

PHARMACOKINETICS



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OVERVIEW

- Basic considerations in pharmacokinetics
- Compartment models
- One compartment model
 - Assumptions
 - Intravenous bolus administration
 - Intravenous infusion
 - Extravascular administration (zero order and first order absorption model)
- References

BASIC CONSIDERATIONS IN PHARMACOKINETICS

- Pharmacokinetic parameters
- Pharmacodynamic parameters
- Zero order kinetic
- First order kinetic
- Mixed order kinetic
- Compartment model
- Non compartment model
- Physiologic model

Pharmacokinetic models

Means of expressing mathematically or quantitatively, time course of drug through out the body and compute meaningful pharmacokinetic parameters.

Useful in :

- Characterize the behavior of drug in patient.
- Predicting conc. of drug in various body fluids with dosage regimen.
- Calculating optimum dosage regimen for individual patient.
- Evaluating bioequivalence between different formulation.
- Explaining drug interaction.

Compartment models

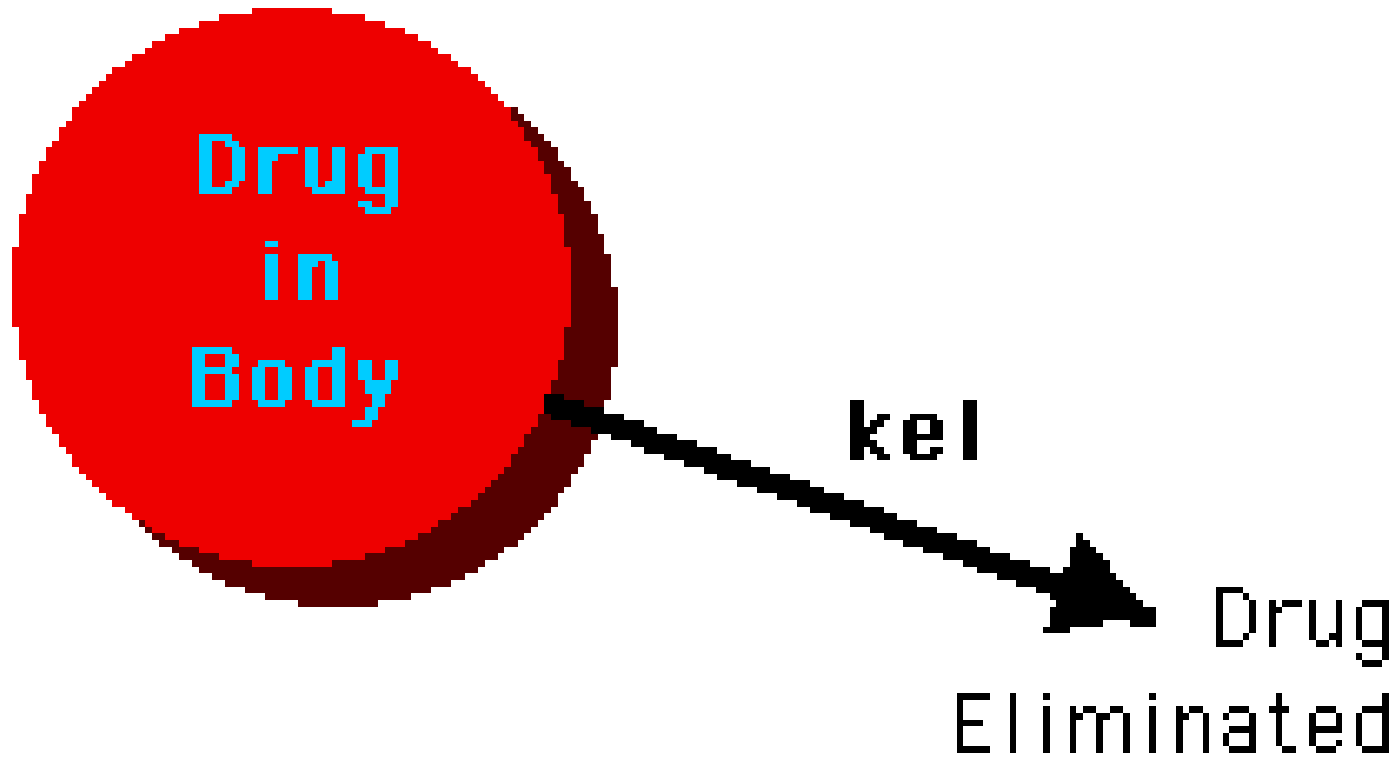
OBJECTIVE

- To understand the assumptions associated with the one compartment model
- To understand the properties of first order kinetics and linear models
- To write the differential equations for a simple pharmacokinetic model
- To derive and use the integrated equations for a one compartment linear model
- To define, use, and calculate the parameters, k_{el} (elimination rate constant), $t_{1/2}$ (half-life), Cl (clearance), V (apparent volume of distribution), and AUC (area under the concentration versus time curve) as they apply to a one compartment linear model

“OPEN” and “CLOSED” models:

