



SRM INSTITUTE OF SCIENCE AND TECHNOLOGY

KATTANKULATHUR



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VOLUME 3

ISSUE 2

APR – JUNE 2025



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NEWSLETTER



NEWSLETTER OF SRM COLLEGE OF NURSING

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SRMCON BLOOMS

From The Editorial Desk

"Excellence is a continuous process not an accident" – A.P.J. Abdul Kalam

Greetings Readers,

"Let your bolstered pen stand at the risk of tomorrow, See the whispering wing calling out to the enigmatic bird. Let the grass sing, let the flowers bloom, Let the echo within you always be head."

I know, you're busy, in fact all are busy, How can we not be in a world that moves at a warp speed? But the point here is, wouldn't you love to stop, breathe in your surroundings and connect with all those beautiful memories you had in mind while you created your masterpiece!

NEWSLETTER BLOOMS - One Book - Several emotion thoughts and ideas" As you go through the pages of this Blooms, you will go down the memory lane cherishing those beautiful memories and for surely feel connected to the rest!

**Hope you enjoy the Newsletter.
Happy Reading!**



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COLLEGE PROGRAMMES

4 QUALITY EDUCATION



Educational Observation Visit

SRM College of Nursing facilitated an Educational observation visit for the students from other Nursing colleges to provide them with a real-time experience of the infrastructure and clinical facilities of the institution. Dr. Helen Shaji J.C, Dean, SRM CON delivered welcome address followed by an orientation sessions by Ms. Ushapriya M, Assistant Professor to the college infrastructure, lab facilities and visit to SRM MCH & RC.

Details of the college visited SRM CON:

Date	Name of the College	Number of students
29.04.2025	Annai Velakanni College of Nursing	55
24.06.2025	Sri Lakshmi Narayana College of Nursing	54
26.06.2025	College of Nursing, Chengalpattu Govt. Medical College	44



COLLEGE PROGRAMMES

4 QUALITY EDUCATION

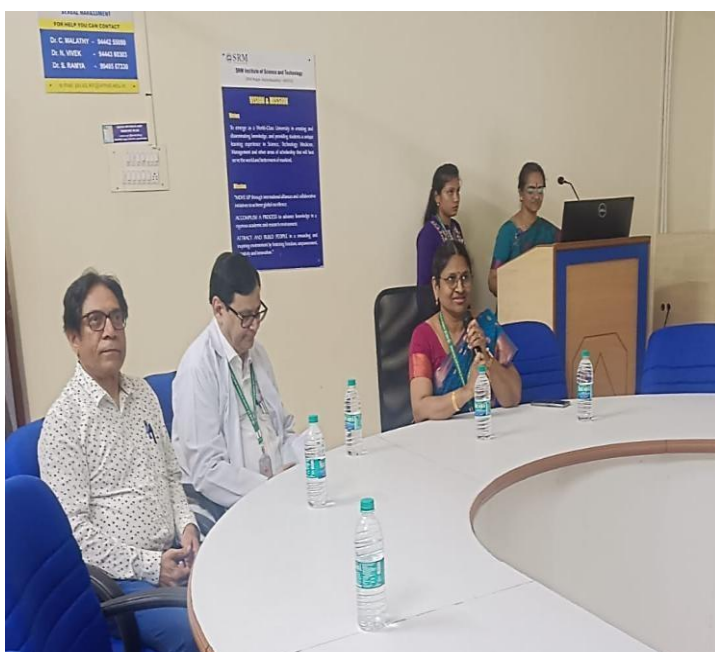


**Visit By Dr. Sunil Kumar Advisor ,
SRM Medical College Hospital And Research Centre**

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



On 12th May 2025, at 12:40 PM, Dr. Sunil Kumar, Former Director General of Health Services (DGHS) and newly appointed Advisor to SRM Medical College Hospital and Research Centre, visited SRM College of Nursing. He was accompanied by Dr. Nithin M. Nagarkar, Pro-Vice Chancellor (Medical & Health Sciences), SRM Institute of Science and Technology. The guests were welcomed by Dr. Helen Shaji J.C., Dean, SRM College of Nursing, who presented an overview of the institution's vision, mission, and objectives. She highlighted the key functions, achievements of the college, and its impact on advancing nursing education. Following the presentation, the dignitaries toured the Nursing Laboratories. Dr. Helen Shaji J.C. provided an orientation on lab facilities and the clinical competency training provided to nursing students.



COLLEGE PROGRAMMES

4 QUALITY EDUCATION



National Level TOT on Transgender Care

10 REDUCED INEQUALITIES



The National-Level Multidisciplinary Training of Trainers (TOT) on Transgender Care was conducted on 17th and 18th June 2025 at the Hospital Seminar Hall, SRM MCH & RC. The event was organized by SRM College of Nursing in collaboration with the Division of Medical Research, SRM Medical College Hospital, and the Central University of Tamil Nadu. The program was sponsored by the Indian Council of Social Science Research (ICSSR) under the able convenorship of Dr. P. Venkataraman, Associate Professor, Division of Medical Research. The program focused on enabling healthcare educators and professionals to adopt gender-inclusive, evidence-based practices in both teaching and clinical settings. The event witnessed 80 delegates representing various departments of SRM MCH & RC and other Nursing educational institutions. The inaugural session commenced with Dr. Helen Shaji JC, Dean, College of Nursing and Organizing Co-Chairperson, setting the stage by outlining the key objectives of the TOT followed by Dr. R. Venkatraman, Medical Superintendent, emphasized the urgency of building competencies in transgender care. Dr. Nitin M Nagarkar, Hon. Pro-Vice Chancellor, in his presidential address, commended the timely focus on transgender health. Dr. Lt Col A. Ravikumar, Advisor, SRM MCH & RC, delivered the keynote address underlining the importance of dignified, specialized care for transgender individuals. Dr. Venkatesan Chakrapani, the Chief Guest, reinforced the vision of promoting gender equality and resilience within healthcare and society. Prof. Dr. Sangeetha Raja, Organizing Secretary delivered the vote of thanks.



