

# PHARMACOKINETICS



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# OVERVIEW

- Basic considerations in pharmacokinetics
- Compartment models
- One compartment model
  - Assumptions
  - Intravenous bolus administration
  - Intravenous infusion
  - Extravascular administration (zero order and first order absorption model)
- References

# BASIC CONSIDERATIONS IN PHARMACOKINETICS

- Pharmacokinetic parameters
- Pharmacodynamic parameters
- Zero order kinetic
- First order kinetic
- Mixed order kinetic
- Compartment model
- Non compartment model
- Physiologic model

# Pharmacokinetic models

Means of expressing mathematically or quantitatively, time course of drug through out the body and compute meaningful pharmacokinetic parameters.

**Useful in :**

- Characterize the behavior of drug in patient.
- Predicting conc. of drug in various body fluids with dosage regimen.
- Calculating optimum dosage regimen for individual patient.
- Evaluating bioequivalence between different formulation.
- Explaining drug interaction.

# Compartment models

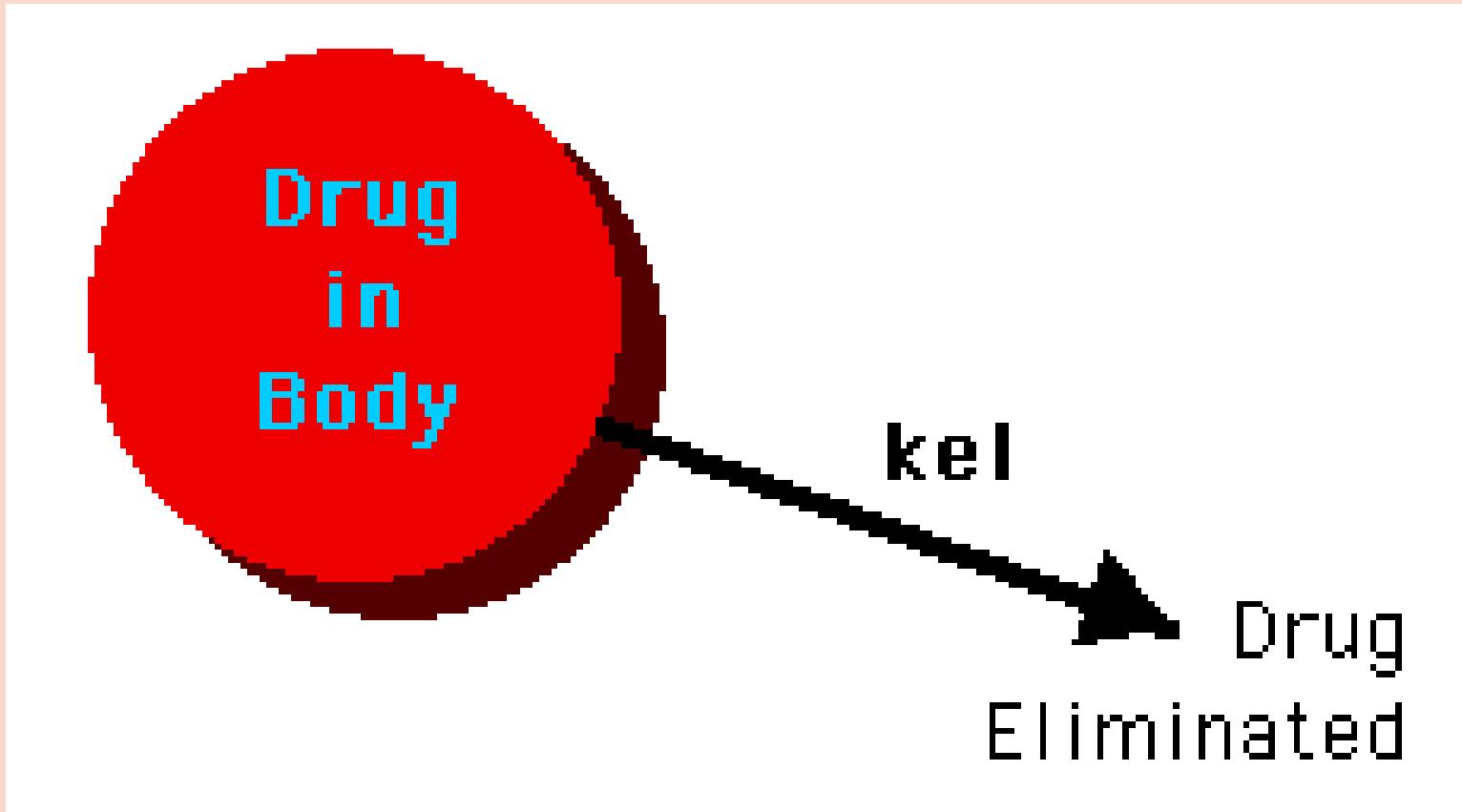
# OBJECTIVE

- To understand the assumptions associated with the one compartment model
- To understand the properties of first order kinetics and linear models
- To write the differential equations for a simple pharmacokinetic model
- To derive and use the integrated equations for a one compartment linear model
- To define, use, and calculate the parameters,  $K_{el}$  (elimination rate constant),  $t_{1/2}$  (half-life),  $Cl$  (clearance),  $V$  (apparent volume of distribution), and  $AUC$  (area under the concentration versus time curve) as they apply to a one compartment linear model

# “OPEN” and “CLOSED” models:

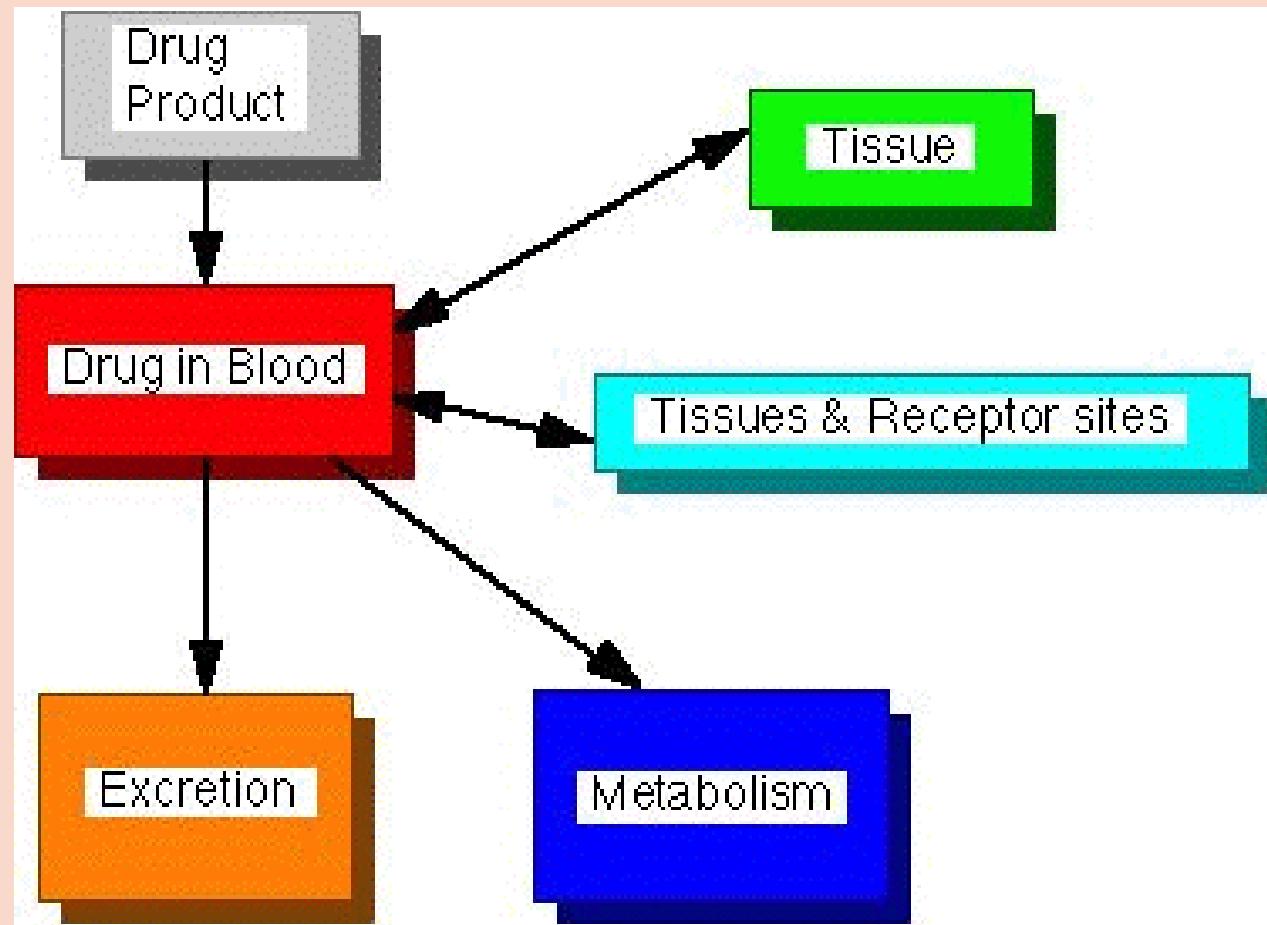
- The term “open” itself mean that, the administered drug dose is removed from body by an excretory mechanism ( for most drugs, organs of excretion of drug is kidney)
- If the drug is not removed from the body then model refers as “closed” model.

