanted to have many such programmes in future.



DAY – 3 AWARENESS PROGRAMME ON HEALTHY DIET PLAN

Awareness programme on healthy diet plan was conducted on 28/02/2024 at Meiyur. 60 publics attended the program. 27 B.Sc (N) IV year students were participated. The students displayed posters on Diabetic Diet, Malnutrition, Hypertensive Diet, Anemic diet and displayed food exhibition. The public appreciated and wanted to have many programmes in future.





DAY – 4 TREE PLANTING PROGRAMME

Tree planting programme was conducted on 29/02/2024 in Meiyur. The programme was organized by NSS Unit of SRM College of Nursing, Mrs. Angelin Dhanalakshmi, NSS Programme co-ordinator and Mrs. Geetha Assistant NSS Programme co-ordinator. 20 public attended the program. 27 B. Sc (N) IV year students were participated. They planted various plant saplings. Public also helped in the planting of tree sapling. The Village Head and other public appreciated.



DAY – 5 AWARENESS PROGRAMME ON MOBILE ADDICTION

Awareness programme on Mobile Addiction was conducted on 01/03/2024 in Government secondary school, Meiyur. The programme was organized by NSS Unit of SRM College of Nursing. 50 school children attended the program. 27 B. Sc (N) IV year students participated in the programme. Students performed Puppet Show on complications of Mobile Phone addiction and Skit on Awareness of Mobile Addiction. Children enjoyed the program and appreciated it. The School Head mistress and other teachers also appreciated and wanted to have many programmes in future.



DAY – 6 AWARENESS PROGRAMME ON HEALTH PROMOTION

Awareness programme on health promotion measures was conducted on 02/03/2024 at Meiyur. The programme was organized by NSS Unit of SRM College of Nursing. 68 publics attended the program. 27 B. Sc (N) IV year students were participated. Students performed posters personal hygiene, nail care, dental carries and performed skit on Hand Hygiene.





AWARENESS PROGRAMME ON WORLD OBESITY DAY

The Department of Paediatric Nursing, SRM College of Nursing celebrated World Obesity Day with the theme “Promoting Practical Solutions for a Healthier World” on 04/03/2024 at SRM General Hospital, Paediatric OPD time between 9:00 am – 12 noon. Faculty members of the Department of Paediatric Nursing, B.Sc. (N) III Year (34) students have organized the programme.

The students displayed the posters on Definition and Risk factors of Childhood Obesity, Vicious cycle, Prevention, Treatment, Complications, and Recommendation. In addition, a Video telecasted on Awareness related to Childhood Obesity was done by B.sc Nursing III Year students. Health talk to B.Sc III year students and public by Dr. Thulasi, Department of Paediatrics. The programme was well appreciated by the Doctors, Nurses and Care givers.

Children and their care givers attended and got benefited. Feedback has given by care givers that the programme was informative and excellent. All the students enthusiastically participated in the programme.





INTERNATIONAL WOMENS DAY -2024

The Department of Obstetrics And Gynaecological Nursing, SRM College of Nursing organized programme on International Women's Day With Theme of “ Invest In Women's Accelerate The Progress” aim to create a thorough knowledge about antenatal care and the importance of Exclusive Breastfeeding On 04.03.2024 At 9am To 12pm On Obstetrics And Gynaecological Out Patient Department at SRMCH And RC, Potheri .

Ms. Deena Jothy, Associate Professor welcomed the delicate. Faculty members of the Department of Obstetrics And Gynaecological Nursing, Msc (N)1st Year and Bsc (N) IV th Year have organized the programme, 100 women were attended and got benefited.

The Students displayed charts and posters on Importance of Antenatal Visit, Diagnostic Evaluation, Antenatal Care, Diet, Exercise, warning signs, Risk Factors, and its Management. Students displayed Food Pyramid, Food Exhibition, And Bow Song about Antenatal Care and Breast Feeding. Feedback has collected from the participant. In the feedback analysis, 26 (26%) had expressed Excellent, 28(28%) said it was very good, 46of them (46%) were expressed as good. Finally the programme concluded with vote of thanks by Ms. Viji. A.