COLLEGE PROGRAMMES

4 QUALITY EDUCATION



National Level TOT on Transgender Care

10 REDUCED INEQUALITIES



Key sessions covered on 17th June 2025 were:

- Dr. Venkatesan Chakrapani, Chairperson of the Centre for Sexuality & Health Research Policy, Chennai, delivered an insightful session covering the nuances of gender and sexual minorities
- Dr. Uma AN, Principal, Allied Health Sciences, Sri Balaji Vidyapeeth, who explained the classifications and terminologies related to Disorders of Sex Development (DSD).
- Dr. Usha Sriram, Consultant Endocrinologist from Chennai, provided deep insights into hormonal therapy, its medical significance.
- Dr. Dinesh KR, Associate Professor & HOD, Department of Plastic Surgery, Shri Sathya Sai Medical College & Research Institute, addressed the preoperative prerequisites for gender-affirming surgeries, stressing informed consent, legal documentation, and medical eligibility.



COLLEGE PROGRAMMES

4 QUALITY EDUCATION



National Level TOT on Transgender Care

10 REDUCED INEQUALITIES



Key sessions covered on 18th June 2025 were

- Dr. Swati Jayant Pawar, Deputy Medical Superintendent, Mahatma Gandhi Medical College & Research Institute, highlighting the concept of inclusiveness and the growing incidence of gender dysphoria.
- Dr. Saravanakumar, Professor, Mahatma Gandhi Medical College & Research Institute, elaborated on surgical interventions for transgender individuals.
- Dr. Avudaiappan, Professor, Dept. of Psychiatry, Mahatma Gandhi Medical College & Research Institute, virtually presented the psychiatrist's role in tackling self and institutional stigma. He motivated participants to explore robust assessment and mental health protocols.
- Dr. Aqsa Shaikh, Professor, Dept. of Community Medicine, Hamdard Institute of Medical Sciences and Research, New Delhi, addressed modern reproductive options for the LGBTI+ community.
- Dr. Helen Shaji JC returned with a compelling session on the evolution of transgender research
- Ms. Rakshika Raj, Trans Rights Activist & PRO at Pvt Hospitals and Dr. K. Sheethal, Healthcare Executive, Mahatma Gandhi Medical College & Research Institute, SBV, Puducherry, delivered a moving narrative about their life experiences



Dinakural
தினகரம்
24-06-2025
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In her closing remarks, Prof. Dr. M. Kalavalli, Organizing Co-Secretary, Department of Mental Health Nursing, shared participant feedback, noting that 76% rated the program as excellent and 17.9% as very good. The two-day TOT proved to be a transformative initiative, offering a truly multidisciplinary perspective and building capacity for inclusive, respectful, and rights-based transgender care.

COMMEMORATION OF HEALTH DAYS

3 GOOD HEALTH AND WELL-BEING



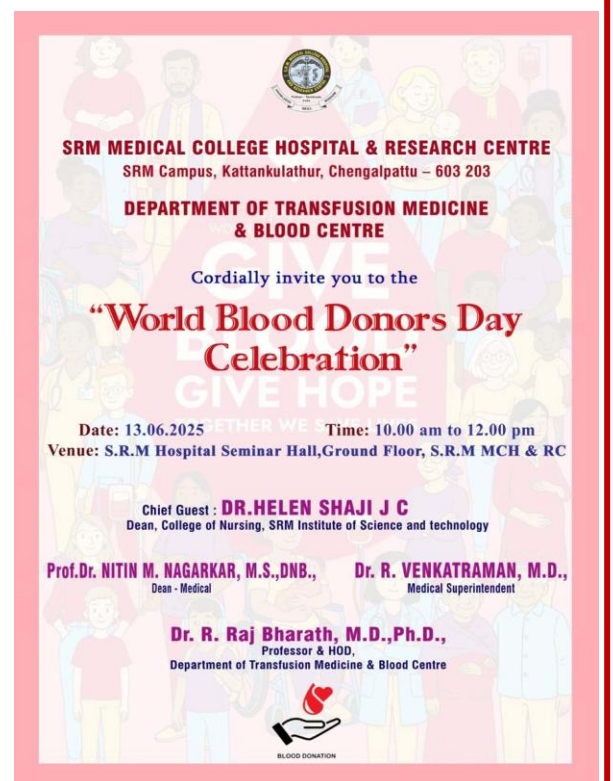
World Blood Donor Day- 2025

4

QUALITY EDUCATION



SRM College of Nursing, in collaboration with the Department of Transfusion Medicine and Blood Centre, SRM MCH & RC, observed World Blood Donor Day on 5th June 2025 on the Theme: "Give Blood, Give Life: Share the Gift of Hope." A "Talk for a Minute" competition was held for nursing students, with 90 participants (15 DGNM II-Year and 75 B.Sc. Nursing IV Semester students). The program began with a welcome address by Dr. Vijayalakshmi R, highlighting the significance of voluntary blood donation. 26 students took part in the competition, speaking on topics related to blood centre activities, donor awareness, and haematological disease management. Performances were judged by Dr. Kingsley and Dr. Anish based on fluency, coherence, content, vocabulary, pronunciation, and time management. Top three performers were awarded on 13th June 2025. During commemoration of World Blood Donors day, our Dean, Dr. Helen Saji J C, SRM CON was invited as the chief guest for the programme.



