

SDG 2 – Zero Hunger

Department: SRM Institute of Hotel Management

Convenor: **Ms. J. Lalitha Shri**

Co-Convenor: **Mr. M. Nithyanandhan**

Type of the Event: **Out Reach Mission Activity**

Place of the Out Reach: **IGM Children's Home, Guduvanchery.**

SDG 2: Zero Hunger aims to end hunger, achieve food security, improve nutrition, and promote sustainable agriculture by 2030. This global goal focuses on ensuring that everyone has access to sufficient, nutritious food, especially the most vulnerable populations, while supporting agricultural practices that contribute to long-term food security.

In alignment with SDG 2, the recent event at IGM Children's Home was organized to promote healthy eating and nutrition. Students and faculty members conducted live demonstrations of several nutritious and tasty recipes, including **Taramesso using Nabati**, a creamy and flavorful dip made with Nabati biscuits; **Tattai Canopies**, crispy, savory snacks; **Vegetable Rolls**, packed with a variety of fresh, healthy vegetables; and a **Yummy Tangy Burger**, a healthier twist on the classic, bursting with flavors and nutrients. These interactive cooking sessions not only taught the children and staff how to make delicious meals but also emphasized the importance of balanced diets.

After the demonstrations, all the children were served a wholesome lunch that included **soft fried rice**, delicately flavored to suit every palate; **Gobi Manchurian**, crispy cauliflower tossed in a tangy sauce; **Chapathi**, freshly made and soft; **Chana Masala**, a nutritious and protein-rich chickpea curry; alongside a **brownie** for dessert and **Appy juice** to drink. Everyone enjoyed the meal together, fostering a sense of community and reinforcing the significance of good nutrition, all in line with the vision of SDG 2.

The girls of the home are inbetween the age of 5-19