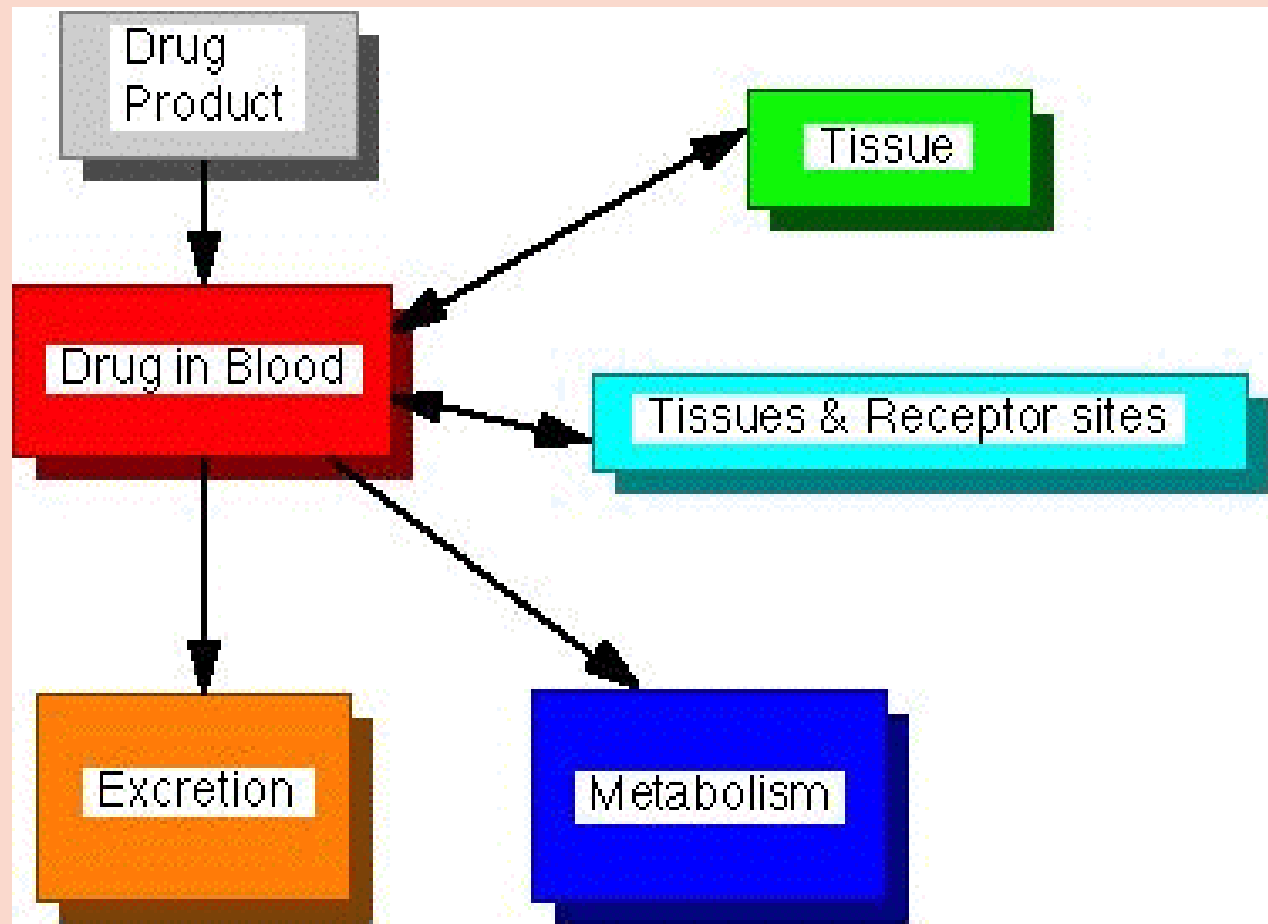
- The term “open” itself mean that, the administered drug dose is removed from body by an excretory mechanism (for most drugs, organs of excretion of drug is kidney)
- If the drug is not removed from the body then model refers as “closed” model.

One Compartment



PHARMACOKINETICS

- **Pharmacokinetics** is the study of drug and/or metabolite **kinetics** in the body.
- The body is a very complex system and a drug undergoes many steps as it is being **absorbed**, **distributed** through the body, **metabolized** or **excreted (ADME)**.



Assumptions

1. One compartment

- The drug in the blood is in rapid equilibrium with drug in the extravascular tissues.
- This is not an exact representation however it is useful for a number of drugs to a reasonable approximation.