COMMEMORATION OF HEALTH DAYS

3 GOOD HEALTH AND WELL-BEING



World Environmental Day- 2025

4 QUALITY EDUCATION



13 CLIMATE ACTION



The NSS Unit of SRM College of Nursing, in collaboration with Unnat Bharat Abhiyan 2.0, successfully observed World Environment Day on 5th June 2025, aligning with this year's global theme: "End Plastic Pollution." The event witnessed enthusiastic participation from students, faculty, and NSS volunteers, all united in their mission to promote environmental sustainability and reduce plastic waste. A significant highlight of the event was the collective recitation of the "Single-Use Plastic-Free Campus Pledge," where participants committed themselves to eco-conscious practices, including:

- Refusing single-use plastic items such as straws, bags, cutlery, and packaging
- Carrying reusable bags, bottles, cups, and containers
- Avoiding plastic-wrapped produce and sachets
- Raising awareness among peers and family
- Responsibly sorting and recycling waste

Participating in SRMIST's recycling and sustainability initiatives choosing products that are reusable, refillable, or repairable

This pledge not only reaffirmed the participants' commitment to a greener planet but also echoed SRMIST's vision of building a plastic-free and environmentally conscious campus. The event served as a reminder of our collective responsibility to safeguard the environment for future generations.



COMMEMORATION OF HEALTH DAYS

3 GOOD HEALTH AND WELL-BEING



Dengue Awareness Programme

4 QUALITY EDUCATION



On 20th June 2025, The Department of Community Health Nursing, SRM College of Nursing, organized a Dengue Awareness Programme for the B.Sc. Nursing I Year students as part of its ongoing health education initiatives. The event was held under the esteemed guidance of Dr. Helen Shaji J C, Dean, SRM College of Nursing, with the primary objective of educating budding healthcare professionals about the prevention and control of Dengue fever. The programme commenced with a warm welcome address by the faculty members of the Department of Community Health Nursing. The session covered comprehensive information on Dengue, including its causative agent, signs and symptoms, mode of transmission, preventive strategies, and the critical role of community participation in vector control. To ensure active engagement and effective learning, the programme utilized interactive methods such as PowerPoint presentation and poster presentation emphasized on the importance of early identification, timely medical intervention, and maintaining hygienic surroundings to prevent mosquito breeding. The students participated actively and gained knowledge on combating vector-borne diseases like Dengue.



COMMEMORATION OF HEALTH DAYS

3 GOOD HEALTH AND WELL-BEING



Anti- Drug Day Programme

4 QUALITY EDUCATION



On 26th June 2025, the Anti-Drug Committee of SRMIST, in collaboration with SRM Engineering, SRM Medical & Health Sciences, and SRM Arts & Sciences, organized a program against drug abuse and illicit trafficking. The event took place from 2:30 pm to 4:00 pm at the SRMIST campus. Over 1,500 students and faculty members from SRMIST attended the program. IPS Arvindhan, the chief guest, delivered an inspiring address, emphasizing the importance of staying away from drug abuse. All participants, along with dignitaries, took an oath against drug abuse. SRM College of Nursing was well-represented, with over 200 B.Sc.(N) 2nd and 4th semester students and Anti-Drug Committee members participating in the program. Dr. Senthil Selvam, Convenor, delivered the vote of thanks, expressing gratitude to all involved in making the event a success.



COMMEMORATION OF HEALTH DAYS

Anti-ragging Awareness Programme

4 QUALITY EDUCATION



The Anti-Ragging Committee of SRM College of Nursing organized an Anti-Ragging awareness programme on 30th June 2025. The objective of the session was to promote a safe, respectful, and ragging-free academic environment among senior students. The event commenced with an introduction of the Anti-Ragging Committee for the academic year 2025–2026 by Mrs. Sheeba Jebakani, Associate Professor. This was followed by a powerful mime performance on “Role of Senior Students in Ragging-Free Campus” by B.Sc Nursing IV Semester students. Dr. Helen Shaji J.C, Dean, SRM College of Nursing, delivered a special address emphasizing the institution’s zero-tolerance stance on ragging. The keynote address was given by Dr. Rathinam A, Professor and Director (Alumni Affairs), SRMIST, who elaborated on the legal framework and UGC guidelines on anti-ragging. The session concluded with the Anti-Ragging Pledge led by Dr. Helen Shaji J.C. The session significantly raised awareness, strengthened student responsibility, and reinforced SRMCON’s commitment to creating a ragging-free campus.



OUTREACH ACTIVITIES

3 GOOD HEALTH AND WELL-BEING



“Breaking the Stigma” –

Mental Health Awareness Program

4 QUALITY EDUCATION



10 REDUCED INEQUALITIES



On 29th April 2025, the Department of Mental Health Nursing organized a comprehensive mental health awareness program titled “Breaking the Stigma” at the OPD of the Institute of Mental Health, Kilpauk, Chennai. The event, held between 10:00 AM and 12:00 PM. The aim of the programme was on educating and sensitizing the public particularly patients and caregivers about mental health issues and the importance of eliminating the stigma associated with them. Faculty members and B.Sc. Nursing VI Semester students from SRM College of Nursing actively participated in the initiative. They educated the patients and trainers through posters & presentations and enacted a powerful psychodrama that captured the emotional and social dimensions of mental health. The program reached and benefitted 45 patients and caregivers, who responded positively to the creative and informative content. Esteemed professionals from the Institute of Mental Health, including Mr. Elangovan (Head of Department) and Mr. Raj Kumar (Clinical Instructor), also took part in the event, interacting with the students and acknowledging the value of their efforts. The event concluded leaving a strong impression on all attendees and reinforcing the role of nursing education in community mental health advocacy.



