



**SRM**  
INSTITUTE OF SCIENCE & TECHNOLOGY  
(Deemed to be University u/s 3 of UGC Act, 1956)

# SPORTS / REAP MAIL

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Volume 4 Number 2



*Dr. T.R. Paarivendhar, and Dharmapuram Adheenam's Guru Mahasannidhanam both jointly light the world Peace flame.*

## SRMIST & Dharmapuram Adheenam Host 6th All Universe Saiva Siddhanta Conference and world Peace Run

Tirukayilaya Paramparai Dharmapuram Adheenam and SRM Institute of Science and Technology (SRMIST) jointly organize the 6th All Universe Saiva Siddhanta Conference from 3rd to 5th May 2025. To spread joy, love, and happiness, this world peace run is organized from Chengalpattu, and our honourable Pro Vice Chancellor Dr. Nitin M Nagarkar & Tamil Perayam President Dr. Karunagarasan inaugurated the World Peace Run.

100 athletes will carry the peace run torch and will reach the SRMIST Dr. T.P Ganesan Auditorium Hall. This peace torch will be handed over to our honourable Founder Chancellor, Dr. T.R.Paarivendhar, and Dharmapuram Adheenam's 27th Guru Mahasannidhanam both will jointly light the Peace flame. All are welcome to receive the blessings of Lord Shiva and to grace the 6th International Saiva Siddhanta Conference. The conference brought

together scholars, spiritual leaders, students, and devotees from across the globe, creating a vibrant platform for discourse on Tamil culture, and universal peace. Eminent speakers, including pontiffs from various Saivite mutts, addressed the gathering, sharing timeless insights on values, ethics, and the spiritual relevance of Saiva Siddhanta in modern life. The Peace Run spread the message of unity and spiritual strength that comes from collective well-being.

# From playing fields to public service-a champion's journey never ends. Congratulations on this well-deserved appointment

It is with great pride and admiration that we congratulate you on your appointment to a government position. This achievement is not just a reward for your excellence in sports but also a recognition of your unwavering dedication, discipline, and perseverance. You have represented the nation with honor on the field, and now you step into a new role where your values,

leadership, and commitment will continue to inspire and serve the country. Your journey from an athlete to a public servant is a testament to the power of hard work and national pride. May this new chapter bring you even more opportunities to make a meaningful impact. We salute your accomplishments and wish you continued success in this noble endeavor.



**SRMIST AT**  
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**IN PUBLIC SECTORS 2024-2025**




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**STUDYING AT SRM IS A LIFETIME EXPERIENCE**  
SRMIST, designs and inculcate sports in the younger generation mind, to excel in this world through sports which enhances life.

 <b>ABISHEK</b> Diving Western Railways	 <b>ARUL BALA</b> Badminton ACS	 <b>ASWATH</b> Volleyball ICF	 <b>AATHITHAYAN</b> Ball Badminton Western Railways	 <b>BELGIN</b> Football Kerala EB	 <b>BLESSY</b> Volleyball Western Railways	 <b>BOTHINI</b> Volleyball SBI	 <b>DUSHYANT</b> Volleyball SBI	 <b>AKSHAYA</b> Volleyball Southern Railways	 <b>SRIRAM</b> Ball Badminton Western Railways	 <b>GLADLYN FLORA</b> Table Tennis ACS	 <b>JEEVAKUMAR</b> Hockey Tamil Nadu Government	 <b>ARULARASI</b> Taekwondo Tamil Nadu Government
 <b>HARSHARAN</b> Hockey Tamil Nadu Government	 <b>HARINI</b> Basketball ICF	 <b>HARISH KUMAR</b> Ball Badminton Southern Railways	 <b>HARITHIRA</b> Basketball Tamil Nadu Government	 <b>JAYALAKSHMI</b> Sailing Tamil Nadu Government	 <b>GOPIKA</b> Volleyball Southern Railways	 <b>SACHIN</b> Basketball Eastern Railways	 <b>SANTHOSH</b> Ball Badminton ICF	 <b>KARTHIK RAJ</b> Ball Badminton South West Railways	 <b>MAMAKYA</b> Badminton South Central Railways	 <b>MALVIKA</b> Badminton RBI	 <b>MANIKANDAN</b> Ball Badminton ICF	 <b>KEVIN KISHORE</b> Hockey ACS (Chennai)
 <b>NAREESH</b> Football ICF	 <b>NILA</b> Badminton ACS	 <b>RAGUL RATHOD</b> Volleyball Eastern Railways	 <b>NIRMAL RAJ</b> Ball Badminton Western Railways	 <b>NITIKA</b> Basketball ICF	 <b>OM VANSANT</b> Volleyball IOB	 <b>RAKSHA VINOD</b> Volleyball Bank of Maharashtra	 <b>SANJAY</b> Cricket ICF	 <b>SANJAY</b> Ball Badminton Western Railways	 <b>SANTHOSH</b> Volleyball Tamil Nadu Government	 <b>THEERTHA</b> Volleyball Southern Railways	 <b>SHARMITHA</b> Table Tennis Southern Railways	 <b>HAVEEN</b> Volleyball Income Tax (Mumbai)
 <b>AJEETH KUMAR</b> Hockey ACS (Hyderabad)	 <b>DINESH KUMAR</b> Hockey Southern Railways	 <b>VAITHI</b> Hockey ACS (Odisha)	 <b>KARTHIKEYAN</b> Table Tennis ACS (Bengaluru)	 <b>YASEEN</b> Hockey ACS (Ranchi)	 <b>SRUTHI</b> Basketball Southern Railways	 <b>VIMAL RAJ</b> Volleyball Southern Railways	 <b>RASMITHA</b> Badminton South Central Railways	 <b>PRAVIN KUMAR</b> Athletics Tamil Nadu Government	 <b>SHOBANA</b> Basketball Western Railways	 <b>VIDHYA</b> Basketball Tamil Nadu Government		



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50 SRMIST Sports quota players appointed in various public sectors.





*SRM IST Ball badminton Men's team secured the 1st Place for the fourth consecutive time in the All India Inter University Tournament Organized by Bangalore North University, Bangalore.*

## Strength does not come from winning. Your struggles develop your strengths

Achieving the 4th consecutive victory in Ball Badminton at the All-India Inter University Championship is a shining testament to the team's consistency, passion, and relentless pursuit of excellence. Year after year, the players have risen to the occasion, displaying sharp reflexes, strategic brilliance, and remarkable teamwork on the court. This historic streak reflects not only physical prowess but also mental toughness and a strong culture of discipline instilled by dedicated coaches and support staff. It's a rare feat that places the team among the elite in university sports, inspiring future players and setting a high standard for performance. Each win in this journey has been a story of perseverance, adaptability, and unity, making this 4th consecutive title a moment of immense pride and celebration for the entire university community.

Their relentless determination, teamwork, and passion for the game led them to this remarkable victory, highlighting their exceptional strength and commitment. A proud moment for SRM IST!

This game, known for its rapid pace and demand for quick reflexes, requires players to possess not only physical agility but also a deep tactical understanding. Behind every successful match lies hours of rigorous training—working on footwork, racquet control, and stamina. Each rally in ball badminton can be fiercely competitive, demanding swift movement, calculated smashes, and intelligent placement of the shuttle to outwit the opposition. The coordination between front-court and back-court players, the timing of each stroke, and the mental strength to stay composed during crucial moments all play a pivotal role in securing a win.

Moreover, winning in ball badminton is not just about defeating the opponent—it's about demonstrating discipline, respecting the spirit of the game, and constantly pushing one's own limits. Standing atop the podium, with the gold medal in hand, is a moment that encapsulates all the hard work, sacrifices, and determination that went into achieving excellence.



SRM IST, Directorate of sports has Signed MOU with FC Madras on february 2025.

## Coming together is a beginning; staying together is progress; working together is success

SRM IST, Directorate of sports had Signed MOU with FC Madras today in the Presence of Honourable Registrar. This MOU Between SRMIST and FC Madras will make the Football Players to reach Greater Heights to Represent India in the Future Olympic Games...

The signing of this Memorandum of Understanding marks the beginning of a powerful partnership built on trust, mutual respect, and a shared vision for the future. As Helen Keller once said, 'Alone we can do so little; together we can do so much.' This collaboration embodies the belief that 'none of us is as smart as all of us,' emphasizing the strength found in unity and teamwork. By coming together, we are not just combining resources but creating new opportunities to innovate and thrive. As we move forward, let this MOU serve as a bridge that unites our efforts and propels us toward achieving remarkable success—because, as Ryunosuke Satoro wisely stated, 'Individually, we are one drop. Together, we are an ocean.' Together, we are committed to turning our shared goals into reality.

## Victory isn't just about defeating your opponent, it's about defeating your own limits

Wushu demands a blend of technical precision, physical fitness, strategic thinking, and mental resilience. Whether competing in Taolu (forms) or Sanda (combat), mastering fundamental techniques is essential. In Taolu, athletes must execute movements with grace, speed, and explosive power while maintaining accuracy and balance to maximize scores. In Sanda, fighters must develop strong footwork, quick reflexes, and powerful strikes while effectively countering their opponents. Strength and conditioning play a crucial role, as agility, endurance, and flexibility are necessary to sustain high-intensity performances. Mental preparation is just as important—staying focused, confident, and adaptable during competition can provide a critical edge. Competitors should study their opponents, refine their strategies, and consistently work on minimizing errors

while maximizing scoring opportunities. Proper recovery, injury prevention, and disciplined practice routines are key to maintaining peak performance. Mr. Dharunraj's remarkable achievement reflects his dedication, hard work, and determination. This success not only highlights his athletic prowess but also sets an inspiring example for all to push beyond their boundaries.



SRM IST Wushu player Mr. V. Dharunraj -III-B-Com A&F, secured a bronze medal in the Single Weapon event at the All-India Inter-University Wushu Championship 2024-25.

## United Nation Sustainable Development Council - SDG Impact Award



Prof. R. Mohana Krishnan, Director Sports, honoured with Development Council SDG Impact Award-2025, held at the United Nations Conference Centre in Bangkok, on March 24th, 2025.