# One Compartment



# PHARMACOKINETICS

- **Pharmacokinetics** is the study of drug and/or metabolite kinetics in the body.
- The body is a very complex system and a drug undergoes many steps as it is being **absorbed, distributed** through the body, **metabolized** or **excreted (ADME)**.



# Assumptions

## 1. One compartment

- The drug in the blood is in rapid equilibrium with drug in the extravascular tissues.
- This is not an exact representation however it is useful for a number of drugs to a reasonable approximation.

## 2. Rapid Mixing

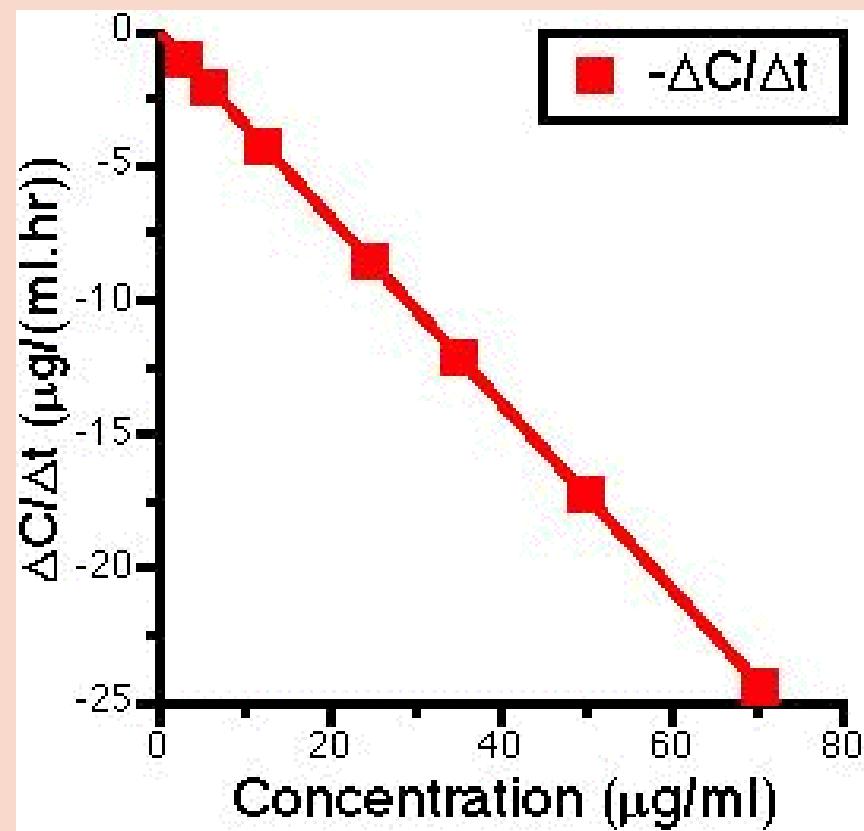
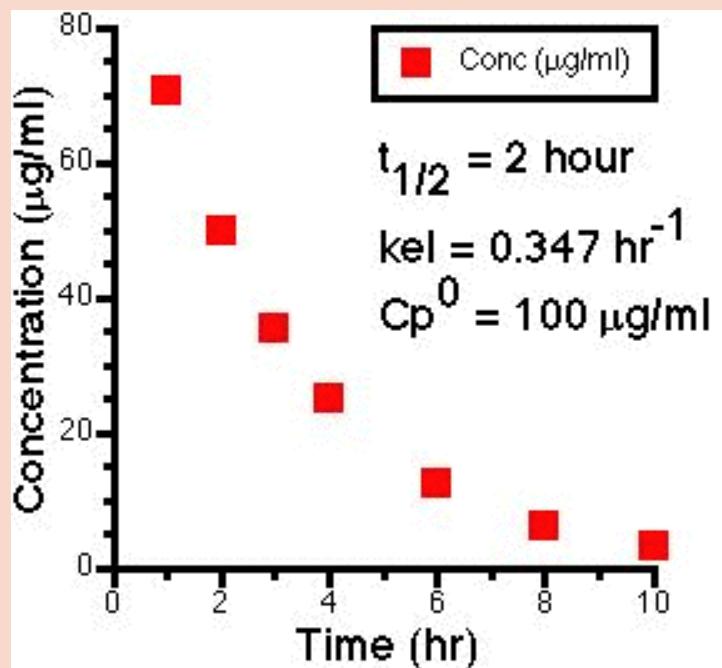
- We also need to assume that the drug is mixed instantaneously in blood or plasma.