STUDENT ENRICHMENT ACTIVITIES



World Health Day Celebration



On 9th April 2025, The Department of Community Medicine commemorated World Health Day at the Hospital Seminar Hall, SRM MCH & RC. M.Sc Nursing II Year students from SRM College of Nursing, Ms. Ramavathy, Ms. Keerthana, and Ms. Archana actively participated in the Rangoli Competition that aimed to integrate cultural creativity with public health awareness. Their thoughtful and visually striking artwork earned them the prestigious 2nd Prize, as it stood out for its exceptional artistic quality, innovation, and strong alignment with the health-related theme of the event. This accomplishment not only showcased their individual talents and collaborative spirit but also highlighted the vital role of nursing students in engaging the community through meaningful cultural expressions that promote health education and awareness. Their success serves as an inspiring example of how art can be a powerful medium for social impact and public health advocacy.



STUDENT ENRICHMENT ACTIVITIES

4 QUALITY EDUCATION

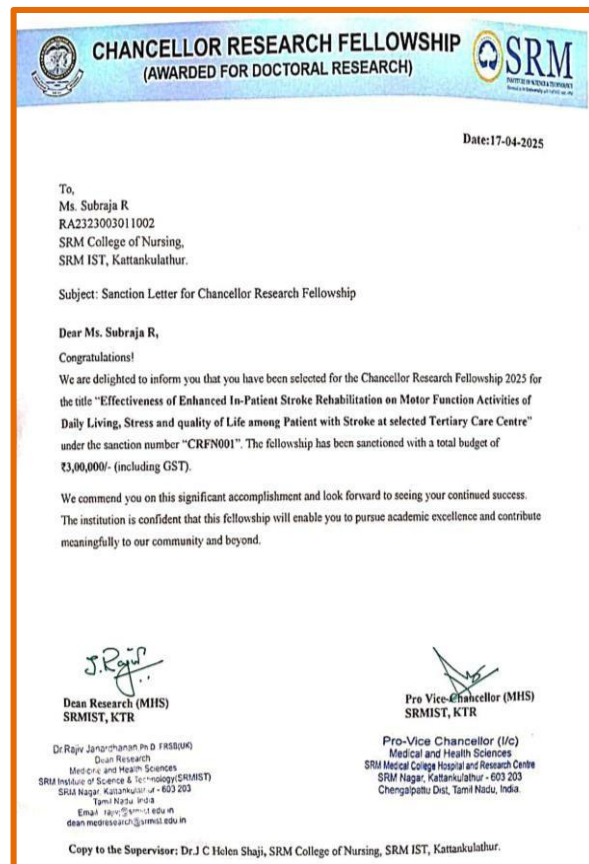


Chancellor Research Fellowship Award 2025

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



On 17th April 2025, at SRMIST, Kattankulathur (MHS Division), Ms. Subraja R., a dedicated Ph.D. Scholar from SRM College of Nursing, was honored with the prestigious Chancellor Research Fellowship 2025. Under the guidance of Dr. Helen Shaji J.C., Dean of SRM College of Nursing, Ms. Subraja has undertaken a significant research project titled "Effectiveness of Enhanced In-Patient Stroke Rehabilitation on Motor Function, ADL, Stress, and Quality of Life among Stroke Patients." This fellowship, sanctioned under Sanction No. CRFN001, comes with a grant of ₹3,00,000/- (including GST) to support her innovative work. The fellowship highlights SRMIST's commitment to advancing healthcare research through academic excellence and recognizes Ms. Subraja's potential to make meaningful contributions in the field of stroke rehabilitation. Her achievement is a testament to the importance of clinical research in improving patient care outcomes and enhancing the quality of life for stroke survivors.



STUDENT ENRICHMENT ACTIVITIES

3 GOOD HEALTH AND WELL-BEING

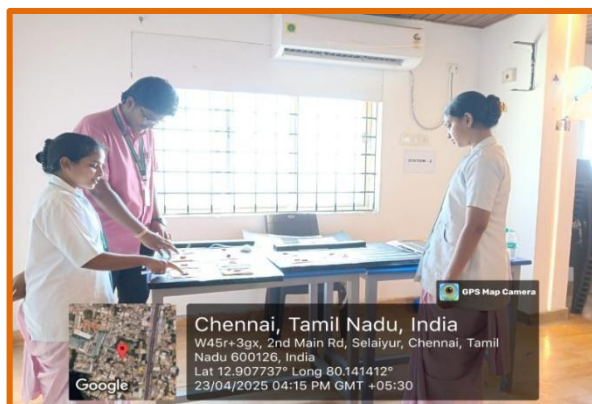
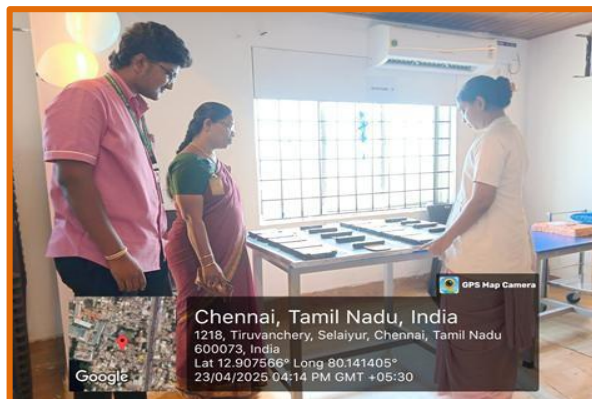