2. Rapid Mixing

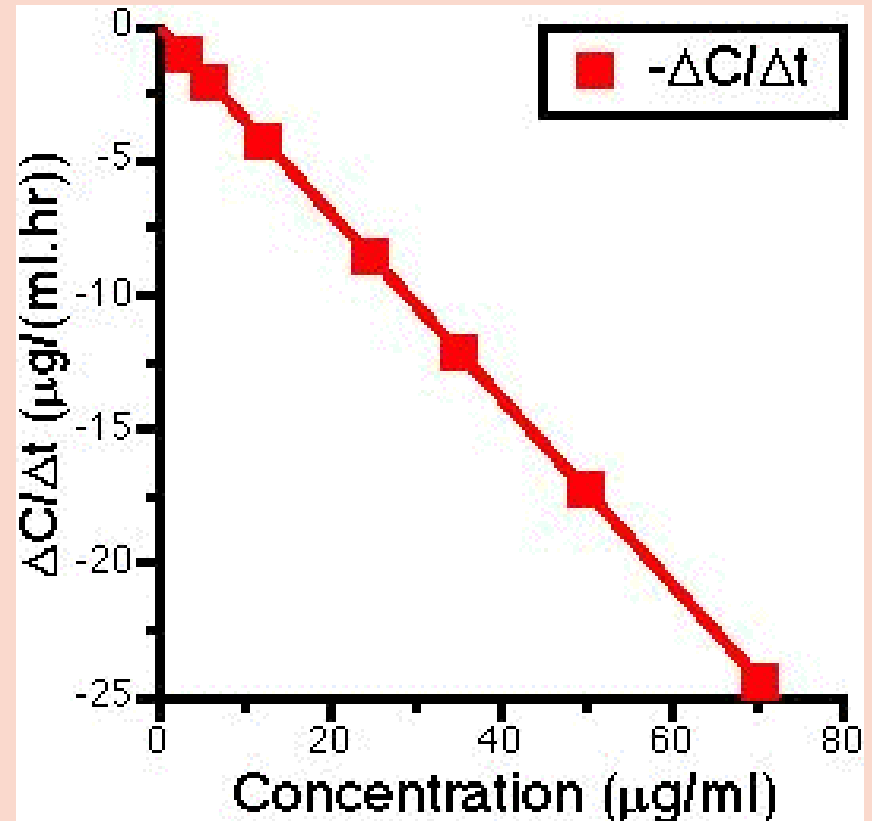
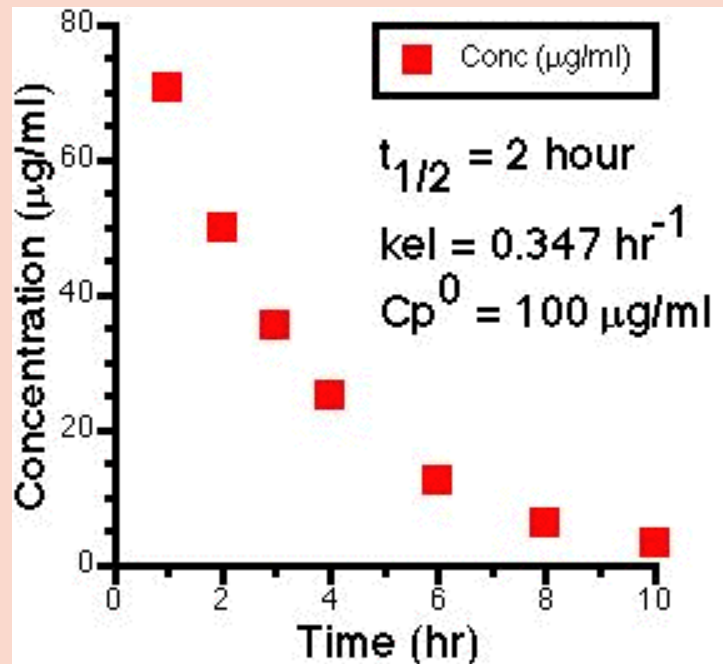
- We also need to assume that the drug is mixed instantaneously in blood or plasma.

3. Linear Model

- We will assume that drug elimination follows first order kinetics.

Linear Model - First Order Kinetics

- First-order kinetics



- This behavior can be expressed mathematically as :

Rate of Change of C_p versus time = $-\frac{\Delta C_p}{\Delta t} = k_{el} \cdot C_p$

Change in C_p

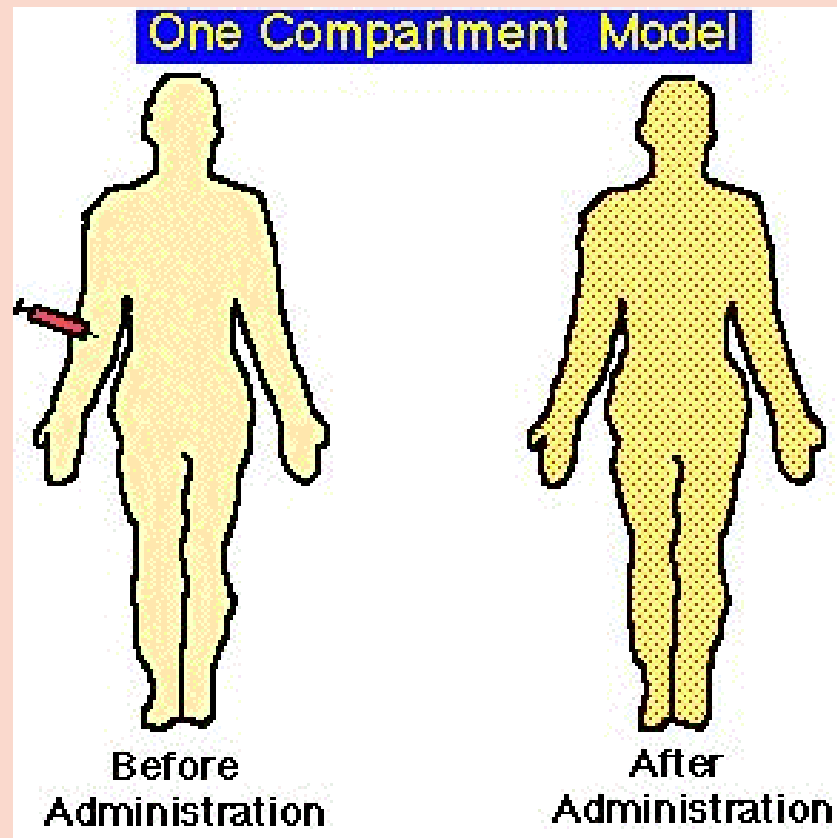
Change in time

Proportionality constant called the elimination rate constant, k_{el}

One compartment model

- One compartment model can be defined :
 - One com. open model – i.v. bolus.
 - One com. open model - cont. intravenous infusion.
 - One com. open model - extra vas. administration
(zero-order absorption)
 - One com. open model - extra vas. Administration
(first-order absorption)

One Compartment Model, Intravenous (IV) Bolus Administration



Rate of drug presentation to body is:

- $\frac{dx}{dt} = \text{rate in (availability)} - \text{rate out (elimination)}$
- Since rate in or absorption is absent, equation becomes $\frac{dx}{dt} = - \text{rate out}$
- If rate out or elimination follows first order kinetic

$$dx/dt = -k_E X \quad (\text{eq.1})$$

Elimination phase:

