

### **“Should a clinical psychologist Role Confined to a room”**

The seminar was organised by the department of Clinical Psychology on 23<sup>rd</sup> September 2024 on the topic on “Should a Clinical psychologist Role Confined to a room” the resource person was Mrs. Thaarun Paranavithana, Clinical Psychologist and Director of The Helping Hand Psychological Hospital, Srilanka. She was also worked as a psychotherapist at Gampaha Government Base Hospital and Kiribathgoda Hospital. She is a qualified with BA (Psychology - Kelaniya), MA (Kelaniya), MSc (Coventry - UK), MSO (Colombo), PGDC (Colombo), Dip in Psychotherapy (SL Mental Health Foundation). 100 students and 6 faculties attended the program from the department of Clinical Psychology.

Her talk focused on the community level intervention for people with mental health Problems. She gave insightful information regarding working with prisoners and the common mental illness among them including their needs. She spoke about community outreach programs for the school children mental health issues and the elderly population. How to extend the psychological intervention beyond traditional models of limiting to a room and providing intervention. Moreover how to help people in prison, Children in Juvenile home and their special needs. She also addressed management of children with disability. She provided a wide perspective about the role of clinical psychologist beyond the room. She highlighted the importance of acquiring new skills and extending the work possibly to different parts of the world.