State-Level Workshop on "Advanced Wound Care Techniques"

4 QUALITY EDUCATION



Three first-year Post Basic B.Sc. Nursing students from SRM College of Nursing participated in the State-Level Workshop on Advanced Wound Care Techniques held on 23rd April 2025 at Bhaarith College of Nursing, Chennai. They were accompanied by Mrs. K. Suganthi, Assistant Professor, SRM College of Nursing. The workshop featured scientific sessions from 9:30 AM to 12:00 Noon, followed by hands-on training from 1:00 PM to 4:00 PM. The students actively engaged throughout the program and practical knowledge in advanced wound care management. The workshop significantly enhanced their knowledge and skills, empowering them with contemporary wound care techniques. All the participants were awarded with certificate.



STUDENT ENRICHMENT ACTIVITIES

3 GOOD HEALTH AND WELL-BEING



Paediatric Surgery Week- 2025

4 QUALITY EDUCATION



As part of the Paediatric Surgery Week observed between 02nd June 2025 to 9th June 2025 a special session was conducted on 9th June 2025 from 11:00 AM to 1:00 PM, attended by B.Sc. Nursing 6th Semester and Postgraduate Nursing students. The event included engaging discussions and activities that provided students related to paediatric surgical care. A highlight of the event was the Fireless Cooking Competition, where Miss Sherleen won the first prize, receiving a cash award of ₹2000 for her outstanding culinary creativity. Mrs. Priya V and Mrs. Selvi represented the faculty by attending the session. Feedback from the students reflected that the program was highly useful and thought-provoking, enriching their academic and clinical knowledge in paediatric care.



STUDENT ENRICHMENT ACTIVITIES

4 QUALITY EDUCATION



Tamil Nadu Health Skills Summit 2025

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



As part of the TN Health Skills Summit 2025, a Pre-Summit Workshop on “Nursing Care in Neuro Rehabilitation” was conducted on 14th June 2025 by the Department of Physical Medical Rehabilitation and SRM College of Nursing at SRM MCH&RC. The workshop featured expert sessions on spinal cord injury, stroke, traumatic brain injury, tracheostomy care, and nutritional management, along with hands-on demonstrations. This was followed by The Tamil Nadu Apex Skill Development Centre for Healthcare (TNASDCH), Government of Tamil Nadu, conducted the 3rd Tamil Nadu Health Skills Summit 2025 under the theme “Innovate, Train, Transform – Shaping the Future of Healthcare” at the Anna Centenary Library Auditorium, Chennai, on 20th June 2025 at 2:00 PM. Dr. Helen Shaji J.C., Dean, SRM College of Nursing, SRMIST, Mrs. K. Suganthi, Assistant Professor, and five meritorious students nominated to attend the World Skills Training in Shanghai, China, participated in the event. The selected students include B.Sc. Nursing first-year students Ms. Aleena A and Ms. Swetha R, and second-year students Ms. Prishilla Angelin J, Ms. Noyal Marylia Philip, and Ms. K. Rathimeena. The summit included a presentation by team EbekMed on recognition of healthcare skilling excellence, and a panel discussion on “Empowering the Nursing Workforce and Allied Health Professionals” was moderated by Dr. Ani Grace Kalaimathi, Registrar, Tamil Nadu Nurses & Midwives Council. Another insightful panel on “Allied and Occupational Health Workforce” was led by Mr. Adel, Managing Director, FLAB Healthcare. The programme concluded with a valedictory session and a vote of thanks.



STUDENT NURSES ASSOCIATION



International Yoga Day- 2025



The Student Nurses Association joyfully marked the 11th International Yoga Day on 20th June 2025, embracing this year's global theme, "Yoga for One Earth, One Health." The event promoted the importance of yoga in building a healthy self and a healthier planet. The celebration began with the respectful rendering of Tamil Thai Vazhthu, followed by a warm welcome address from Mrs. Ambiga K., Associate Professor. Dr. R. Vijayalakshmi, Vice Principal of SRM College of Nursing, delivered the Presidential Address, emphasizing how yoga fosters harmony between mind, body, and nature. A graceful yoga demonstration by Ms. Abirami, M.Sc. Nursing (1st year), showcased a variety of asanas, highlighting yoga's physical and mental benefits. An expert session "Yoga for One Earth, One Health" by Ms. Dhanalakshmi K., BNYS, Assistant Professor, Centre for Yoga, SRM IST, was both informative and inspiring. The event wrapped up with a heartfelt Vote of Thanks by Ms. Tulasi, B.Sc. Nursing. The celebration was a wonderful reminder of how yoga can help us live in balance - with ourselves and with the world around us.



International Nurses Day Celebration



On 12th May 2025, the Student Nurses Association of SRM College of Nursing organized a vibrant celebration to mark International Nurses Day at hospital seminar hall, SRM MCH & RC between 2-4 pm. The event brought together 180 undergraduate and postgraduate nursing students, along with faculty members, to honor the commitment and contributions of the nursing profession. The program commenced with a warm welcome and an inspiring address by Dr. Helen Shaji J.C., Dean, who unveiled the theme for the year and lauded the vital role nursing students play in the healthcare system. This was followed by a heartfelt felicitation by Dr. R. Vijayalakshmi, Vice Principal, who emphasized the compassionate care provided by nurses and their growing impact on global health. A major highlight of the celebration was the award ceremony, which recognized excellence within the nursing community. Academic achievers were honored for their scholastic distinction, while awards for Best Clinical Nurse and Best Outgoing Student acknowledged exceptional practical skills, leadership, and all-round performance. Dr. N. Bamini Devi was conferred the Best Researcher Award for her outstanding contributions to nursing research and innovation. The event served to uplift morale, instill pride, and foster a sense of unity and appreciation among all attendees, leaving a lasting impact on the nursing fraternity.