- Elimination phase has three parameters:
 - Elimination rate constant
 - Elimination half life
 - Clearance

Elimination rate constant

- Integration of equation (1)

- $\ln X = \ln X_0 - K_E t$ (eq.2)

X_0 = amt of drug injected at time $t = 0$ i.e. initial amount of drug injected

$$X = X_0 e^{-K_E t} \quad (\text{eq.3})$$

- $\log X = \log X_0 - \frac{K_E t}{2.303}$ (eq.4)

- Since it is difficult to directly determine amount of drug in body X, we use relationship that exists between drug conc. in plasma C and X; thus

- $X = V_d C$ (eq. 5)

- So equation-8 becomes

$$\log C = \log C_0 - \frac{K_E t}{2.303} \quad (\text{eq.6})$$

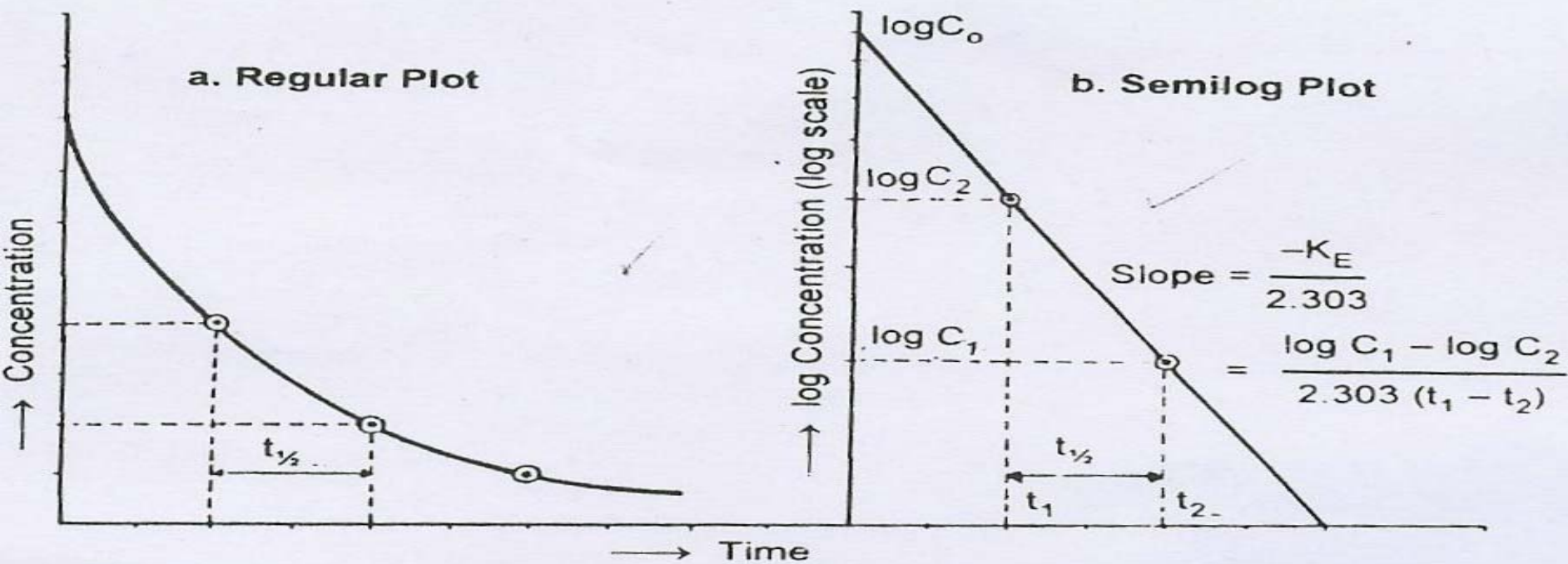


Fig. 10.2 (a) Cartesian plot of a drug that follows one-compartment kinetics and given by rapid i.v. injection, and (b) Semilogarithmic plot for the rate of elimination in a one-compartment model.

$$K_E = K_e + K_m + K_b + K_l + \dots \quad (\text{eq.7})$$

K_E is overall elimination rate constant

Elimination half life

$$t_{1/2} = \frac{0.693}{K_E} \quad (\text{eq.8})$$

- Elimination half life can be readily obtained from the graph of $\log C$ versus t
- Half life is a secondary parameter that depends upon the primary parameters such as clearance and volume of distribution.
- $t_{1/2} = \frac{0.693 V_d}{Cl_T} \quad (\text{eq.9})$

Apparent volume of distribution

- Defined as volume of fluid in which drug appears to be distributed.
- $$V_d = \frac{\text{amount of drug in the body}}{\text{plasma drug concentration}} = \frac{X}{C} \quad (\text{eq.10})$$

$$\begin{aligned} V_d &= X_o / C_o \\ &= \text{i.v. bolus dose} / C_o \end{aligned} \quad (\text{eq.11})$$

- E.g. 30 mg i.v. bolus, plasma conc. = 0.732 mcg/ml.
- Vol. of dist. = $30\text{mg} / 0.732\text{mcg/ml}$
= $30000\text{mcg} / 0.732\text{mcg/ml}$
= 41 liter.