Prof. R. Mohana Krishnan, Director Sports, was honoured with the Sustainable Development Council SDG Impact Award for advancing sustainable development and pioneering efforts in peacebuilding through sports. This award was presented on March 24th, 2025, at the United Nations Conference Centre in Bangkok by Dr. Kamaleswaran Jayarajah from the Secretariat of the Southeast Asian Ministries of Education Organization. I dedicate this prestigious award to our honourable Founder Chancellor, Pro Chancellor (Administration), Pro Chancellor (Academics), Vice Chancellor, Registrar, all Faculty from SRMIST and all faculty members in the Directorate of Sports for guiding me in receiving this great honour.



## Unwavering passion and dedication are evident in every arrow you release. Heartfelt congratulations on your forthcoming Youth World Championship

In a momentous achievement, Mr. Thirumuru Ganesh Mani Ratnam a promising young archer from SRMIST, has been officially selected to represent India at the prestigious Youth World Championship. This selection is a testament to his exceptional skill, dedication, and consistent performance

in the sport of archery. The Youth World Championship is a global platform that brings together the finest young talent from across the world, and Mr. Thirumuru Ganesh Mani Ratnam's inclusion in the Indian contingent reflects the immense potential and promise he holds. As he

prepares to compete at the highest level, He aims to make the country proud by delivering a stellar performance and showcasing the spirit of sportsmanship and excellence. He will compete in the Asia Cup Stage-2 in Singapore from June 15 to 20, 2025, and in the Youth World Championship in



Winnipeg, Canada, from August 17 to 24, 2025. His selection is a testament to his hard work and dedication to the sport of archery.

## In archery the arrow always finds its target when the archer's focus is unwavering

Winning gold in archery and setting a new world record requires an unparalleled level of precision, consistency, and mental fortitude. Success begins with mastering technique—every shot must follow a flawless routine, from stance and grip to draw, aim, and release. A steady posture, smooth execution, and a controlled follow-through help maintain accuracy across all conditions. Physical fitness is equally important, as core strength, shoulder stability, and endurance ensure consistent performance over multiple rounds. Mental strength is a decisive factor; archers must remain focused under immense pressure, using visualization, controlled breathing, and mindfulness techniques to stay composed during high-stakes moments. Equipment also plays a crucial role—customized bows, precisely calibrated

sights, and well-matched arrows enhance shot accuracy. Fine-tuning gear regularly and adapting to environmental factors, such as wind and lighting, can provide a competitive edge. Strategic training involves competing under different conditions, studying world-class archers, and replicating

world record scenarios in practice. To break a world record, an archer must consistently score at the highest levels, push their limits, and perform flawlessly when it matters most. With a combination of technical expertise, rigorous training, psychological resilience, and strategic execution, an

archer can not only win gold but also etch their name in history by setting a new world record. He was a member of the Indian Compound Team, which won the gold medal. The Indian team set a new world record in the 50-meter round, surpassing the old record of 2111 with a new record of 2129.



*SRMIST Archer, Mr. T. Ganesh Mani Rathanam I-BCA, who won a gold medal at the Asia Cup World Ranking Tournament, Stage 1, held in Bangkok, Thailand, on February, 2025. The Indian team set a new world record in the 50-meter round, surpassing the old record of 2111 with a new record of 2129.*

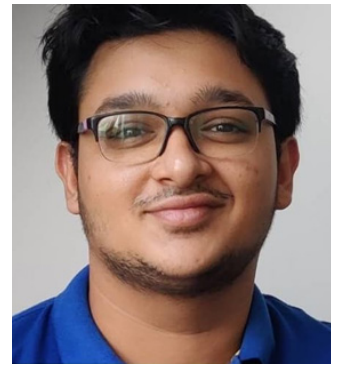
## SRM Proudly Welcomes LR Srihari, India's 86th and SRM's 17th Grandmaster

India's 86th Grandmaster is a remarkable achievement that reflects exceptional preparation, mental strength, and tactical brilliance. Such a victory demonstrates not only a deep understanding of chess principles but also the ability to stay composed under intense pressure. It likely involved outmaneuvering the Grandmaster in critical moments—whether through an innovative opening choice, a strategic middlegame plan, or pre-

cise endgame technique. Defeating a Grandmaster of this stature means the player successfully identified and exploited subtle weaknesses, maintained consistent focus, and capitalized on every opportunity with accuracy and confidence. This win is a testament to the player's hard work, resilience, and rising potential in the competitive chess arena.

Thrilled to announce that LR Srihari, a proud

member of the SRMIST Chess Men's Team and a student of III-B. Com, has become India's 86th Grandmaster and SRM's 17th. This achievement is a tremendous source of pride and inspiration for the SRM community. We heartily congratulate GM Srihari on this remarkable milestone. Notably, Srihari had already secured 2 GM norms and surpassed the 2500 rating benchmark. Recently, at the ongoing Asian Individual Men's



*LR Srihari SRMIST Chess Men's Team and a student of III-B. Com, has become India's 86th Grandmaster and SRM's 17th.*

Chess Championship in Al-Ain, UAE, he scored his 3rd and final GM norm, confirming his Grandmaster title.

## Countdown to International Yoga Day

The Directorate of Sports and Department of Yoga, in collaboration with the Morarji Desai National Institute of Yoga, organized a yoga Practical session from 7am to 7.45 am to celebrate the countdown of International Yoga Day 2025 - 60 days to go. The practical session was streamlined live, and 530 students participated and benefited through the rays of sunshine and the goodness of yoga. The yoga seminar was inaugurated by our honourable registrar, Dr. S. Ponnusamy, and

eminent speakers in yoga, Dr. Prof. Elangovan, Dr. Valli, and Dr. Samudra, enlightened the students on the importance and values of yoga for them to excel in their lives and careers. This seminar created a great awareness for the younger generation to make their minds and nerves stronger to lead their lives in a healthy way. This practical session and seminar reached greater heights under the eminent leadership of Dr. R. Mohanakrishnan, Director of Sports.



*The Directorate of Sports and Department of Yoga, in collaboration with the Morarji Desai National Institute of Yoga, organized a yoga Practical session.*



## Champions are not born; they are forged in the fire of discipline and determination

A team win in badminton is a remarkable achievement that showcases the essence of teamwork, resilience, and shared passion for the game. It's not just about winning points but about the synergy created when players trust each other's instincts, cover each other's weaknesses, and amplify each other's strengths. Every perfectly timed smash, strategic net play, and synchronized movement across the court reflects countless hours of practice and a deep understanding between teammates. Communication becomes the backbone of success, as players exchange quick glances, signals, and words of encouragement to maintain focus and adapt to changing game dynamics.



*SRM IST Badminton players showcased exceptional talent and determination at the Uganda International Challenge Badminton 2025.*

Beyond the physical and tactical aspects, a team win embodies the mental grit to overcome setbacks and the collective spirit to fight for every rally. The victory is sweeter because it's shared—each player's contribution is a vital piece of the puzzle that leads to lifting the trophy together. Such win's forge bonds that go beyond the court, turning teammates into a family united by a common goal and unforgettable moments of glory. The

team players consist of Ms. N. Srinidhi, a I-B.Sc. Psychology student, clinched the Gold Medal in Mixed Doubles, while Ms. S. Kavipriya, an I-MBA student, earned the Bronze Medal in both Women's Singles and Women's Doubles. Mr. Kavim Thangam, also an I-MBA student, secured the Bronze Medal in both Men's Singles and Men's Doubles. Their hard work and dedication truly embody the spirit of the quote.

## The only way to truly fly is on the back of a horse

Winning 1 Silver and 2 Bronze medals at the Gold Class Grand Prix 135cms over three rounds is a significant testament to a rider's high-level performance, determination, and synergy with their horse. At this elite level of competition, where jumps reach a challenging height of 135 centimetres, riders face tight turns, complex combinations, and intense competition from top-tier athletes. Securing a Silver medal means the rider was able to execute a nearly flawless round, demonstrating speed, control, and precise

judgment. The two bronze medals further emphasize the rider's consistency and mental fortitude across all three rounds, managing both the physical demands on the horse and the psychological pressure of elite competition. These podium finishes reflect a deep understanding of course strategy, the ability to adapt quickly to changing conditions, and excellent horsemanship. Collectively, these medals mark a proud moment in any equestrian's career and position the rider as a strong contender in



*Mr. E. Surya Aadiya, II-B.Tech. CSE student at SRMIST, has achieved a remarkable feat by Winning Double Gold medals in the Auroville Horse Show 2025.*

future international events. This impressive achievement showcases his exceptional riding skills and dedication.

## Cycling is the closest thing to flying

Winning in the All-India Inter-University Cycling Women's Tournament requires a combination of rigorous training, strategic planning, and strong team coordination. Athletes must focus on building endurance, speed, and technical cycling skills through a structured training regime that includes interval workouts, long-distance rides, and strength conditioning. Understanding race dynamics—such as drafting, positioning, and timing of sprints—is essential for gaining a competitive edge. Nutrition, recovery, and mental toughness also play a vital role in peak performance. Moreover, analyzing competitors and tailoring race strategies accordingly can give riders an advantage. Success in this prestigious tournament demands not only physical excellence but also tactical intelligence, team synergy, and unwavering determination. Building a culture of discipline, mutual encouragement, and competitiveness within the university cycling team can motivate riders to push beyond their limits. Regular feedback sessions, video analysis of training and races, and goal reviews help athletes improve continually. Ultimately, consistent hard work, tactical intelligence, team unity, and a hunger for excellence are the foundation for winning this prestigious national-level tournament. She excelled in the 40-kilometer Individual Event, showcasing exceptional skill and determination. We congratulate her on this outstanding achievement.



*SRM IST cyclist Ms. Dhanyadha of I-BBA won a gold medal in the All-Inter University Cycling Women's Tournament at Maharaja Ganga Singh University, Bikaner on 10th April 2025.*

## Champions practice until they can't get it wrong

Consistency and structured practice are crucial for winning the tournament. This includes not only honing individual skills but also simulating match conditions during training to build confidence and familiarity with pressure scenarios. Working with a qualified coach allows for continuous feedback and correction of mistakes, while also helping in devising tactical plans tailored to different stages of the tournament. Developing a strong serve and return game can set the tone early in rallies, giving the player control from the outset. Mental preparation plays a major role at the elite level. Visualization techniques, mindfulness, and match simulation help players handle nerves and stay composed during crucial moments, such as game points or deciding sets. A strong support system—including coaches, physiotherapists, and sports psychologists—ensures that the athlete remains in peak condition both physically and emotionally. Additionally, managing tournament schedules wisely and conserving energy in earlier rounds can prove advantageous in the finals.