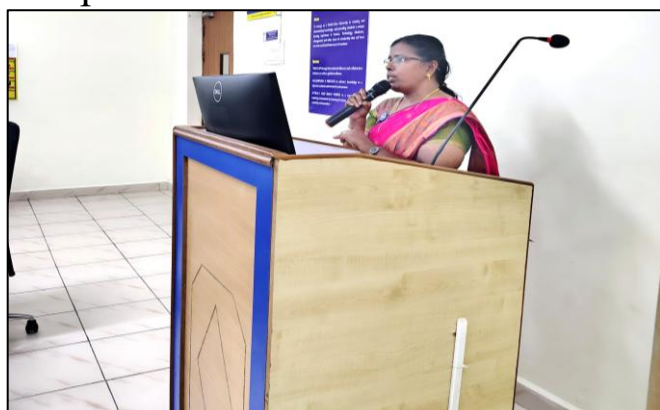
FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME



Faculty Development Programme



From 6th March 2025 to 15th April 2025, SRM College of Nursing conducted a focused faculty development series on the theme: “Enhancing Research Quality Through Standardized Reporting Guidelines” Faculty members engaged in insightful discussions and shared practical strategies. The initiative aims to strengthen faculty understanding of standardized reporting frameworks to ensure clarity, accuracy, and reproducibility in research. The following sessions were successfully conducted. Faculty members expressed that the programme was very informative and helpful in writing manuscript during publications. E- certificate was provided to all the participants.



DATE	TOPIC	FACULTY
06.03.2025	RCT – CONSORT	Mrs. K. Geetha
11.03.2025	Observational Study – STROBE	Mrs. J. Selva Mary Devakani
13.03.2025	Observational Study – STROBE (Cohort Studies)	Mrs. M. Angeline Dhanalakshmi
18.03.2025	Observational Study – STROBE (Case-Control Studies)	Mrs. V. Priya
20.03.2025	Observational Study – STROBE (Cross-Sectional Studies)	Mrs. S. Tamilselvi
25.03.2025	Systematic Review- PRISMA	Mrs. Priyadharshini. M
27.03.2025	Study Protocol PRISMA-P	Mrs. Ushapriya. M

FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

4 QUALITY EDUCATION



9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



Faculty Development Programme

DATE	TOPIC	FACULTY
01.04.2025	Study Protocol – SPIRIT	Mrs. K. Suganthi
03.04.2025	Case Report – CARE	Mrs. S. Selvi
08.04.2025	Clinical Practice Guideline – AGREE	Mrs. K. Ambiga
15.04.2025	Qualitative Research – SRQR	A. Sheebajebakani
	Qualitative Research – COREQ	Mrs. Deenajothy



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

Guest Speech By Dean, SRM College Of Nursing At Sri Venkateswara Dental College, Thalambur

4 QUALITY
EDUCATION



On 23rd April 2025, Sri Venkateswara Dental College, Thalambur, hosted a special event themed “Healthy Beginnings, Hopeful Futures”, aligned with the World Health Day 2025 theme. The event featured a keynote address by Dr. J. C. Helen Shaji, Dean of SRM College of Nursing, Kattankulathur, who served as the Chief Guest. Dr. Helen Shaji delivered an inspiring message emphasizing that a healthy beginning is not merely a concept, but a mindset rooted in discipline, compassion, and purpose. She encouraged the attending undergraduate and postgraduate students, along with faculty members from various health sciences departments, to embark on their professional journeys with integrity, dedication to service, and a commitment to excellence. With over 200 participants, the event served as a motivating and enlightening experience for future healthcare professionals, reinforcing the importance of holistic growth and ethical practice in building a hopeful and healthier future.



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

4 QUALITY EDUCATION



Understanding IPR: Safeguarding Creativity & Innovation

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



On 25th April 2025, the Department of Research, SRM College of Nursing, Kattankulathur, organized an enlightening workshop focused on Innovation, Intellectual Property Rights (IPR), Patent Filing, and Entrepreneurship in the field of nursing. The event began with a welcome address by Dr. Helen Shaji J.C., Dean, SRM College of Nursing, who emphasized the role of innovation and intellectual property in transforming healthcare. The workshop featured expert sessions by distinguished speakers including Dr. Senthil (Deputy Director, SBV Innovative ECO System, Pondicherry), Dr. Julie Christy (Associate Professor, Shri Sathya Sai Medical College and Research Institute, Chennai Campus), and Mr. R. Vijay (Tutor Cum Clinical Instructor, Kasturba Nursing College, Pondicherry). They provided practical insights into the patent application process, legal aspects of IPR, and strategies to transform innovative nursing ideas into viable ventures. A live demonstration of the patent filing process and a compelling account of a successful innovation-to-startup journey captivated participants and deepened their understanding of entrepreneurial pathways in healthcare. The workshop significantly enhanced awareness about IPR in nursing, motivating faculty and Ph.D. scholars to embrace a culture of innovation and research. The event successfully aligned with the vision of Aatmanirbhar Bharat, fostering a spirit of creativity, self-reliance, and forward-thinking in the nursing profession.