## 3. Linear Model

- We will assume that drug elimination follows first order kinetics.

# Linear Model - First Order Kinetics

- First-order kinetics



- This behavior can be expressed mathematically as :

$$\text{Rate of Change of } C_p \text{ versus time} = -\frac{\Delta C_p}{\Delta t} = k_{el} \cdot C_p$$

Change in  $C_p$

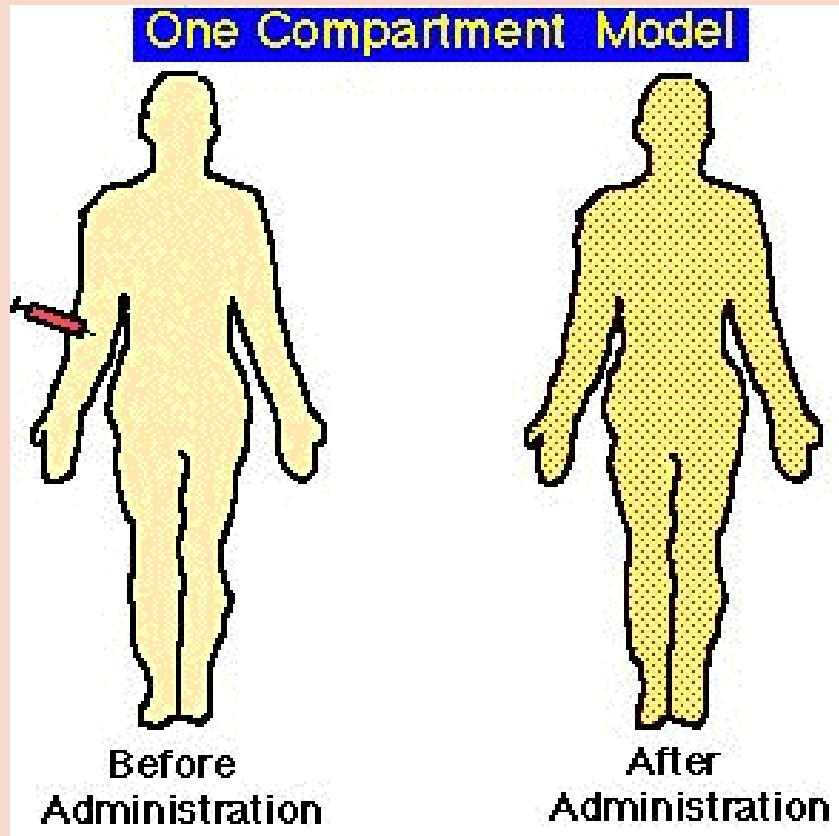
Change in time

Proportionality constant  
called the elimination  
rate constant,  $k_{el}$

# One compartment model

- One compartment model can be defined :
  - One com. open model – i.v. bolus.
  - One com. open model - cont. intravenous infusion.
  - One com. open model - extra vas. administration  
( zero-order absorption)
  - One com. open model - extra vas. Administration  
( first-order absorption )

# One Compartment Model, Intravenous (IV) Bolus Administration



# Rate of drug presentation to body is:

- $\frac{dx}{dt} = \text{rate in (availability)} - \text{rate out (elimination)}$
- Since rate in or absorption is absent, equation becomes  
$$\frac{dx}{dt} = - \text{rate out}$$
- If rate out or elimination follows first order kinetic

$$dx/dt = -k_E X \quad (\text{eq.1})$$

# Elimination phase:

- Elimination phase has three parameters:
  - Elimination rate constant
  - Elimination half life
  - Clearance

# Elimination rate constant

- Integration of equation (1)
- $\ln X = \ln X_0 - K_E t$  (eq.2)