*SRM IST Badminton Player Ms. Aalisha Naik exemplifies this spirit, winning the GOLD MEDAL in the Kawasaki Slovak Open International Badminton Series 2025. Held in Bratislava, Slovakia, from May 7th to 10th 2025.*

Recovery strategies such as stretching, massage, ice baths, and adequate hydration and sleep are also important to maintain peak performance throughout a multi-day tournament. Finally, a champion mindset—believing in oneself, staying humble, and remaining hungry for victory—often separates gold medallists from the rest. With a well-rounded approach encompassing preparation, strategy, resilience, and passion, a badminton player can rise above the competition and claim the prestigious gold medal.



# The difference between winning and losing is not just skill, but the will to win

In volleyball solid game strategy is crucial. Teams must analyse their opponents' strengths and weaknesses, adjusting formations and tactics accordingly. A strong offensive strategy includes quick attacks, unpredictable plays, and well-placed spikes, while an effective defence relies on disciplined blocking and agile floor coverage. Rotations and substitutions should be strategically managed to optimize energy levels and maintain a high level of performance throughout the match.

Physical fitness is another key factor, as endurance, agility, and strength contribute to sustained performance throughout long, intense matches. Mental toughness is equally important—handling pressure, staying focused, and maintaining a positive



*SRM IST Volleyball Men's team clinching the Gold Medal at the 20th Annual Kamarajar Memorial State Level Inter-Collegiate Volleyball Men's Tournament, held on February, 2025.*

mindset can turn tight games in your Favor. Communication and chemistry among teammates enhance coordination and efficiency, making every play more effective. Coaches play a significant role in refining strategies and boosting players' confidence. Drills that simulate match scenarios help in developing quick reflexes and adaptability. Additionally,

analysing past games, both of one's own team and rivals, provides valuable insights for improvement. Their relentless determination, teamwork, and passion for the game led them to this remarkable victory, highlighting their exceptional strength and commitment. A proud moment for SRM IST!

## Victory begins the moment you decide not to stop

Cyclists must master from perfecting technique to mastering speed and stamina, every element comes together in the golden moment of triumph. The feeling of crossing the finish line ahead of all competitors, with the national flag held high, is indescribable—a blend of pride, relief, and overwhelming joy. It's not just a victory in sport, but a symbol of personal excellence and national achievement. Her remarkable achievement is a testament to her dedication and the spirit of excellence nurtured at SRM IST.

*SRM IST Cyclist Ms. Dhanyadha, a student of I-BBA won Gold Medal in the Tamil Nadu Cycle League held on 7th June 2025.*





*5th Nova World Records Created by the Directorate of Sports, SRMIST.*

## SRM IST Sets the 5th Nova World Record in Ball Badminton for Anti-Drug Awareness Campaign-2025

The Directorate of Sports created a unique Nova World Record in Ball Badminton (High Service). We are proud to say this is the 5th Nova World Record for the Directorate of Sports, SRMIST. SRMIST Registrar Dr. S. Ponnusamy inaugurated the Nova World Record on the morning of the 27th at 8 am. Dr. B. Babu Manoharan, Chairman of St. Joseph Engineering College, initiated the first service; it went on till the 28th morning at 9

am. 282 ball badminton players (M&W) served the high service, which reached 20 meters high for 25 hours continuously to raise awareness about anti-drug initiatives. Ball badminton players from all over India took part in this Nova World Record, and Honourable Vice Chancellor Prof. C. Muthamizhchelvan and Director of Sports Prof. R. Mohanakrishnan received the Nova World Record Honours from Mr. Rajkumar, CEO of Nova World Record.

Nova World Records Created by the Directorate of Sports, SRMIST

1. Longest Yoga Marathon (84 Students Performed Yoga Continuously for 24 Hours to raise awareness against drug abuse)
2. Pledge Against Drugs (5,084 Students took a pledge and participated in a Signature Campaign against drugs)
3. 10th International Yoga Day Celebration (520 students performed the

Common Yoga Protocol and set a record for the maximum Surya Namaskars, promoting yoga awareness)

4. 24-Hour Basketball Free Throws Challenge (85 Students performed continuous basketball free throws for 24 hours)
5. Ball Badminton Marathon – The Ultimate Challenge (282 students will serve 20-feet-high Service continuously for 25 hours to promote anti-drug awareness)

*Ball Badminton is a traditional Indian racket sport that combines speed, skill, and strategy. Played with a woollen shuttlecock and lightweight rackets, the game takes place on a rectangular court divided by a net, similar in layout to a volleyball court. Known for its fast-paced rallies and quick reflex movements, ball badminton requires agility, endurance, and excellent hand-eye coordination. Originated in southern India, Tamil Nadu, making it a thrilling sport in India's athletic landscape.*



## Success in fencing comes not from avoiding failure, but from learning to rise stronger after each setback

Success on the piste isn't just about executing fast thrusts or intricate parries; it's also about reading an opponent's intentions and adapting swiftly to the changing flow of the bout. Fencers train rigorously to perfect their footwork, timing, and spatial awareness, ensuring that every move is both efficient and purposeful. Beyond physical prowess, the psychological element plays a crucial role—maintaining focus under pressure, managing nerves, and leveraging even the smallest mistakes can shift the momentum in one's Favor. Ultimately, winning in fencing is about harmonizing technical skill with a tactical mindset, allowing a fencer to seize opportunities and turn the tide in the most competitive moments. Mental resilience and focus help maintain composure under pressure. Regular training, studying match tactics, and maintaining

peak physical fitness further contribute to success in fencing. As we celebrate this success, we remember that true victory in

fencing, and in life, comes not from avoiding failure, but from learning to rise stronger after each setback



*SRM IST Fencing (M) players won 3 Gold, 3 Silver, and 2 Bronze medals at the Fencing Inter-Club Competition held in Bangalore on February 2025.*

## Victory is not just a word; it's a feeling. And we're feeling it!

The 38th National Games have not only showcased India's sporting excellence but also celebrated Uttarakhand's rich traditions and economic heritage. Our SRM-IST players contributed significantly, with 11 participants bringing home 2 Gold Medals, 7 Silver Medals, and 4 Bronze Medals. The games were held at the Rajiv Gandhi International Cricket Stadium in Dehradun, Uttarakhand, from January 28th to February 14th, 2025.

### 38TH NATIONAL GAMES-2025 MEDAL WINNERS SRM IST PLAYERS

**SRM SHINING STARS @ 38<sup>th</sup> NATIONAL GAMES, UTTARAKHAND**

 <b>GOKUL PANDIYAN</b> II B.Sc. Physical Education TAMIL NADU - GOLD MEDAL (4x400MIS RELAY)	 <b>NITIKA A</b> II B.Tech. TAMIL NADU - GOLD MEDAL (BASKETBALL)	 <b>G. GOPIKA</b> III B.Sc. Physical Education TAMIL NADU - SILVER MEDAL (VOLLEYBALL)	 <b>KAVYA SHREE</b> III BSA TAMIL NADU - SILVER MEDAL (TABLE TENNIS)	 <b>PAULIN PRISHA</b> III B.Tech. TAMIL NADU - SILVER MEDAL (VOLLEYBALL)	 <b>VISHVAK</b> II MBA TAMIL NADU - SILVER MEDAL (BASKETBALL)
 <b>NITHIK NATWELLA</b> II Tech. TAMIL NADU - SILVER MEDAL (SHOOTING - 200MIS BACK STROKE) & SILVER MEDAL (SWIMMING - MEDLEY RELAY)	 <b>GANESH MANI RATHNAM</b> I BBA TAMIL NADU - SILVER MEDAL (ARCHERY - MIXED TEAM) & BRONZE MEDAL (INDIVIDUAL COMPOUND BOW)	 <b>DEEPAK KUMAR</b> I B.Sc. BBA TAMIL NADU - BRONZE MEDAL (VOLLEYBALL)	 <b>JANI RAMESH</b> III B.Sc. Physical Education TAMIL NADU - BRONZE MEDAL (TENNIS)	 <b>MIRUDHULA</b> I MBA TAMIL NADU - BRONZE MEDAL (TENNIS)	

## The shuttle may be light, but it carries the weight of every decision, every dream

Securing a win in badminton is a proud moment that reflects the true spirit of dedication and hard work. Every smash, drop, and rally is executed with precision, and each point earned is a result of calculated effort and determination. Whether it's a hard-fought singles game or a coordinated doubles effort, a win in badminton showcases the athlete's discipline, perseverance, and passion for the sport. Her dedication, perseverance, and skill have brought honour to SRMIST.



*U. Reshika of I-B.Sc(Psychology), has won the Gold Medal in Women's Doubles at the All-India Junior Ranking Badminton Tournament held in Bangalore from 1st June 2025.*

## SRM 1st International FIDE Rating Open Chess Tournament 2025-Inaguration & Valedictory

The SRM 1st International FIDE Rating Open Chess Tournament 2025 was organized by Golden Knights Chess Academy and Master Mind Chess Academy in association with SRM Institute of Science and Technology. The venue was Major Dhyan Chand Indoor Stadium, SRM IST, from 15th to 18th May 2025, and the tournament was inaugurated by Dr. K. Gunasekaran, Controller of Examinations, SRM IST, in the esteemed presence of Dr. R. Mohanakrishnan, Director – Sports, SRM IST., Dr. M. Senthil Kumar, Vice President, CGL DCA; Dr. Jayasingh Albert Chandrasekar, SRM IST; Dr. N.C. Jesus Rajkumar, SRM IST; Dr. M. Gokul, SRM IST; Mr. C. Nataraajan, Secretary, MMCA; and Mr. S. Ganesh Babu,

Secretary, GKCA.”

R Sailesh of Tamil Nadu won the SRM 1st International FIDE Rating Open Chess tournament 2025

Prizes were distributed by Dr. Bernardshaw Neppolian, Dean-Research, SRM IST, in the presence of Grandmaster Mr. Srihari

L R, GM Elect, and other dignitaries.