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

4 QUALITY EDUCATION



Workshop on Scoping Review

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



On 2nd May 2025, Ms. Selvi, Assistant Professor along with three Ph.D. scholars participated in the National Workshop on “**Scoping Review**” organized by Sri Ramachandran College Of Nursing, Sri Ramachandran Institute of Higher Education and Research, Porur. The workshop offered comprehensive insights into the methodology and application of scoping reviews. Dr. Yuvaraj Krishnamoorthy, MD, Head, Evidence synthesis Unit, PROPUL Evidence LLP, Chennai provided a foundational understanding of scoping reviews, explaining their structure, purpose, and how they differ from systematic reviews. He also elaborated on formulating research questions and developing structured review protocols, with emphasis on the importance of protocol registration to ensure transparency. Dr. Bhavani Shankara Bagepally, Scientist-E ICMR-National Institute of Epidemiology (NIE) Chennai, introduced strategies for identifying relevant studies, constructing effective search strings, and navigating multiple databases to ensure a comprehensive literature search and provided hands-on training in conducting literature searches using electronic databases, allowing participants to apply their learning in real-time. Finally Dr. N. Siva introduced Rayyan Associate Professor, College of Nursing Siksha O Anusandhan University Bhubaneswar, Odisha software, guiding attendees through its features with practical exercises on importing, organizing, and screening studies.



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

4 QUALITY EDUCATION



MMTTC- NEP Orientation Programme

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



From 6th to 14th May 2025 and 20th to 28th May 2025 , faculty members from SRM College of Nursing participated in the NEP Orientation and Sensitization Programme organized by Guru Nanak Dev University, Amritsar, under the UGC-Malaviya Mission Teacher Training Centre. The programme was conducted online in two daily sessions: 10:45 AM to 12:30 PM and 2:00 PM to 3:30 PM. The sessions were led by expert resource persons from various institutions and covered a wide range of topics including Research and Development, Holistic and Multidisciplinary Education, Skill Development, the Indian Knowledge System, Higher Education and Society, Student Diversity and Inclusive Education, Information and Communication Technology, and Academic Leadership, Governance, and Management. The programme concluded with an assessment on last day. It significantly enhanced faculty understanding of the National Education Policy (NEP) 2020, fostering greater awareness of its core principles and encouraging their integration into academic practices. Faculty were evaluated through a structured multiple-choice questionnaire at the end of the session. 36 faculty members from SRMCON completed the NEP orientation programme successfully and received the certificates.



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME

4 QUALITY EDUCATION



Capacity-Building Workshop “Empower, Educate, Ensure”

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



On 19th May 2025, the Internal Committee (IC) of SRM Institute of Science and Technology (SRM IST) conducted a Capacity-Building Workshop titled “Empower, Educate, Ensure” at Ramanujan Hall, Tech Park 1, SRM IST. Ms. Ambiga K and Dr. V. Valarmathi, Associate Professors from SRM College of Nursing, took part in this initiative aimed at enhancing institutional capabilities and fostering professional growth. The workshop was inaugurated by Prof. S. Ponnusamy, Ph.D., Registrar, SRM IST, who emphasized the role of continuous learning and empowerment in delivering high-quality education. With the Madras Chamber of Commerce and Industry (MCCI) as knowledge partner, the program offered in-depth understanding of the POSH Act, 2013, and UGC Regulations, 2015. Sessions included harassment identification, complaint management, inquiry report drafting, and leadership training for Presiding Officers, with a strong focus on maintaining fairness, confidentiality, and psychological sensitivity. Practical case studies and interactive discussions further enriched the experience.



FACULTY - PROFESSIONAL DEVELOPMENT PROGRAMME



National Conference on Nursing Research Odyssey: 2025



Five faculty along with four Ph.D. scholars and postgraduate nursing students participated in the 2nd National Conference on Nursing Research Odyssey: 2025 – Foundation, Ethics, Design and Beyond on 10th June 2025 at Shri Sathya Sai College of Nursing, Ammanpettai. The conference served as a dynamic platform for scholarly dialogue and knowledge exchange among nursing faculty, scholars and postgraduate students. Key topics explored during the sessions included the fundamentals of nursing research, topic identification and development, literature review strategies, research design, ethical considerations, and documentation practices. Additionally, participants delved into overcoming challenges in research, strategic implementation methods, and an introduction to the Intellectual Property Rights (IPR) roadmap for Ph.D. programs. A significant highlight of the event was the active participation of faculty members and Ph.D. scholars who presented their research papers, thereby enriching the academic discourse. The sessions emphasized the critical role of ethics in research, practical design methodologies, and the importance of innovation in shaping the future of nursing. Overall, the conference proved to be highly informative and impactful.



STUDENT CORNER

Jan- Mar 2025 (Answer key)

1. 90/60 to 120/80 mmHg
2. Assessment
3. As needed
4. Insulin
5. Green
6. Air borne
7. 12 to 20 breaths per minute
8. Nothing by Mouth
9. Median Cubital
10. Consciousness level

Nursing Knowledge - Fill in the Blanks

1. The normal range for an adult's blood pressure is _____/_____ mmHg.
2. _____ is the first step of the nursing process, where data is collected about the patient.
3. The abbreviation PRN stands for _____.
4. _____ is the primary hormone responsible for regulating blood sugar levels.
5. The universal color code for oxygen cylinders is _____.
6. _____ precautions are used to prevent the spread nosocomial infections.
7. The normal respiratory rate for an adult is _____ breaths per minute.
8. The abbreviation NPO means _____, which indicates a patient should not consume food or fluids.
9. The _____ vein is commonly used for IV cannulation in the forearm.
10. The Glasgow Coma Scale (GCS) is used to assess _____.