- For drugs given as i.v.bolus,

$$V_d (\text{area}) = X_0 / K_E \cdot \text{AUC}$$

.....12.a

- For drugs admins. Extra. Vas.

$$V_d (\text{area}) = F X_0 / K_E \cdot \text{AUC}$$

.....12.b

Clearance

Clearance = $\frac{\text{rate of elimination}}{\text{plasma drug conc..}}$

- Or $Cl = \frac{dx/dt}{C}$ (eq.13)

Thus

Renal clearance = $\frac{\text{rate of elimination by kidney}}{C}$

Hepatic clearance = $\frac{\text{rate of elimination by liver}}{C}$

Other organ clearance = $\frac{\text{rate of elimination by organ}}{C}$

- Total body clearance:

$$Cl_T = Cl_R + Cl_H + Cl_{\text{other}} \quad (\text{eq.14})$$

- According to earlier definition

$$Cl = \frac{dx/dt}{C}$$

- Submitting eq.1 $dx/dt = K_E X$, above eq. becomes

$$Cl_T = K_E X / C \quad (\text{eq 15})$$

- By incorporating equation 1 and equation for vol. of dist.
($V_d = X/C$) We can get

$$Cl_T = K_E V_d \quad (\text{eq.16})$$

- Parallel equations can be written for renal and hepatic clearance.

$$Cl_H = K_m V_d \quad (\text{eq.17})$$

$$Cl_R = K_e V_d \quad (\text{eq.18})$$

- but $K_E = 0.693/t_{1/2}$
- so,
$$Cl_T = \frac{0.693 V_d}{t_{1/2}} \quad (\text{eq.19})$$

- For non compartmental method which follows one compartmental kinetic is :
- For drug given by i.v. bolus

$$Cl_T = \frac{X_0}{AUC} \quad \dots\dots 20.a$$

- For drug administered by e.v.

$$Cl_T = \frac{F X_0}{AUC} \quad \dots\dots 20.b$$

- For drug given by i.v. bolus

$$\text{renal clearance} = \frac{X_{u\infty}}{AUC} \quad (\text{eq. 21})$$

Organ clearance

- Rate of elimination by organ = rate of presentation to the organ – rate of exit from the organ.
- Rate of elimination = $Q \cdot C_{in} - Q \cdot C_{out}$
(rate of extraction) = $Q (C_{in} - C_{out})$
 $Cl_{organ} = \text{rate of extraction} / C_{in}$
 $= Q(C_{in} - C_{out}) / C_{in}$
 $= Q \cdot ER$ (eq 22)
- Extraction ratio:
 $ER = (C_{in} - C_{out}) / C_{in}$
- ER is an index of how efficiently the eliminating organ clear the blood flowing through it of drug.

- According to ER, drugs can be classified as-
 - Drugs with high ER (above 0.7)
 - Drugs with intermediate ER (between 0.7-0.3)
 - Drugs with low ER (below 0.3)
 - The fraction of drug that escapes removal by organ is expressed as

$$F = 1 - ER$$

- where F= systemic availability when the eliminating organ is liver.

Hepatic clearance

$$Cl_H = Cl_T - Cl_R$$

- o Can also be written down from eq 22
- o $Cl_H = Q_H ER_H$
- o Q_H = hepatic blood flow. ER_H = hepatic extraction ratio.
- o Hepatic clearance of drug can be divided into two groups :
 1. Drugs with hepatic blood flow rate-limited clearance
 2. Drugs with intrinsic capacity- limited clearance

Hepatic blood flow

- $$F = 1 - ER_H$$

$$= \frac{AUC_{\text{oral}}}{AUC_{\text{i.v}}}$$

Influence of Blood Flow Rate and Protein Binding on Total Clearance of Drugs with High and with Low ER Values.

| Drugs with | Changes in Total Clearance due to | | | |
|------------------------|-----------------------------------|--------------|-----------|-----------|
| | ↑ Blood Flow | ↓ Blood Flow | ↑ Binding | ↓ Binding |
| High ER (above 0.7) | ↑ | ↓ | No Change | No Change |
| Low ER (below 0.3) | No Change | No Change | ↓ | ↑ |

where, ↑ = increase, and ↓ = decrease.

Intrinsic capacity clearance

- Denoted as Cl_{int} , it is defined as the inherent ability of an organ to irreversibly remove a drug in the absence of any flow limitation.

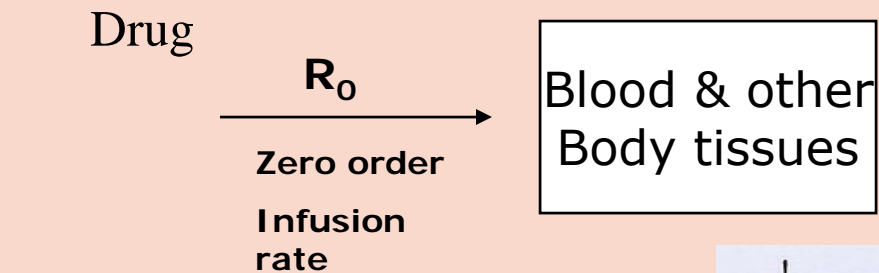
TABLE 10.2

Hepatic and Renal Extraction Ratio of Some Drugs and Metabolites

| | <i>Extraction Ratio</i> | | |
|--------------------|-------------------------|---------------------|---------------|
| | <i>High</i> | <i>Intermediate</i> | <i>Low</i> |
| Hepatic Extraction | Propranolol | Aspirin | Diazepam |
| | Lidocaine | Codeine | Phenobarbital |
| | Nitroglycerine | Nortriptyline | Phenytoin |
| | Morphine | Quinidine | Procainamide |
| | Isoprenaline | | Theophylline |
| Renal Extraction | Some Penicillins | Some Penicillins | Digoxin |
| | Hippuric acid | Procainamide | Furosemide |
| | Several Sulfates | Cimetidine | Atenolol |
| | Several Glucuronides | | Tetracycline |