- Total Prize Money: ₹5,00,000
- Trophies Awarded: 80 trophies were distributed among various children's categories
- Participation: A total of 446 players from 8 states

took part, including 1 International Master and 226 FIDE-rated players

Chess was promoted at the grassroots level and a spirit of competitive excellence was fostered by the event, which featured outstanding players from all around the nation.



*SRMIST 1st International FIDE rating open Chess tournament 2025.*



# Every loss is an opportunity to learn and come back stronger. We will never give up and will continue striving for excellence

Table tennis is a journey that requires an unwavering commitment to mastering both the technical and psychological aspects of the game. At the core of this pursuit is a deep understanding of the fundamentals—perfecting grip, stance, and footwork to ensure agility and precision. Consistency in strokes is equally crucial, with forehand and backhand drives, loops, and blocks forming the backbone of a reliable game plan. Serving, often an underrated aspect, can become a powerful weapon if executed strategically. A diverse arsenal of serves, including topspin, backspin,

and sidespin, combined with subtle deception and precise placement, can keep opponents guessing and struggling to gain control of rallies. Mastering the art of returning serves is just as vital; it requires a sharp ability to read spin and speed, paired with techniques like short pushes and aggressive flips to neutralize opponents' advantages.

Advanced techniques elevate gameplay to the championship level. The third-ball attack, where a well-placed serve is followed by an aggressive shot, can quickly seize control of points. Counter-looping, a skill that demands impeccable timing and spin

control, is essential against offensive players. Equally important are flicks for short balls and a blend of active and passive blocking to handle fast-paced exchanges. Tactical intelligence plays a pivotal role in outsmarting opponents. This involves not only analysing their weaknesses—such as a less reliable backhand or slow footwork—but also exploiting these weaknesses through clever use of angles, variations in speed, and sudden shifts between topspin and flat shots. Changing the rhythm of play can disrupt opponents' timing and force errors, making adaptability a cornerstone of a winning strategy.



*SRM IST Table Tennis teams (Men & Women) triumphed with Gold Medals at the Seethraman & Lakshmiammal Memorial Trophy 2025.*

# SRM IST Player Earns Spot in Indian U-19 Volleyball Squad for World Championship

SRM IST volleyball player Mr. G. Vignesh (Physical Education) has been selected for the Indian Under-19 Boys' Volleyball Team. He proudly represented the country and secured a bronze medal at the 2025 FIVB Volleyball Boys' U19 CAVA Men's Volleyball Championship, held in Uzbekistan. Every player stepped up when it mattered most, executing precise serves, solid blocks, and thunderous spikes with confidence and courage. Our coaches inspired us, our supporters fuelled us, and our unity carried us.



*SRM IST volleyball player Mr. G. Vignesh, Won Bronze medal at the 2025 FIVB Volleyball CAVA Men's Volleyball Championship, held in Uzbekistan.*

## The more difficult the victory, the greater the happiness in winning

badminton is a testament to the power of cohesion, strategy, and shared purpose. While individual skills are crucial, it's the ability to integrate these skills seamlessly that defines a winning team. The essence of teamwork in badminton lies in trust and understanding among players—knowing when to cover for each other, anticipating movements, and complementing each other's strengths and weaknesses. As the saying goes, "Coming together is a beginning, staying together is progress, and working together is success." This highlights that true success is a product of perseverance and continuous improvement as a unit. Effective communication on the court, whether through subtle signals or strategic discussions during breaks, enables teams to adapt swiftly to opponents' tactics, turning challenges into opportunities.

Moreover, the spirit of a winning team is built on mutual encouragement and resilience. During

tough matches, a simple gesture of support or a motivating shout can reignite determination and shift momentum. The mindset that "We don't win together because we are a team; we become a team because we win together" emphasizes that every victory, no matter how small, strengthens the bond between players. Preparation off the court is

just as crucial; analysing opponents, practicing coordinated plays, and setting common goals ensure that every member is aligned with the game plan. The relentless pursuit of victory demands that each player brings not just their skills but also their heart to the game, pushing themselves and each other to exceed limits.



*SRM IST Badminton teams excelled, with the Men's team clinching gold medal and the Women's team securing a Silver Medal at the Seetharaman & Lakshmiammal Memorial Trophy 2025.*



## Every drop of sweat in training turned into a splash of victory today

Swimming is the result of an unyielding commitment to excellence, forged through early mornings, gruelling workouts, and a mindset that refuses to quit. Each stroke in the pool represents countless hours of training, early mornings, and unwavering focus. Emerging victorious is not just about reaching the wall first—it's about overcoming self-doubt, pushing past physical limits, and trusting the process. The triumph reflects a swimmer's relentless pursuit of excellence. Standing on the podium, wrapped in pride and a dripping swimsuit, is a moment that lives forever—a powerful reminder that hard work, heart, and belief can transform water into a path to greatness.



SRM IST swimmer Ms. Moana Sri I-B. Arch won silver medal in the under 18, 5km swim held at Blue Flag Beach, Kovalam, Chennai, on 15th June 2025.

## The ball may be small, but the impact is huge. Make every shot count

The essence of a team win lies in the ability to adapt swiftly between singles and doubles matches, making strategic lineup decisions to counter the opponents' style of play. Effective communication, mutual encouragement, and the ability to shake off setbacks are crucial as teammates rally behind each other, boosting morale and confidence with every point won. Each successful spin, smash, and counter-attack reflects not only personal skill but also a shared understanding of

the team's game plan. In the end, a team victory in table tennis is a celebration of unity, where the joy of winning is magnified by the shared journey of hard work, trust, and the determination to emerge victorious together. The intensity of table tennis demands quick reflexes and sharper instincts, but a team victory goes beyond that—it's about supporting each other through tough rallies, learning from every set, and adjusting strategies on the fly.

When a teammate falters, others step up, bringing fresh energy and a fighting spirit that lifts the whole squad. Celebrating a team win is about honouring the unity and determination that transformed individual skills into a cohesive force capable of outplaying the competition. It's a powerful reminder that, in table tennis, the strength of the team truly lies in the strength of each member—and when all pieces fall into place, victory is inevitable. The competition was fierce, but our team's resilience and skill shone through. The ball may be small, but the impact is huge. Every shot, every rally, and every victory counted towards this incredible achievement. Congratulations to our champions for their dedication and excellence!



# One team, one dream, one goal-victory

To consistently perform and ultimately win in an All-India Tournament, a team must prepare on multiple fronts—technical, tactical, physical, and psychological. Technically, each player should master fundamental skills such as accurate serving, quick footwork, powerful spiking, strategic setting, and synchronized blocking. Equally important is tactical awareness: understanding when to shift formations, how to break through different defensive setups, and how to adapt during a match based on the opponent's gameplay. Teams must conduct video analysis of past matches, both their own and those of competitors, to sharpen their game intelligence and identify patterns.

Nutrition and recovery

protocols, including rest, hydration, and injury prevention, also play a vital role in maintaining peak performance throughout the tournament.

Leadership—both from the coach and on-court captain—is central to managing momentum, making quick decisions, and inspiring confidence. Strategic substitutions, timeouts at critical moments, and rotation management also influence the game significantly.

Finally, success at the national level requires passion, discipline, and relentless hard work. Teams that combine talent with teamwork, preparation with adaptability, and determination with sportsmanship stand the best chance of becoming champions at the All-India Volleyball Tournament.



SRM IST Volleyball (Men) team achieved a remarkable milestone by winning the bronze medal at the All-India Invitational Volleyball Tournament held at Thamizhannai Volleyball Club, Peikkarumbankottai, from May 1st to 4th, 2025.



Our SRMIST chess player, Grand Master Pranesh of II- BSc CSE, triumphed at the prestigious 8th Cappelle la Grande International Rapid Open Chess Championship 2025, held in France, February 2025.

## Every move you make in chess is strategic and planned; foresight is key to triumph

Winning in chess at the Grandmaster level requires an exceptional combination of deep strategic insight, precise calculation, psychological resilience, and extensive preparation. Success begins with a well-developed opening repertoire tailored to personal strengths, ensuring familiarity with theoretical lines and the ability to navigate early complexities confidently. Strong players prepare for opponents in advance, using databases and engines to identify weaknesses and deviations that can be exploited. Avoiding predictable play while maintaining flexibility is key to outmanoeuvring well-prepared opponents. Beyond board skills, physical and mental stamina are vital for peak performance in long tournaments.

Chess demands intense concentration, and maintaining focus over multiple rounds requires proper fitness, rest, and emotional control. Grandmasters also work on resilience, as bouncing back from losses and managing nerves in high-pressure situations is crucial in elite competitions. His exceptional strategic planning and foresight led him to victory, securing a well-deserved Prize of 1000 euros. Every move in chess is carefully calculated and strategically planned, with each decision paving the way for victory. Foresight is crucial, as anticipating your opponent's moves and envisioning future possibilities allows you to stay ahead. Success in chess, like in life, requires patience, precision, and thoughtful preparation.



# Champions are built on discipline, shaped in sweat, and crowned on the field

In a thrilling display of skill and teamwork, our soccer team clinched the championship title at the tournament. Dominating each stage with precision and coordination, the players executed their strategies flawlessly. The final match saw a remarkable performance that sealed the win, bringing pride and celebration to our institution and supporters alike. This championship is more than a win—it's a tribute to the collective effort, sportsmanship, and belief that defined our journey. They reached this great moment because of their unity, discipline, and resolve. We are proud of their efforts and commitment to ensuring SRMIST excels on the football pitch.



*SRMIST Men's Football Team secured Gold Medal at the State Level Football Tournament held at Arani, Tiruvannamalai, from 30th May to 01st June 2025*

# Never give up—each setback is an opportunity to grow and get better

In Volleyball game adjustments are crucial; analysing opponents' patterns and using timeouts wisely can shift momentum. Physical conditioning, with a focus on strength, agility, and endurance, prepares players for the intensity of matches. Equally important is mental conditioning through visualization, focus drills, and fostering team cohesion to stay composed under pressure. Preparing for matches with video analysis, detailed scouting reports, and high-pressure practice drills ensures the team is ready for any challenge. By combining these elements with a strategic approach to both offense and defence, a men's volleyball team can elevate its performance and achieve the ultimate goal of winning gold.