MS. CHRISTINA JECINTH, M.SC NURSING I YEAR

STUDENT CORNER

BENEFITS OF SMILING



- **Boosts Mood**
Smiling triggers the release of feel-good chemicals like dopamine, serotonin, and endorphins, improving your mood instantly.
- **Reduces Stress**
Even a forced smile can lower heart rate and reduce stress levels by relaxing the body.
- **Strengthens Immunity**
Positive emotions from smiling can enhance your immune system, helping you fight illness more effectively.
- **Increases Attractiveness**
A smile is a universal sign of friendliness and approachability—it makes you look more attractive and trustworthy.
- **Promotes Social Connection**
Smiling is contagious and encourages others to smile too, helping build better relationships and fostering a positive environment.
- **Improves Productivity**
Happier people tend to be more motivated and productive—smiling can create a ripple effect of positivity in the workplace.
- **Lowers Blood Pressure**
Smiling and laughing can temporarily reduce blood pressure, contributing to overall cardiovascular health.
- **Acts as Natural Pain Relief**
The endorphins released when you smile act as natural painkillers.
- **Makes You Look Younger**
Smiling exercises facial muscles and gives a youthful glow to your face.
- **Enhances Confidence**
A smile can make you feel more confident and approachable, especially in social or professional settings.

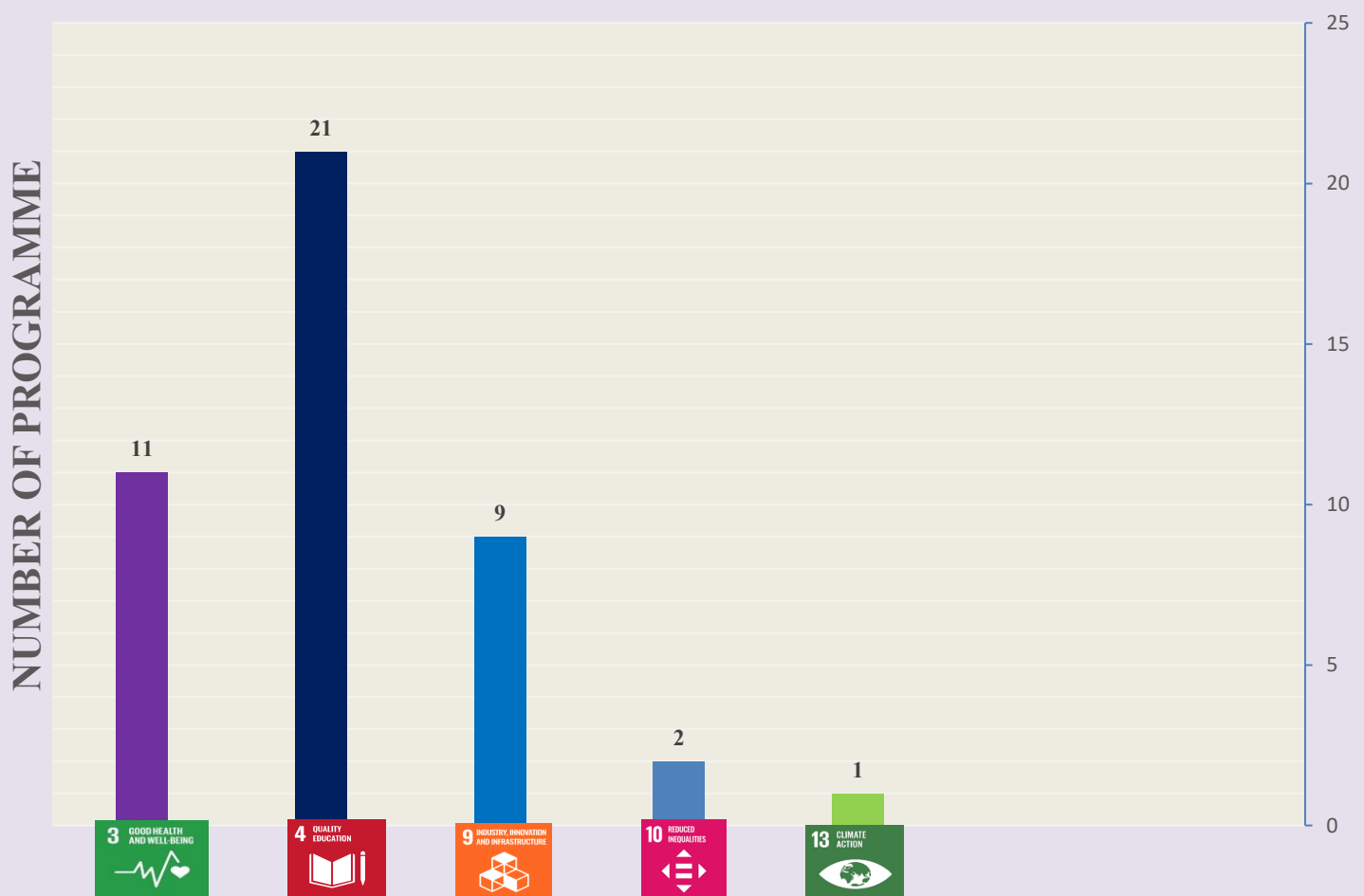


Ms. Tashi Lhamo B.Sc Nursing III year

ATTAINMENT OF SDG GOALS

NEWSLETTER APRIL- JUNE 2025

ATTAINMENT OF SUSTAINABLE DEVELOPMENT GOALS (SDGs)





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