One compartment open model: Intravenous infusion

- Model can be represent as : (i.v infusion)



$$dX/dt = R_0 - K_E X \quad \dots \text{eq 23}$$

$$X = R_0 / K_E (1 - e^{-K_E t}) \quad \dots \text{eq 24}$$

Since $X = V_d C$

$$C = R_0 / K_E V_d (1 - e^{-K_E t}) \quad \dots \text{eq 25}$$

$$= R_0 / Cl_T (1 - e^{-K_E t}) \quad \dots \text{eq 26}$$

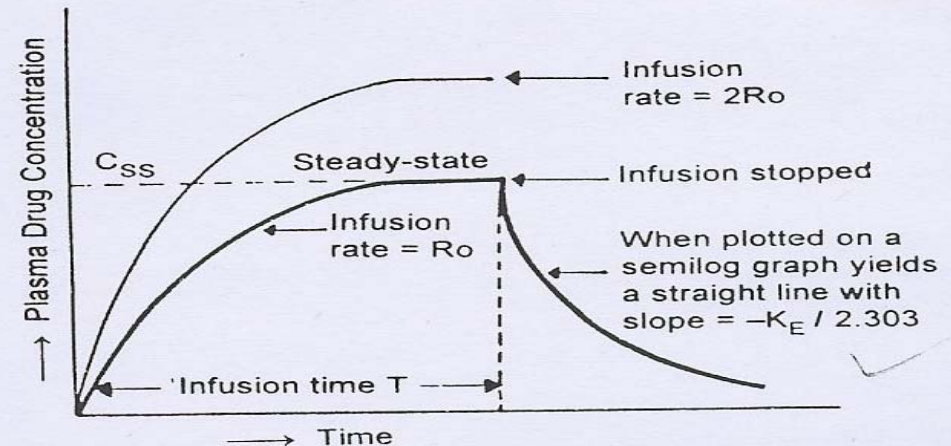


Fig. 10.3 Plasma concentration-time profile for a drug given by constant rate i.v. infusion (the two curves indicate different infusion rates R_0 and $2R_0$ for the same drug)

- At steady state. The rate of change of amount of drug in the body is zero ,eq 23 becomes

$$\text{Zero} = R_o - K_E X_{SS} \quad \dots 27$$

$$K_E X_{SS} = R_o \quad \dots 28$$

$$C_{SS} = R_o / K_E V_d \quad \dots 29$$

$$= R_o / Cl_T \text{ i.e infusion rate} \quad \dots 30$$

clearance

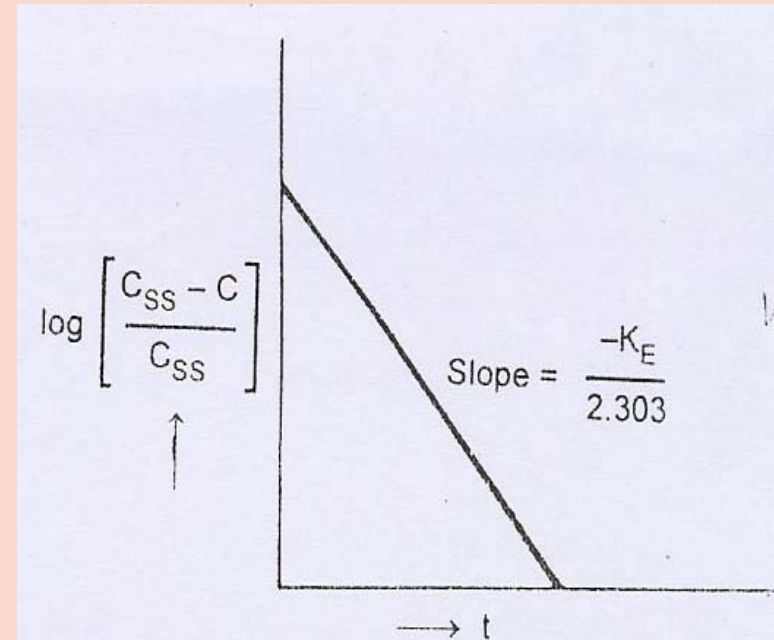
Substituting eq. 30 in eq. 26

$$C = C_{SS}(1 - e^{-K_E t}) \quad \dots 31$$

Rearrangement yields:

$$\left[\frac{C_{SS} - C}{C_{SS}} \right] = e^{-K_E t} \quad \dots 32$$

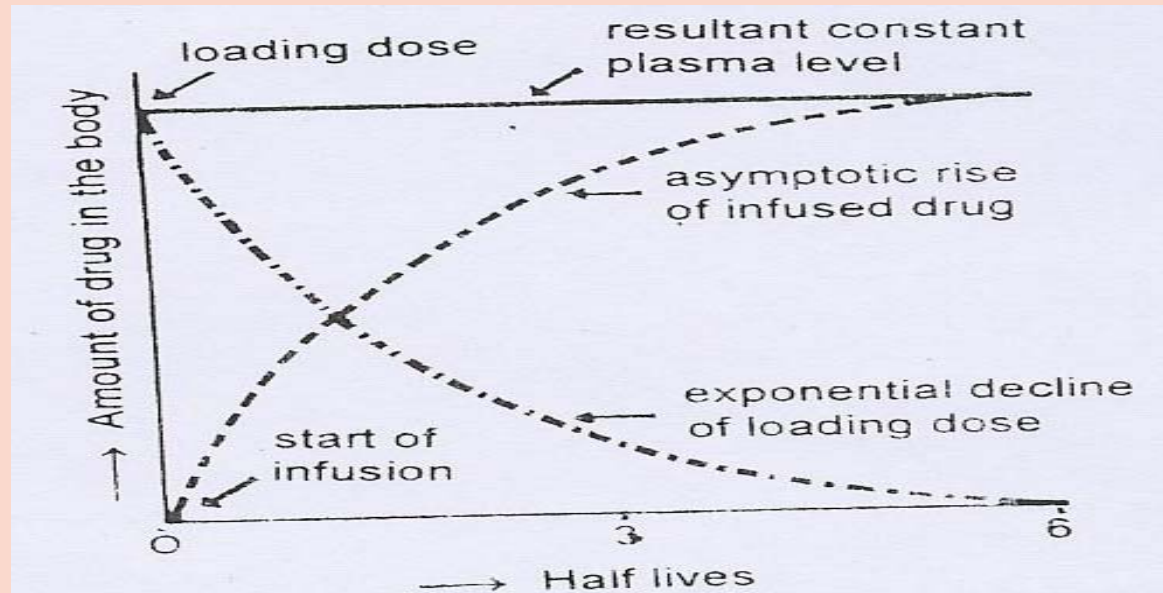
$$\log \frac{C_{SS} - C}{C_{SS}} = \frac{-K_E t}{2.303} \quad \dots 33$$