Mastering the basics, such as powerful and varied serves, accurate passing, and consistent setting, forms the foundation of a successful team. Advanced skills like dynamic attacking, strategic blocking, and agile defence must also be honed to outplay opponents. Implementing effective offensive systems, such as the 5-1 or 6-2 formations, and targeting

weaker links in the opponent's lineup can create scoring opportunities. Your hard work, dedication, and teamwork have paid off. This victory is a testament to your resilience and never-give-up attitude. Remember, every setback was an opportunity to grow and improve. Keep pushing forward and continue to strive for excellence!



*SRM IST Volleyball (M) team won the Gold Medal in the All-India Invitational Volleyball (M) Tournament organized by the Worora Sports Foundation in Worora, Maharashtra, February 2025.*

# Winning means you're willing to go longer, work harder, and give more than anyone else

Silver medal in an Individual Jumping show at the AAF Asian Cup requires a well-rounded approach that emphasizes precision, consistency, and a strong partnership between horse and rider. The foundation of success lies in selecting a horse with the ideal combination of scope, agility, and temperament suitable for high-level competition. Building a deep bond through consistent training is crucial, as trust and responsiveness play a key role in navigating technical courses under pressure. Riders must focus on mastering core jumping skills such as accurate approaches, smooth take-offs, and controlled landings, while also refining their ability to ride tight turns and efficient lines to save time without incurring faults.

Striking the right balance between caution and competitiveness is essential when targeting silver-aiming for clean, clear rounds rather than taking unnecessary risks for speed. Mental preparedness is equally important; riders should train under pressure to simulate competition stress and develop pre-ride routines to enhance focus. A structured training regimen that includes gymnastics, gridwork, and course simulations will improve precision and adaptability. Participation in preparatory competitions builds rhythm and exposes the rider to varied challenges, helping identify and correct performance gaps. Ultimately, the silver medal often goes to the rider who delivers consistent, fault-free rounds with controlled timing-prioritizing calm execution over aggressive risk-taking and



SRMIST Horse rider Mr. E. Surya Aadiya has made India Proud by Winning a Silver Medal in Individual Show Jumping at the AAF Asian Cup CSII(B) in Tehran, Iran.

trusting in the partnership built through months of disciplined preparation. Mr. E. Surya Aadiya representing our nation from 30th April to 02nd May 2025, Surya's dedication and perseverance paid off. Congratulations, Surya, on this remarkable achievement! Your success inspires us all. We look forward to your future triumphs!

## Fencing is not just about attacking. It's about knowing when to attack, when to defend, and how to outsmart your opponent

Maintaining focus, and executing a well-thought-out strategy can make the difference between victory and defeat. Consistent training, match experience, and strategic preparation are vital for achieving success and winning a medal in fencing. Mastering the fundamentals, such as precise footwork, a stronger grade position, and blade control, is essential for executing effective attacks and defences. Tactical awareness plays a crucial role, as reading an opponent's movements, using feints, and adapting strategies mid-bout can create decisive advantages. Fencing is a strategic sport that goes beyond just attacking. It's about knowing when to strike, when to defend, and how to outsmart your opponent. Success relies on timing, precision, and anticipating your opponent's next move.



SRM IST fencing players, Mr. Aravindha Velan-MBA and Mr. Aljin V S-B.Sc, Phy Edn]], won the Bronze Medals in the Khelo India Men's Ranking Tournament (Asmita Fencing League Phase-3) held in Ernakulam, Kerala, on March, 2025.





## Success is the sum of small efforts, repeated day in and day out

Snooker requires a combination of technical mastery, mental resilience, and strategic gameplay. One of the most critical aspects is cue ball control, ensuring precise positional play to set up the next shot efficiently. Break building is equally important, as consistently scoring high breaks, including century breaks, gives a significant edge over opponents. Potting accuracy, especially in long pots and tricky angles, is essential for maintaining control during a match. Mastery of spin and cue action, including top, back, and side spin, allows for better cue ball manipulation, improving positioning for the next shot. Beyond technical skills, mental composure plays a vital role, as staying calm under pressure and maintaining focus throughout long matches can make a significant difference. Additionally, a strong tactical approach, including an effective safety game, forces opponents into mistakes and creates better scoring opportunities. Mastering cue ball control is fundamental, as precise positional play allows for seamless transitions between shots, reducing reliance on difficult pots. Break building is another crucial skill, with high-scoring breaks such as 50+ or century breaks providing a major competitive advantage. Potting accuracy, particularly for long-distance shots and shots under pressure, ensures consistent scoring. Understanding spin and cue action—whether it's topspin, backspin, or side spin—enhances cue ball movement, allowing players to navigate complex table layouts effortlessly.

## Every touch is a test, every raid a battle and we never back down

The spirit of a champion it's about stepping onto the mat with confidence, knowing that every raid and every tackle is a battle of wits and willpower. Champions are not those who never fall — they are the ones who rise after every fall, stronger and smarter. The game demands total focus, lightning speed, and the courage to charge into the unknown. When a team believes in itself and plays with heart, no opponent is too strong, and no score is too far to chase.

The real battle in Kabaddi begins in the mind. Winning starts with the belief that you can, the focus to train harder than anyone else, and the resilience to push through fatigue, pressure, and setbacks. Champions in Kabaddi

are defined by their mental strength — their ability to stay sharp when the match is on the line and to make bold decisions under stress. A winning mindset turns pressure into power.

A champion raider must be fearless, calculating every move in seconds, while a defender must be solid as a wall, anticipating and reacting in perfect sync with teammates. In Kabaddi, every breath counts, every second matters, and every mistake can cost the match. Victory belongs to those who fight with heart, communicate without words, and trust each other completely. It's not the strongest team that always wins — it's the most united, disciplined, and determined one.



SRMIST Kabaddi Men's Team has clinched the Gold Medal at the South India Level Kabaddi Men's Tournament, held in Thennangudi, Thanjavur, from 9th to 11th May 2025.



# To win, you must be prepared to put up more effort, go further, and give more than anyone else

SRM IST Men's and Women's Badminton, Women's Table Tennis, and Men's Tennis teams deserve congratulations for their exceptional performances at the All India Inter-Collegiate SSN Trophy Tournament, which took place at SSN College in Chennai from February 25 to 28, 2025. Securing 4 GOLD MEDALS and a BRONZE MEDAL in Men's Table Tennis is a testament to your diligence, commitment, and tenacity. As the saying goes, "Winning means you're willing to go longer, work harder, and give more than anyone else." This spirit is evident in your outstanding

performances, and we are immensely proud of your accomplishments. Continue to shine and set new standards of excellence!

In Fencing Quick reflexes and explosive movements are key to landing successful touches, so reaction drills and speed training should be a priority. Physical conditioning, including endurance workouts, leg strength, and core stability, ensures sustained performance throughout a competition. Equally important is mental strength, as staying composed under pressure,



SRM IST Men's and Women's Badminton, Women's Table Tennis, and Men's Tennis teams showed their exceptional performances in SSN Trophy, which took place at SSN College in Chennai on February, 2025.



## There is no secret so close as that between a rider and his horse

A deep understanding of the horse's behaviour, strengths, and weaknesses allows for better handling in different competitive scenarios. Regular training focused on discipline-specific techniques, whether it be showing jumping, dressage, eventing, or endurance riding, ensures peak performance. Physical fitness, both for the rider and the horse, plays a crucial role in maintaining stamina, strength, and agility. Mental toughness and confidence are equally important, as quick decision-making and adaptability can influence the outcome of a competition. Proper horse care, including nutrition, grooming, and conditioning, ensures the animal remains healthy and responsive. A win-



*Mr. H.U. Mithilesh (IV-B. Com LLB), won medals at the 25th Edition Auroville Horse Show 2025, held from on March 2025 at the Red Earth Riding School, Brihaspati, Auroville. He secured the Overall Individual Championship.*

ning strategy involves consistent training, competition experience, and the ability to stay calm under pressure while executing precise techniques during events. The bond between a rider and their horse is unique and unspoken. It's built on trust, understanding, and shared experiences. In this connection, there are no secrets, only silent communication, where the rider and horse communicate through subtle cues, creating a powerful, harmonious partnership that words cannot express.

In the National Level Senior Category.

- Obstacle Course: Silver Medal
- Medium Dressage: Bronze Medal
- Cross Country Course: Bronze Medal
- Preliminary Dressage: Bronze Medal
- 110 Show Jumping: 4th Place
- Successive Replay: 4th Place

## They played with heart, rose with grit, and finished with glory

Winning a tournament in volleyball is a significant achievement that reflects dedication, teamwork, and strategic execution. It means the team not only performed well in individual matches but maintained a high level of consistency, focus, and resilience throughout the entire competition. Success in a tournament often comes from weeks or months of hard training—sharpening technical skills, building strong communication, and developing a deep understanding of each player's role. Overcoming different opponents with varying styles of play also shows the team's adaptability and tactical intelligence. Victory in such a competitive setting boosts confidence, strengthens team spirit, and stands as a proud testament to the hard work and unity of everyone involved—from players and coaches to support staff. winning a tournament leaves a lasting impact. It builds a culture of excellence, inspires younger players, and sets a benchmark for future competitions. It can also open doors to higher-level tournaments, sponsorships, or recognition at regional and national levels. In every sense, winning a volleyball tournament is a celebration of skill, strategy, and the unbreakable bond of a committed team. With this unmatched teamwork and relentless determination, our players played with heart, rose with grit, and finished with glory. Their victory stands as a testament to their dedication, skill, and unbreakable spirit. Congratulations to the champions!



*SRM IST Women's Volleyball Team proudly clinched the Gold Medal at the State Level Volleyball Invitation Tournament, held at Ayya Foundation Club, Nagercoil, from 15th to 17th May 2025.*



# The difference between a good player and a great player is not just skill, but the mentality to never give up

To win in volleyball, a team must go beyond basic training and cultivate an elite, championship mindset. It starts with developing complete technical proficiency—players must be capable of executing every skill with precision and consistency, including jump serves that disrupt the opponent's formation, accurate receives that allow smooth transitions, lightning-fast sets that outpace blocks, and powerful, well-placed spikes that break through defences. Blocking and defensive reads must be sharp, as even a single point

can turn the momentum in tightly contested matches.