INTERNATIONAL WOMEN'S DAY CELEBRATION -2024

International women's day celebration organized by Parivendhar Manavar Tamil mandram in association with SRM college of Nursing on 5.03.2024 between 1.15 pm to 4.20 pm at Mini Hall -1, TP Ganesan Auditorium. The program was started with Tamil Thai vazhthu. Welcome address was rendered by Mrs.J.Selva Mary Devakani, Assistant Professor, SRM College of Nursing, followed by Dr.C.Kanniammal, Dean,, SRM College of Nursing delivered Inaugural address to the gathering and emphasized on importance of women's day celebration and on women achievers . Presidential address was given by Karu.Nagarajan, President Tamil Perayaam. Special address was given by Dr. T. Mythili, Additional Registrar. Dr.E.Poovammal, Associate Director (Girls Hostels) delivered chief guest address, encouraged and motivated the students to take up challenges in future. Prize distribution was carried out to the winners of competition held such as Singing, Dance and Drawing Competition.Cultural events such as dance, singing, wereperformed by the nursing students.Debate on for women's obstacles is influenced by women or men by SRM students and faculties and entertained the audience by their excellent performances.The session was ended with vote of thanks by Ms.Sivasankarai,B.Sc N IV year student, SRM College of Nursing.



CONTINUING NURSING EDUCATION

Department of Mental Health Nursing organized Continuing Nursing Education on 07.03.24 between 10am to 3.30pm on the theme “Changing Approaches to Address Academic Mental Health Current Strategies, Barriers and Opportunities”. BSc Nursing III Year 100 students, DGNM II Year 17 students, and Faculty members, totally 123 faculty & students were participated.

Program started at 10am with invocation, Dr.M.Kalavalli, Professor, SRM College of Nursing, welcomed the gathering, following which Pre-test was conducted by online using google form. First session was Activity session based on Reminiscence and Self-evaluation conducted by Dr.M.Kalavalli Professor SRMCON and Mrs.Deepika.T, Assistant professor, SRMCON, followed by a tea break. Second session was Activity session based on Team building and Fun with communication conducted by Dr.V.Valarmathi Assistant professor SRMCON and Mrs.Kavitha.P, Assistant professor, SRMCON.

The Resource person was Dr. Emilda Judith Ezhil Rajan, Associate Professor, Department of Clinical Psychology, SRM Medical College Hospital & Research centre, Kattankulathur, deliberated on the topic “Changing Approaches to Address Academic Mental Health Current Strategies, Barriers and Opportunities”, and followed by Lunch break.

Third session was the Activity session on case vignette on management of Emotion and stress conducted by Dr.R.Vijayalakshmi, HOD department of mental health nursing and Vice-Principal SRMCON. There was short films and videos played on Emotions and Stress by Mrs.J.Selva Mary Devakani, Assistant professor, SRMCON. Finally, Post-test was conducted online using google form.

Feedback from participants was given and Vote of thanks was proposed by Mrs.Kavitha.P, Assistant professor, SRMCON. The program concluded with National Anthem at 3.30pm.





AWARENESS ON TUBERCULOSIS

Department of Community Health Nursing, SRM College of Nursing conducted a programme on “Awareness on Tuberculosis” on 16.03.2024 at Meyyur, between 10.00 AM – 12.00 PM. Faculty members of the Department of Community Health Nursing, 16 Students from DGNM I Year, and 1 student from M.Sc. (N) I Year participated. The students displayed charts on risk factors & causes of Tuberculosis, and their signs and symptoms, prevention and management of Tuberculosis. In addition, Villupattu and skit was performed on Prevention and Management of Tuberculosis. The programme was well appreciated by the Public. The Public who attended the programme, responded that it was informative and excellent. All the students was enthusiastically participated in the programme.





ALUMNI INTERACTION SERIES

Alumni interaction was organized by SRM College of Nursing with 100 participants on 16.03.2024 between 1.00 pm to 2.00 pm. The program was started with Invocation, Ms. Saraswathi.M, Tutor, SRM College of Nursing welcomed the gathering. Following that Mr. Karthik Jeyaselval, M.Sc NPCC, Critical care Nurse, Ninewells Hospital, Dundee, Scotland, presented on the topic **“Career Guidance/ NMC (UK) OSCE – an overview”**. The session was detailed and highly informative. Students of B.Sc (N) IV Year students, I year students and SRMCON Faculty, total 100 participants attended the session. Mrs.V.Priya, M.Sc (N), Asst Professor, SRM College of Nursing, delivered the Vote of Thanks.



GUEST LECTURE ON CAREER GUIDANCE-25.03.2024

Students Nurses Association of SRM College of Nursing organised Guest Lecture on Career Guidance on 25.03.2024. The programme started with prayer song and welcome address by Mr.S.Rjakumar,Vice President of SNA, SRM College of Nursing. Mr. A. Vinayakam, Learning and Development Head IMIMS-Immense Immigration & Education Services, Chennai gave lecture on Career Guidance and explained about the various placement in India and abroad. B.Sc Nursing IV year and DGNM III year Students actively participated in the program. Vote of thanks was given by MS.Akanksha, Innovational & Tech Club – SNA, B.Sc N IV year, SRM College of Nursing .The programme concluded with National Anthem.