- If n is the no. of half lives passed since the start of infusion($t/t_{1/2}$)
- Eq. can be written as
- $C = C_{ss} [1 - (1/2)^n]$...34

| Percent of C_{ss} attained at the end of a given $t_{1/2}$ | | | | | |
|--|--------------------|---------------------------------------|---|-------|----------|
| <i>Half-life</i> | <i>% Remaining</i> | <i>% C_{ss} Achieved</i> | | | |
| 1 | 50 | 50 | | | |
| 2 | 25 | 50 | + | 25 | = 75 |
| 3 | 12.5 | 75 | + | 12.5 | = 87.5 |
| 4 | 6.25 | 87.5 | + | 6.25 | = 93.75 |
| 5 | 3.125 | 93.75 | + | 3.125 | = 96.875 |
| 6 | 1.562 | 96.875 | + | 1.562 | = 98.437 |
| 7 | 0.781 | 98.437 | + | 0.781 | = 99.218 |

Infusion plus loading dose



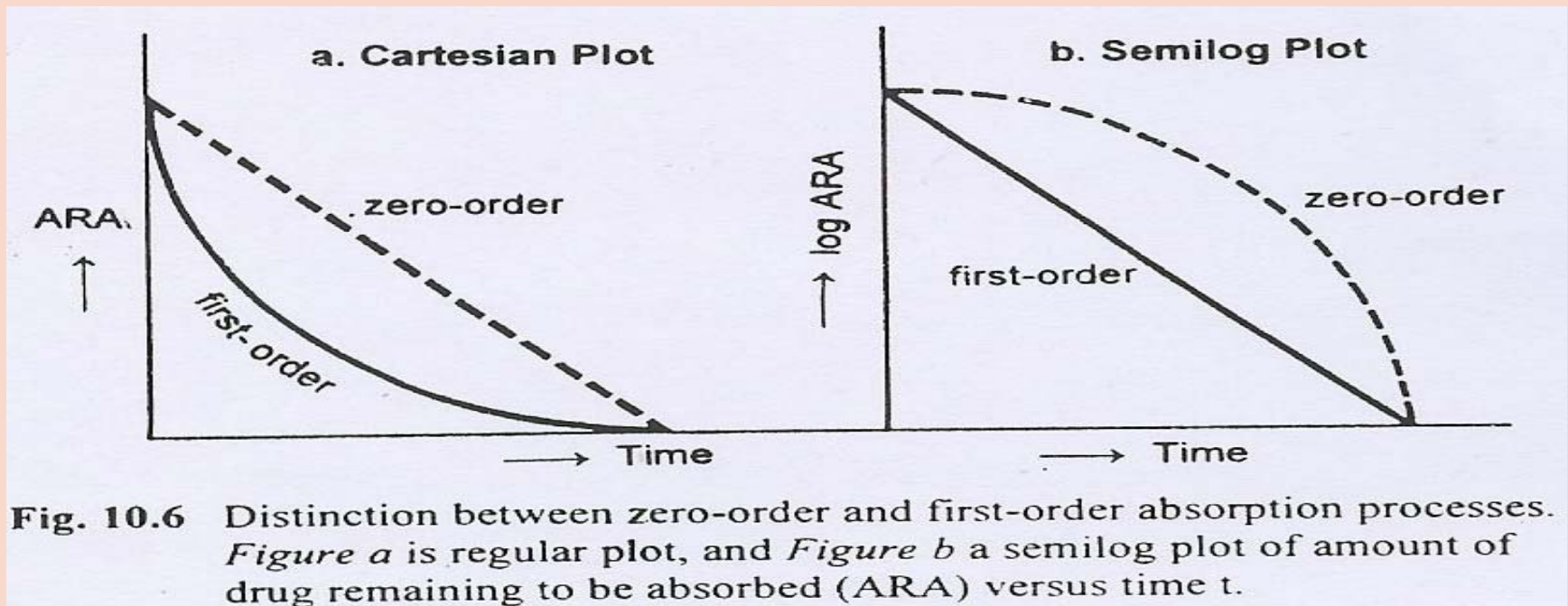
- $X_{0,L} = C_{SS} V_d$...35
- Substitution of $C_{SS} = R_o / K_E V_d$
- $X_{0,L} = R_o / K_E$...36
- $C = X_{0,L} / V_d e^{-K_E t} + R_o / K_E V_d (1 - e^{-K_E t})$...37

Assessment of pharmacokinetic parameter

- $AUC = R_o T / K_E V_d$
 $= R_o T / Cl_T$
 $= C_{ss} T$
- Where T=infusion time

One compartment open model : extra vascular administration

- When drug administered by extra vascular route (e.g. oral, i.m, rectal), absorption is prerequisite for its therapeutic activity.