Tactically, gold-winning teams craft dynamic game plans tailored to exploit opponents' weaknesses. This includes serving strategies that target vulnerable receivers, creating mismatches at the net, and setting plays that keep the opposing blockers guessing. A versatile offense that uses quick middle attacks, pipe plays, and outside cross-court shots becomes difficult to predict and even harder to stop. Defensively, teams must shift in unison, read

hitters accurately, and maintain flawless floor coverage. The ability to adapt mid-match, whether by switching formations or rotating player roles, can be the difference between victory and defeat.

Their victory highlights the importance of mental toughness and determination in sports. As you said, the difference between a good player and a great one lies not just in skill, but in the mentality to never give up. This winning mindset will undoubtedly propel the team to even greater heights. Keep shining!



*SRMIST's Men's Volleyball Team won gold medal at the State Level Volleyball Men Tournament in Keeramangalam on March, 2025.*



# Every stroke, every kick, every breath is a chance to improve, to grow, and to succeed

Each swimmer should be assigned events based on their strengths, ensuring a well-balanced team across individual and relay races. Perfecting relay exchanges through seamless handovers and minimizing reaction time can provide a competitive edge, while refining starts, turns, and underwater phases helps maximize speed and efficiency. Training should include a mix of endurance, sprint work, strength conditioning, and dryland exercises to enhance overall performance. Tactical race planning is crucial, with careful event selection to manage fatigue, strategic pacing, and analysis of competitors to counter their strengths. A strong team culture built on support, motivation, and unified goals fosters better performance, while effective communication ensures smooth coordination. Recovery plays a vital role, with proper hydration, nutrition, and post-race cooldowns helping maintain peak condition, along with injury prevention through warm-ups, stretching, and physiotherapy. On



*SRMIST swimmers made a splash in the Koneru Lakshmaiah Memorial National Swimming Championship 2025 held at KL University, Andhra Pradesh, on March 2025, our men and women swimmers won an impressive 4 Gold and 1 Silver medal.*

race day, swimmers should follow consistent pre-race routines, remain adaptable to competition conditions, and demonstrate mental toughness to handle pressure effectively. Strategic race planning is essential, with a focus on pacing, analysing opponents, and adjusting tactics based on competition dynamics. Studying rival teams' performances can help in countering their strengths while positioning the

team for maximum advantage. A strong team culture fosters motivation, support, and accountability, which plays a vital role in keeping athletes mentally strong and focused. Regular team meetings, goal-setting sessions, and psychological preparation can enhance confidence and cohesion among swimmers. Congratulations to our talented Swimmers on this outstanding achievement!"

## Alone we are strong, together we are champions

A victory in ball badminton represents more than just a win — it symbolizes the journey of teamwork, trust, and resilience. Whether it's a perfectly timed smash, a well-placed net shot, or a diving save, every effort contributes to the larger goal. Behind this triumph are early morning drills, intense training sessions, and the collective spirit of never giving up, even in the face of adversity. Your dedication, teamwork, and relentless spirit brought glory to our institution.

Keep striving for excellence. This achievement is just the beginning!





## SRMIST & United Nations SDC Collaborate to Foster Innovation & Sustainability



**SRMIST Signs MoU with Sustainable Development Council to Promote United Nations Sustainable Development Goals**

Chennai, May 8, 2025 - SRM Institute of Science and Technology (SRMIST) signed a Memorandum of Understanding (MoU) today with the Sustainable Development Council (SDC), an organization holding Special Consultative Status with the United Nations Economic and Social Council (UN ECOSOC) since 2021. The MoU aims to promote collaboration in sustainability, innovation, and global student engagement.

This partnership will facilitate international SDG related innovative research and exchange programs, offering SRM students the opportunity to represent the university on global platforms, including sessions and initiatives associated with the United Nations and other international bodies focused on advancing the Sustainable Development Goals (SDGs).

The MoU was officially signed in the presence of distinguished representatives. Prof. S. Ponnusamy, SRMIST Registrar; Director - Sports, Prof. R. Mohanakrishnan; Dr. Datchanamorthy Ramu, Chairman, Sustainable Development Council; Mr. Gokulnath Mathiyazhagan, Secretary-General, Sustainable Development Council; and all staff of the Directorate of Sports, SRMIST

This collaboration marks a significant step forward in SRMIST's global outreach and its mission to empower students as future leaders in sustainable development and innovation.

*This strategic partnership seeks to empower students, researchers, and institutions through impactful initiatives aligned with the United Nations Sustainable Development Goals (SDGs). By fostering interdisciplinary research, promoting eco-friendly technologies, and encouraging youth-driven innovation, SRMIST and UN SDC are working together to create a sustainable future. This collaboration not only enhances academic excellence and global engagement at SRMIST but also reinforces its commitment to shaping responsible leaders and solution-oriented changemakers for tomorrow.*



# In life, as in chess, forethought wins

A team win is not just an individual brilliance but also strategic coordination and consistent performance across all boards. Each team member plays a critical role, and success comes from a balanced lineup where strengths are maximized, and weaknesses are covered. Preparation is key—teams study opponents' styles, assign boards based on favourable matchups, and support each other with shared analysis and morale. Communication between rounds helps adjust tactics, while mental toughness ensures focus under pressure. Ultimately, a team triumphs in chess not just by winning individual games, but by working as a cohesive unit with a common goal—every board counts, and every point matters.

Team captains or coaches play a crucial role in assigning board orders

and preparing specific strategies tailored to opponents' weaknesses. Psychological support is also essential—team members motivate each other, share ideas, and help recover from tough losses. In tight matches, even a half-point can make a huge difference, so every move is made with the team's bigger picture in mind. A true team win reflects resilience, adaptability, and mutual trust, with players rising not just for personal glory, but to bring honour to their team as a whole.

The team once again proved why they are a dominant force in university chess. This tournament made history with the highest-ever participation of titled players, including 3 Grandmasters and 8 International Masters, setting a new benchmark for excellence in university-level chess. Gold Medal

for the fourth consecutive year in the All-India Inter-University Chess (Men's) Tournament is a phenomenal achievement that speaks volumes about the consistency, excellence, and intellectual prowess of our team. Year after year, our players have demonstrated not only strategic brilliance on the board but also remarkable composure under pressure, adapting to every challenge with calm and confidence. This sustained dominance is the result of tireless preparation, analytical thinking, and an unyielding passion for the game. Competing against top universities from across the country, our team has once again proven its mettle, turning every move into a step toward victory. This golden streak is not just a celebration of triumph but a legacy of leadership, focus, and the pursuit of perfection in the realm of collegiate chess.



*SRM IST Chess Team clinched the title for the 4th consecutive year, winning the Gold Medal in the All-India Inter-University Chess (Men's) Tournament held at Marwadi University, Rajkot, Gujarat, on April 2025.*

## Chess is a beautiful game that fosters intellectual growth and shapes one's character

Chess is a triumph of intellect, strategy, and mental endurance. It reflects a deep understanding of the game, sharp calculation, and the ability to anticipate and outmanoeuvre an opponent's moves under pressure. Victory in chess is not just about making the right moves but also about maintaining focus, managing time, and staying composed in critical situations. Whether achieved in a fast-paced blitz match

or a long, intense classical game, a chess win is a celebration of patience, creativity, and relentless preparation. It showcases the player's ability to think several steps ahead and adapt to ever-changing positions on the board, ultimately emerging victorious through sheer tactical brilliance and mental strength.

It reflects the player's psychological resilience, especially in high-pressure situations where one mistake can turn



*Our SRMIST chess player, Grandmaster PRANESH - I BSc CSE, has made us proud by Winning Silver and Bronze medals in the. This prestigious event held at Sarala Birla University, Ranchi, on March 2025.*

the tide. Beyond the board, it's a personal triumph that affirms one's analytical thinking, patience, and mental sharpness. Whether in a university competition, club tournament, or national

event, winning in chess is more than a title—it's a mark of intellectual strength and a deep connection to one of the most timeless and respected games in the world.

## Riding is not just about the horse, it's about the journey, the freedom, and the connection

Horse riding Success begins with mastering the fundamentals—maintaining a balanced seat, clear communication through subtle aids, and precise control. A strong bond with the horse is essential, built through consistent care, trust, and

understanding its behaviour and preferences. Both rider and horse must be physically fit and mentally prepared; a confident, calm rider helps keep the horse relaxed under pressure. Training should be consistent and focused on discipline-specific

techniques, whether it's the precision of dressage, the agility of show jumping, or the endurance required in eventing. Mental preparation, including visualization and stress management, plays a key role in staying composed during competition. Strategic planning, such as analysing courses and refining routines based on past performances, helps maximize efficiency and performance. Ultimately, winning in horse riding is about harmony, discipline, and continuous improvement—for both horse and rider. A successful rider also pays close attention to equipment—ensuring that tack fits perfectly, the saddle

supports good posture, and all gear is competition-ready. Nutrition and health management for both horse and rider are equally important; a well-fed, well-cared-for horse is more energetic and responsive, and a healthy rider can make quicker, smarter decisions. Working with a skilled coach, watching other top riders, and regularly competing in smaller events helps build confidence and experience. Mr. E. Surya Aadiya, excelled in the 125 cm Show Jumping Under 21 category and the 130 cm Grand Prix Open category, held at the Auroville Red Earth Riding School, Pondicherry, from March 5th to 16th, 2025.



*Mr. E. Surya Aadiya, II-B.Tech. CSE student at SRMIST, has achieved a remarkable feat by Winning Double Gold medals in the Auroville Horse Show 2025.*



# Strength in unity, victory in courage - They conquered the mat, and made history

Winning Silver is a remarkable achievement and a testament to the dedication, teamwork, and skill of your team. Reaching this level means you've demonstrated strong coordination, strategic raiding, and disciplined defence against some of the best teams in the region. Your team's fitness, agility, and game sense likely played a key role in advancing through the tournament and securing a place in the finals. To turn this silver into gold in the future, focusing on refining your clutch performance under pressure will be crucial. Analysing the final match and understanding where the gold medal team had an edge—whether in tactics, stamina, or decision-making—can offer valuable insights. Strengthening advanced raiding techniques like toe touches and dummies, sharpening chain tackles and rotational defence, and simulating high-pressure match scenarios during practice can make a significant difference. Maintaining peak physical conditioning and preventing injuries throughout the



*SRM IST Kabaddi Team has secured the Silver Medal at the South India Level Kabaddi Tournament held in Trichy from 11th to 13th April 2025.*

tournament will also help ensure that key players perform at their best when it matters most. With focused training and strategic improvements, your team is well on its way to claiming gold in the next championship.