NO SMOKING DAY AWARENESS PROGRAMME

On 26.03.2024 SRM College of nursing YRC Unit conducted a sensitizing session on “No Smoking Day” Awareness Programme Under the guidance of Mrs. K.Kanmani, YRC Co-Ordinator and YRC volunteers DGNM Ist Year 16 students. The main Aim of this program is to create awareness about Protecting Children from Tobacco Industry Interference at Maraimalai Nagar.

The programme started at 10.00 am with invocation song. Dr. Nithiya, Medical Officer of SRMUHC gave brief introduction about Dangers of smoking followed by Dr.Balakrishnan Pulmonologist shared personal experiences from case studies. DGNM Ist year students sang villupattu to create awareness on causes of smoking and its effects. Followed by a skit on the treatment modalities and alternative methods to avoid smoking. Then, YRC volunteers displayed charts and posters and explained about the effects and causes of smoking and took part in interaction with people and clarified their doubts and misconceptions. Around 45 general public participated enthusiastically. The program concluded by 11.30am.



NURSING RESEARCH UNIT GUEST LECTURE ON PATENT RIGHTS

Nursing Research Unit organised Guest Lecture on Patent Rights on 28.3.2024 between 1pm to 4pm at Multipurpose Hall, SRM College of Nursing. Faculty, PhD scholars and B.Sc Nursing III year students participated. Mrs.K.Suganthi, Assistant Professor, SRM College of Nursing Welcomed the gathering.

Mr. Vijay Rathan Linga, Techno-Legal Advisor, Centre for Intellectual Asset Protection, Directorate of Entrepreneurship and Innovation (DEI), delivered talk on Patent Rights, explained about Intellectual Property, copy rights, and types of commercialization. The session was a motivating and encouraging for students, faculty and PhD scholars. Vote of thanks was given by Mrs.M.Ushapriya, Assistant Professor, SRM College of Nursing.



STUDENT NURSES ASSOCIATION

FUND RAISING PROGRAM

Fund raising programme was organized by student nurses association (SNA) unit at SRM College of Nursing on 16.03.2024 between 11 am to 3 pm. Students of B.Sc Nursing and DGNM students received money from SNA members. Nursing students organized food stalls, prepared delicious food items and conducted games. All faculty, non-teaching staffs and nursing students actively participated in the program. Dean madam appreciated the efforts made by students.



WORLD HEALTH DAY-2024

Department of Community Health Nursing, SRM College of nursing celebrated World Health Day Programme On 08.04.2024 with the theme “My Health, My Right” at East potheri, Govt. middle School. The programme started at 10.30 am with invocation song. Mrs. Kanmani.K Asst.Prof. SRM College of Nursing gave brief introduction about the celebration of World Health day every year, followed by Mrs. Geetha Asst.Prof explained about the theme of World Health day and focused on physical and mental health. Mrs. Malathi School Principal, also appraised the students about to follow a healthy lifestyle. DGNM Ist year students sang villupattu to create awareness on common health issues and its effects followed by a skit to explain on common health problems, with an emphasis on good eating habits and the importance of sports & exercise in our daily lives. YRC volunteers displayed charts and posters and explained about the effects and causes of health problems and took part in interaction with students and clarified their doubts and misconceptions. Around 80 school students were participated enthusiastically. Vote of thanks given by Ms.Vinitha, Nursing Tutor and the program concluded at around 12.00pm.



REPORT ON GUEST LECTURE

The Department of Medical Surgical Nursing, SRM College of Nursing celebrated World Kidney Day with the theme **“Kidney Health for all – Advancing Equitable Access to Care and Optimal Medication Practice”** and organized Guest lecturer on 10.04.2024 between 11.00 am – 12.00 Noon at MP Hall, SRM CON, SRM IST. The program was started with Invocation, Dr. Kanniammal. C, Dean, SRMCON welcomed the gathering and introduced the guest speaker. **Dr. ILANGO. S MD, DM**, Associate Professor, Department of Nephrology at SRMGH & RC presented on **“Mechanism of hemodialysis and the role of nurse in pre and post assessment of patient’s subjected to dialysis”**. B.Sc. (N) IVth semester 65 students were participated. The Presentation was detailed, interesting and highly informative. Students gave positive feedback about the session. Dr.Bamini Devi.N, Professor, SRMCON, delivered the Vote of Thanks and the programme concluded at 12.30 PM.