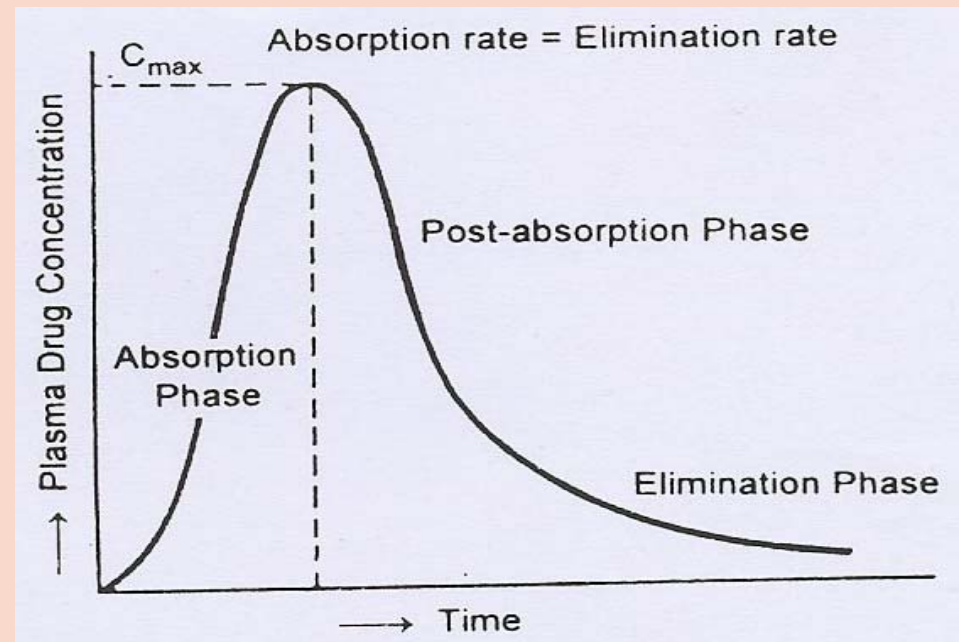
- $dX/dt = \text{rate of absorption} - \text{rate of elimination}$

$$dX/dt = dX_{ev}/dt - dX_E/dt \quad \dots 38$$

$$dX_{ev}/dt > dX_E/dt$$

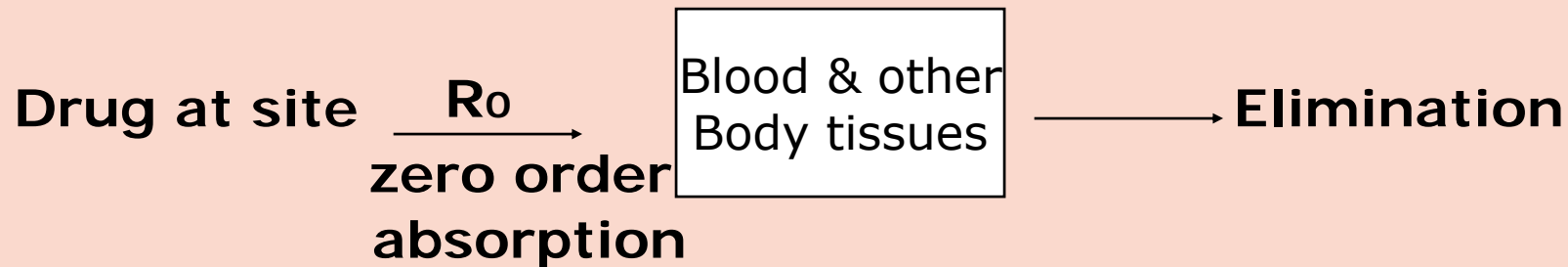
$$dX_{ev}/dt = dX_E/dt$$

$$dX_{ev}/dt < dX_E/dt$$



One compartment model: extra vascular admin (zero order absorption)

- This model is similar to that for constant rate infusion.

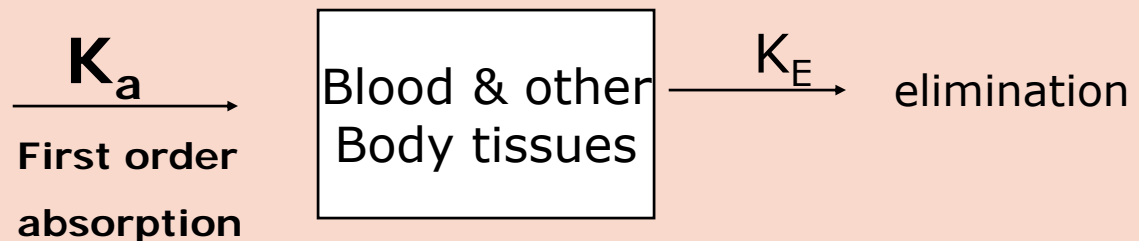


- Rate of drug absorption as in case of CDDS, is constant and continues until the amount of drug at the absorption site (e.g. GIT) is depleted.
- All equations for plasma drug conc. profile for constant rate i.v. infusion are also applicable to this model.

One compartment model: extra vascular admin (first order absorption)

- Drug that enters the body by first order absorption process gets distributed in the body according to one compartment kinetic and is eliminated by first order process.
- The model can be depicted as follows:

- **Drug at site**



- The differential form if eq. 38 is
- $\frac{dX}{dt} = k_a X_a - K_E X$...39
- $X = K_a F X_o / (K_a - K_E) [e^{-K_E t} - e^{-K a t}]$...40
- $C = K_a F X_o / V_d (K_a - K_E) [e^{-K_E t} - e^{-K a t}]$...41

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