Competing against top teams from across the region, our players demonstrated extraordinary talent, tenacity, and collaboration. Congratulations to our champions for making us proud and bringing glory to SRM IST!

## Hold the line, break the raid, claim the glory

In kabaddi players requires a blend of physical strength, sharp strategy, and unwavering teamwork. To achieve this, a team must focus on building stamina, agility, and quick reflexes through rigorous training and fitness routines. Understanding the strengths and weaknesses of both teammates and opponents is crucial for forming effective raid and defence strategies. Communication and coordination among players play a vital role, especially during high-pressure moments. Players must master advanced techniques like ankle holds, thigh holds, dives, and stra-

tegic escapes, while raiders need to perfect their footwork, timing, and breath control to maximize scoring opportunities. Defence is equally critical—coordination among defenders and quick, calculated tackles can turn the tide of the game. Team chemistry is key, as kabaddi is a sport where every player's movement affects the outcome of a raid or defence. A successful team often studies past matches to analyse patterns and improve tactics. Mental resilience and discipline, along with a clear game plan, can set champions apart. Ultimately, the gold goes

***Congratulations to the champions for making SRMIST proud!***



*SRMIST Kabaddi Men's Team has secured the Gold Medal at the State-Level Invitational Kabaddi Men's Tournament, organized by NRK Sports Club in Gummidipoondi, Tiruvallur District, held from 19th to 20th April 2025.*

to the team that blends skill, spirit, and smart play with relentless determination.

# It's not just about hitting the ball—it's about hitting it smarter, faster, and with heart

Gold medal at the State Level Open 'B' Grade Ball Badminton Men's Tournament is a proud and defining moment that showcases the culmination of hard work, discipline, and relentless pursuit of excellence. This prestigious accomplishment reflects the players' deep understanding of the game, tactical intelligence, and seamless coordination as a team. From intense practice sessions to handling pressure during crucial matches, every aspect of the journey contributed to this well-earned victory. Overcoming formidable opponents and adapting to varying playing styles at the state level not only tested the players' physical fitness and reflexes but also demanded sharp focus and resilience. This gold medal is not just a symbol of first place—it stands as a testament to perseverance, unity, and the will to succeed. It also brings pride to coaches, supporters, and the wider community, inspiring upcoming players and paving the way for future opportunities in



SRMIST Ball Badminton Men's Team won the gold medal at the State Level Open 'B' Grade Ball Badminton Men's Tournament, which took place in Trichy from April 18th to 20th 2025.

higher-level tournaments. They earned a well-earned triumph thanks to their commitment, planning, and cooperation. Kudos to the whole crew for bringing honour to SRMIST!

## The difference between the impossible and the possible lies in a person's determination

Tennis demands a complete blend of technical excellence, mental toughness, and strategic preparation. First, a player must master all key tennis skills. This includes developing a powerful, reliable serve and a sharp return game to control points right from the start. Consistent and aggressive baseline play with minimal unforced errors is crucial, along with strong net skills to finish points efficiently. Exceptional footwork and explosive court coverage are also vital. Beyond technical skills, crafting a smart match strategy is essential. This involves studying opponents closely to expose their weaknesses, building reliable point patterns, and making intelligent shot selections under pressure. Physical conditioning plays a major role too, as tennis matches can be long and physically demanding; players need excellent endurance, speed, and recovery ability. Lastly, mental strength often separates winners from the rest — the ability to stay calm during tiebreakers, fight through adversity, and seize momentum at critical moments is what defines a gold-medal performance. Every aspect — from skills and fitness to tactics and

mindset — must be sharpened to perfection to stand atop the podium. May this success be a stepping stone to even greater accomplishments in your tennis career and beyond!



SRM IST Tennis Player Ojes Theyjo, a Diploma in Yoga student has won Gold Medal in the S. Chidambara Iyer Memorial TTC-AITA Men's Rs. 1 Lakh Tennis Tournament, scheduled from April 19th to 25th 2025.'



## Champions don't wait for the perfect opportunity; they create it

After countless hours of practice, relentless dedication, and an unbreakable team spirit, we finally emerged victorious in the tournament. Every match tested our skills, our resolve, and our ability to stay united under pressure. From diving for impossible saves to delivering precise spikes, we fought together point by point, never giving up, even when the odds were against us. This victory is a proud moment for SRMIST and a testament to their unwavering dedication.



## When talent doesn't work hard, hard work takes the win - that's exactly how our hockey team triumphed

Victory in hockey is never handed over — it's earned through sweat, strategy, and unity. Our team didn't win because we were the most naturally gifted; we won because we never stopped pushing ourselves. Every practice, every drill, every ounce of effort added up. We communicated, trusted each other, and played not as individuals, but as one determined unit. While others relied on talent, we relied on heart.

That's what drove us forward — and that's why we emerged victorious.

Looking back on our journey to victory, it's clear that what set us apart wasn't just skill — it was our work ethic. We knew we had to earn every goal and defend every inch of the field. There were moments when things didn't go our way, but we never gave up. Instead, we dug deeper, learned from every setback, and supported each

other until the final whistle. Winning wasn't just about scoring more — it was about giving more, and that's what we did. Their perseverance and effort paid off, showcasing the true SRMIST spirit. We commend the team on their well-deserved triumph, made possible by diligence and teamwork. This achievement inspires others to strive for similar success, reflecting the team's dedication to excellence.



*SRMIST Hockey Men's Team won Gold Medal in the State Level Tournament, organized by SSOS Hockey Academy at Sankari from May 16th to 18th 2025.*



## They serve with strength, dive with purpose, and spike with fire - queens of the court, ruling every rally

Every game in the tournament tests the team's tactical skills, endurance, and mental strength, and winning it all confirms that the hard work, preparation, and belief in each other have paid off. The experience creates lasting bonds within the team, a sense of pride, and the drive to push even further. Winning a volleyball tournament is not just an achievement; it's a story of unity, growth, and the joy of accomplishing something extraordinary together. Their unwavering commitment, unity, and enthusiasm have brought great honour to our institution.



SRMIST Women's Volleyball Team clinched the Gold Medal at the All-India Invitation Volleyball Tournament held at, Andhra Pradesh, from 19th-22nd May 2025.

## Highlights from Summer Camp 2025 Celebrating Our Top Performers

The Summer Camp 2025, hosted at SRM IST Kattankulathur from May 1st to 31st, offered an exciting platform for young athletes to showcase their skills across a variety of sports including Archery, Athletics, Cricket, Basketball, Badminton, Football, and more. The camp concluded with a vibrant Closing Ceremony on May 31st, celebrating

the dedication and spirit of 22 outstanding participants. Special recognition was given to top performers: Sharvesh for his sharp reflexes in Table Tennis, K. Kanishka for her exceptional speed and endurance in Athletics, and Han's Daiwik for his impressive agility and performance in Badminton.



Summer Camp 2025, hosted by Directorate of sports, SRM IST, KTR campus from May 1st to 31st.



# In water, they don't just swim – they conquer limits stroke by stroke

We are proud to share that our SRMIST swimmer, Mr. Nithik Nathella, created two remarkable meet records at the 79th Senior State Aquatic Championship held from 6th to 7th June 2025. Adding to this outstanding achievement, our swimmers and diving players Mr. Servesh L.,

Mohan G., Prarthivignesh, and Vishal SR secured an impressive medal tally of 7 Gold, 6 Silver, and 2 Bronze medals. Their dedication, endurance, and excellence in the pool have once again brought great pride and recognition to SRMIST at the state level.



SRM IST Swimmers with an impressive medal tally of 7 Gold, 6 Silver, and 2 Bronze medals at the 79th Senior State Aquatic Championship held from 6th to 7th June 2025.



## SRM IST Goes Global at the World University Games 2025

SRM IST and Directorate of Sports have selected 10 players to represent the Indian University Team at the World University Games in Rhine-Ruhr, Germany from 16th to 27th July 2025. We congratulate these talented Players on this achievement and wish them success in the tournament. Their selection is a testament to SRM IST's commitment to excellence in sports.



Basketball



Volleyball



Basketball



Volleyball



Basketball



Volleyball



Volleyball



Volleyball



Swimming



Basketball



# SRM IST Stars Shine in TNPL 2025

Cricket players from the Directorate of Sports, SRM IST are making a powerful impact in the Tamil Nadu Premier League (TNPL) 2025. Their dedication, discipline, and exceptional skills have earned them a place among the

best in Tamil Nadu's premier cricket tournament. SRM IST continues to nurture and produce top-tier talent in Indian cricket. Congratulations to our champions, and best wishes for a successful season ahead!

## SRM IST Current Players in TNPL 2025

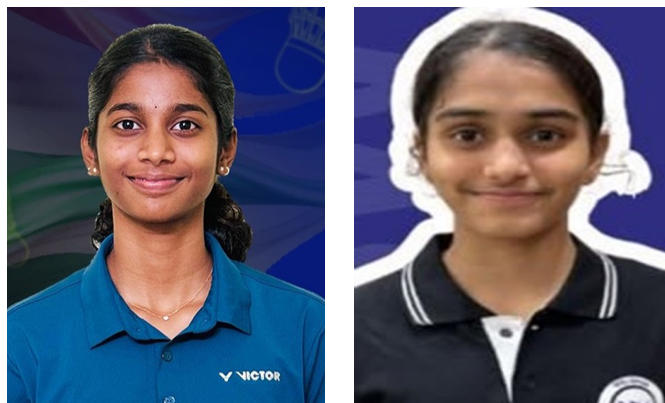


## SRM IST Alumni Players in TNPL 2025



Junior in age, but giants on the court! You've made the nation proud-congrats to the rising stars

It is a moment of immense pride and honour to be selected to participate in the prestigious Women's Asian Championship, representing our nation on such a grand stage. This opportunity is the result of relentless dedication, consistent performance, and an unwavering commitment to the sport. Competing against some of the best athletes across Asia is both a challenge and a privilege, and it inspires us to push our limits and perform with excellence. Wearing the national jersey is not just about the game - it's about responsibility, pride, and the spirit of unity. We step onto the court with determination, ready to give our best and make our country proud. This championship is not just a competition - it's a celebration of hard work, talent, and the dreams of every player who dared to believe.