WORLD PARKINSON'S DAY-2024

World Parkinson's Day-2024 was organized by the Department of Mental Health Nursing, at Psychiatric ward of SRMGH on 12.04.2024 between 10.00am to 10.45.am. B.Sc. (NURSING) III Year Students and faculty from mental health nursing department organized the program. Welcome Address was given by Dr.V.Valarmathi, Assistant Professor, and SRM College of Nursing. Following that B.Sc. (NURSING) III Year Students performed Psychodrama on Awareness of Parkinson's disease about the meaning, sign and symptoms, Causes, Investigations, Medical and Nursing management. Pamphlets on Parkinson's disease were distributed to the participants of patients care givers. Nearly 25 members were benefited from this awareness program. Participants were asked questions to confirm their level of understanding and the participants gave positive feedback. Followed by vote of thanks was proposed by Dr.M.Kalavalli, Professor. The program concluded at 10.45 am.



WORLD LIVER DAY

The department of Medical Surgical Nursing, SRM College of Nursing Observed **World Liver Day** with the theme of **“Be Vigilant, Get Regular Liver Check-Ups, and Prevent Fatty Liver Diseases”** on 18.04.2024 between 8.30am to 11.30am. M.Sc. Nursing I Year students, NPCC I and II year students, PBBSC Nursing I Year students and BSc Nursing IV Semester students were participated and educated the general public, patients, family members through the poster presentation on the following topics Causes, Risk factors, Signs and Symptoms, Diagnostic evaluation, Prevention, Management of Liver diseases and awareness of Liver Health. Totally 60 General public were benefited out of this programme. Beneficiary overall feedback was good.



CULTURAL – PEARLS 2024

Event: Pearls 2024 - Cultural

Date: 24.04.2024

Venue: Hippocrates Auditorium, SRM Medical College – 3rd Floor.

The event commenced with a prayer song, setting a reverent tone for the proceedings. Mr. Raj Kumar, B.Sc N IV Year (SNA Vice President), warmly welcomed all attendees, setting the stage for an engaging and memorable event. Ms. Neethu Loppas, B.Sc N IV Year, enthralled the audience with a captivating welcome dance, showcasing her talent and adding vibrancy to the event. Dr. C. Kanniammal, Dean of SRM College of Nursing, delivered a special address, highlighting the significance of the event and acknowledging the efforts of the organizing committee. Dr. K.V. Leela, Associate Dean of Undergraduate studies, Faculty of M&HS, SRM IST, delivered an inspiring address, motivating the audience and emphasizing the importance of nursing in healthcare. Ms. Ahili Mukherjee was honored for her courageous act of saving a life, receiving recognition from the attendees for her selfless act. A series of cultural events followed, including solo and group performances. Mr. Varun B, B.Sc N IV Year (SNA Recreational club), delivered a heartfelt vote of thanks, expressing gratitude to all participants and organizers the event a grand success. B.Sc (N) I,II,III & IV year students, DGNM I,II & III Year students, NPCC II year students attended the programme. The event concluded with the national anthem, symbolizing unity and patriotism among the attendees. The cultural concluded at 3.30pm, marking the end of a successful and memorable event.





SPORTS DAY

Annual Sports day events celebrated from 22.04.24 and 27.04.24 at SRM College of Nursing between 8.00am to 9.30am (outdoor games) and 02.00 pm to 4.00pm (Indoor games). Students were divided into four teams (Red House, Blue House, Yellow House, and Green House). The event comprised of indoor and outdoor games ranging from Cricket, Volley ball, Throw ball, Football, Kho-Kho, Caroms, Chess, Javelin throw, Discuss throw, Running100mtrs, Running400mtrs, Relay4x100mtrs, Shuttle cork and Kabadi. There are about 274 Students actively participated in the sports events and won prizes.





IMMUNIZATION WEEK CELEBRATION

Department of Pediatric Nursing, SRM College of Nursing organized immunization week celebration with the theme “HUMANLY POSSIBLE: IMMUNIZATION FOR ALL” on 29.04.2024 at SRM General Hospital, Pediatric OPD between 10.00 AM – 12.00 PM. Faculty members of the Department of Pediatric Nursing, 23 Students from B.Sc. (N) III Year, and 6 students from DGNM (N) II Year participated. The students displayed the charts on Importance of immunization, Advantages of vaccination, Cold chain, Pentavalent vaccine, Maternal education on child immunization, Parental guidance and Immunization schedules. In addition, a Video telecasted on Awareness on Importance of Immunization The program was well appreciated by the Doctors, Nurses and Parents. Parents of the children who attended the Paediatric OPD responded that the program was informative and excellent. All the students enthusiastically participated in the program.