SRM IST badminton players, U. Reshika (II-B.Sc psychology) and Ms. Andluri Tanvi Reddy (I-BBA), represented the Indian Junior Team at the prestigious Asia Badminton Championship, in Solo, Indonesia, from 18th to 27th July 2025.





*SRMIST Women's Cricket Team has won the Gold Medal in the Padma shri Mohanmull Chordia Gold Cup T20 State Level Inter Collegiate Cricket Women Tournament held at Agurchand Manmull Jain College, Chennai on March, 2025.*

## The best way to be successful is to be fearless

Winning in cricket requires a well-rounded approach that blends with a strong batting lineup is essential, beginning with openers who must see off the new ball and build a solid foundation. The middle-order plays a crucial role in maintaining momentum, absorbing pressure, and setting up a strong finish, while lower-order batsmen must be capable of accelerating the scoring rate in the final overs. Shot selection and strike rotation are key factors in preventing collapses and keeping the scoreboard moving. Equally important is adaptability, as batters must read pitch conditions, weather, and opposition tactics to

adjust their approach effectively.

Bowling strategies are just as crucial, with fast bowlers aiming to take early wickets by exploiting swing and seam movement. Spinners often play a decisive role in the middle overs, applying pressure by varying flight, turn, and pace. In the death overs, bowlers must execute Yorkers, slower deliveries, and wide outside-off balls to restrict runs and avoid conceding boundaries. A well-thought-out fielding setup enhances a team's performance, with close-in fielders creating catching opportunities and boundary riders preventing extra

runs. Sharp reflexes, diving stops, and accurate throws can make the difference in tight matches.

Ultimately, winning in cricket is about teamwork and discipline. Each player must execute their role effectively while adapting to changing game situations. The best teams are those that combine technical excellence with smart tactics, physical endurance, and a winning mindset. Congratulations to the team members and supporters for their outstanding performance and dedication. This remarkable achievement brings pride to our institution!





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INSTITUTE OF SCIENCE & TECHNOLOGY  
(Deemed to be University u/s 3 of UGC Act, 1956)

**SRM INSTITUTE OF SCIENCE & TECHNOLOGY**  
**DIRECTORATE OF SPORTS**

**SOUTH ZONE INTER UNIVERSITY**  
**TOURNAMENTS ACHIEVEMENTS 2024-2025**

Sl. No	Name of the Sport	South Zone Inter University Venue: South West	Position
1.	Badminton (W)	VTU, Belagavi, KAR	Gold Medal
2.	Basketball (W)	MG University, KL	Gold Medal
3.	Chess (M)	Vel Tech Dr. RR & Dr.SR University, TN	Gold Medal
4.	Judo (M)	LNCT University, Bhopal, MP	Gold Medal
5.	Kabaddi (M)	SRMIST, TN	Gold Medal
6.	Swimming (M)	SRMIST, TN	Gold Medal
7.	Table Tennis (W)	AMET University, TN	Gold Medal
8.	Volleyball (W)	Jeppiaar University, TN	Gold Medal
9.	Weight Lifting (M)	Acharya Nagarjuna University, AP	Gold Medal
10.	Badminton (M)	SRMIST, TN	Silver Medal
11.	Cricket (M)	University of Madras, TN	Silver Medal
12.	Hockey (M)	University of Madras, TN	Silver Medal
13.	Volleyball (M)	University of Kerala, KL	Silver Medal
14.	10 Mtr Diving (M)	SRMIST, TN	Bronze Medal
15.	Karate (W)	B. S. Abdur Rahman Crescent IST, TN	2 Bronze Medals
16.	Tennis (W)	MAHE, Manipal, KAR	Bronze Medal
17.	Weight Lifting (M)	Acharya Nagarjuna University, AP	Bronze Medal
18.	Chess (W)	GITAM University, AP	Fourth Place
19.	Hockey (W)	Bharathidasan University, TN	Fourth Place
20.	Table Tennis (M)	VIT, Vellore, TN	Fourth Place



**FOURTH**  
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**DIRECTORATE OF SPORTS**

**ALL INDIA INTER UNIVERSITY**  
**TOURNAMENTS ACHIEVEMENTS 2024-2025**

Sl. No	Name of the Sport	All India Inter University	Position
1.	Ball Badminton (M)	Bangalore North University, KAR	Gold Medal
2.	Beach Wrestling (M)	SRMIST, TN	Gold Medal
3.	Chess (Men)	Marwadi University, GJ	Gold Medal
4.	Cycling (W)	Maharaja Ganga Singh University, Bikaner	Gold Medal
5.	Swimming (M)	SRMIST, TN	Gold Medal
6.	Table Tennis (W)	University of Delhi, DL	Gold Medal
7.	Volleyball (W)	APS University, Rewa, MP	Gold Medal
8.	Badminton (M)	JJTU University, RJ	Silver Medal
9.	Basketball 3X3 (W)	MG University, KL	Silver Medal
10.	Beach Volleyball (M)	SRMIST, TN	Silver Medal
11.	Beach Volleyball (W)	AMET University, TN	Silver Medal
12.	Beach Wrestling (M)	SRMIST, TN	Silver Medal
13.	Beach Wrestling (W)	AMET University, TN	Silver Medal
14.	E-Sports(W)	SRMIST, NCR Campus, Delhi	Silver Medal
15.	Swimming (M)	SRMIST, TN	Silver Medal
16.	Weight Lifting (M)	Lovely Professional University, PB	Silver Medal
17.	Badminton (W)	JJTU University, RJ	Bronze Medal
18.	Basketball 3X3 (M)	MG University, KL	Bronze Medal
19.	Beach Wrestling (M)	SRMIST, TN	Bronze Medal
20.	Beach Wrestling (W)	AMET University, TN	3 Bronze Medals
21.	Chess (W)	University of Delhi, DL	Bronze Medal
22.	E-Sports(W)	SRMIST, NCR Campus, Delhi	Bronze Medal
23.	Volleyball (M)	MG University, KL	Bronze Medal
24.	Weight Lifting (M)	Lovely Professional University, PB	Bronze Medal
25.	Wushu (M)	Chandigarh University, PB	Bronze Medal
26.	Cricket (M)	University of Delhi, DL	Fourth Place
27.	Tennis (W)	MAHE, Manipal, KAR	Fourth Place



**FOURTH**  
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## INTERNATIONAL ACHIEVEMENTS (APR 2024 – APR 2025)

S.NO	NAME OF THE TOURNAMENT	SPORT	VENUE	DATE	POSITION
1.	he titles in the Group B Noiseil Chess Tournament	Chess(W)	Paris, France	April 6th to 11th, 2024.	<b>Gold Medal</b>
2.	1st Unicorn International FIDE Rating Open Classical Chess Tournament	Chess(M)	Bhopal	July 13th to July 17th, 2024.	<b>Gold Medal</b>
3.	Dole Trophy International Open Chess Grand Prix Tournament.	Chess(M)	France	July 20th to 28th, 2024	<b>Gold Medal</b>
4.	Kotak India Junior International Series 2024	Badminton(W)	Hyderabad	20-25 August 24	<b>Bronze medal</b>
5.	LAGOS International Challenge Badminton 2024	Badminton(W)	Nigeria	August 28th to September 1st, 2024	<b>1 Gold Medal 1 Silver medal</b>
6.	Asian Youth Archery Championship	Archery(M)	China	26th September to 4th October 2024	<b>2 Gold Medal</b>
7.	Asian Equestrian Federation Cup-Youth (AEF Cup SCIY-B),	Equestrian(M)	Bengaluru	October 12, 2024.	<b>Silver medal</b>
8.	Uganda International Challenge Badminton 2024,	Badminton(M)	Kambala	02nd to 06th October 2024	<b>Bronze Medal</b>
9.	Hong Kong Windsurfing Open Windsurfing Championship	Sailing(W)	Hong Kong Windsurfing	5th to 10th November 2024	<b>Gold Medal</b>
10.	CM Trophy International Challenge Badminton 2024	Badminton (M)	Raipur	November 12th to 17th	<b>Bronze Medal</b>
11.	the Bahrain International Badminton Series	Badminton (M)	Bahrain	12th November to 17th November 2024.	<b>Gold Medal</b>
12.	Bahrain International Badminton Series II	Badminton (M)	Bahrain	20th to 24th November 2024	<b>Silver medal</b>
13.	The INTERNATIONAL CHALLENGE 2024 BADMINTON tournament	Badminton (M)	Pullela Gopichand Academy, Hyderabad	5th to 10th November 2024.	<b>Gold Medal</b>
14.	French National Sailing Championship	Sailing (W)	France	1st Week of December 2024	<b>Bronze Medal</b>
15.	Badminton World Federation Odisha Masters 2024	Badminton (M)	Cuttack, Odisha	10th to 15th December 2024	<b>Gold Medal</b>
16.	Johor Open International Chess Tournament,	Chess (M)	Johor City, Malaysia	18th to 23rd January, 2025	<b>Silver Medal</b>
17.	The IRAN International Badminton Mixed Doubles	Badminton(W)	Iran	January 28th to February 2nd, 2025.	<b>Gold Medal</b>
18.	The Uganda International Challenge Badminton 2025	Badminton (M)	Kampala, Uganda	19th February to 23rd February 2025	<b>Bronze Medal</b>
19.	Asia Cup Stage -I	Archery	Bangkok	23rd February 2025	<b>Gold Medal</b>
20.	The Uganda International Challenge Badminton 2025	Badminton (W)	Kampala, Uganda	19th February to 23rd February 2025	<b>Bronze Medal</b>
21.	The Uganda International Challenge Badminton 2025	Badminton (W)	Kampala, Uganda	19th February to 23rd February 2025	<b>Gold Medal</b>
22.	8th Cappelle la Grande International Rapid Open Chess Championship 2025,	Chess(M)	France	15th to 22nd February 2025	<b>Gold Medal</b>
23.	Individual Show Jumping at the AAF Asian Cup CSIY(B)	Equestrian (M)	Tehran, Iran	30th April to 02nd May 2025	<b>Silver Medal</b>



Gold Medal – 13

Silver Medal – 5

Bronze Medal – 6