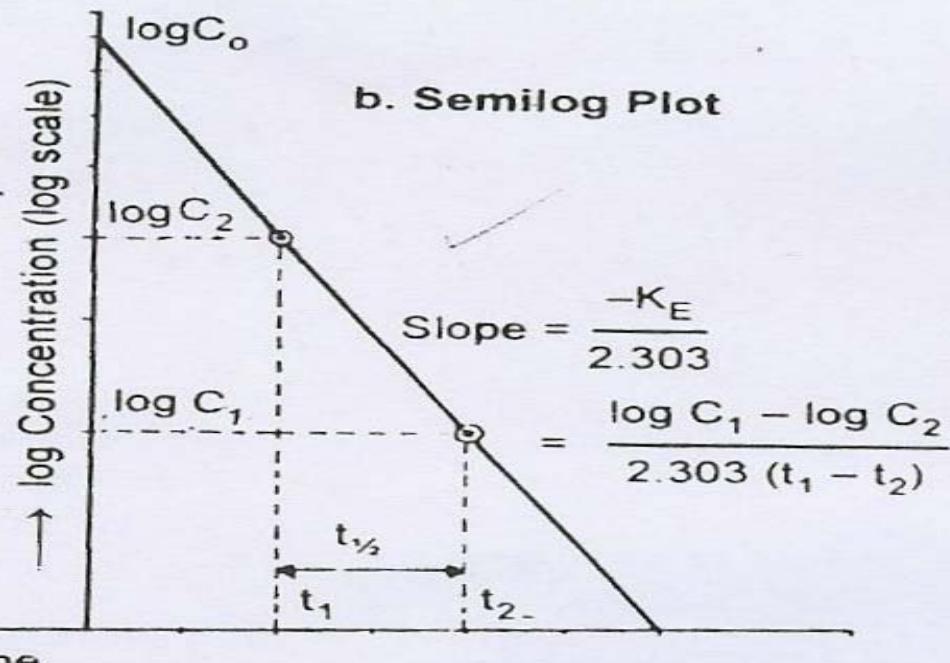
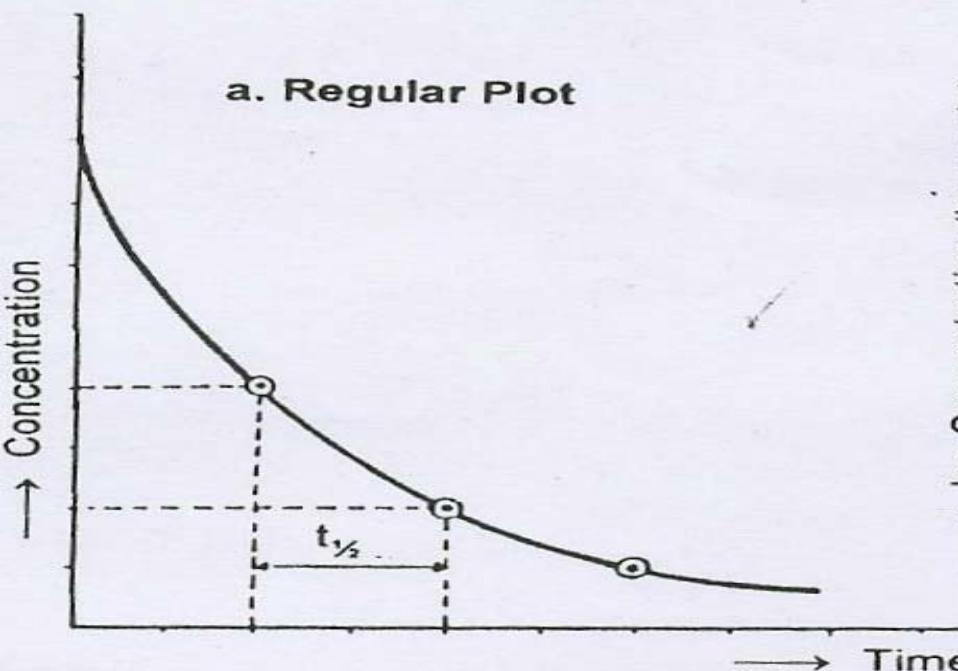
$X_0$  = amt of drug injected at time  $t$  = zero i.e. initial amount of drug injected

$$X = X_0 e^{-K_E t} \quad (\text{eq.3})$$

- $\log X = \log X_0 - \frac{K_E t}{2.303}$  (eq.4)

- Since it is difficult to directly determine amount of drug in body X, we use relationship that exists between drug conc. in plasma C and X; thus
- $X = V_d C$  (eq. 5)
- So equation-8 becomes

$$\log C = \log C_0 - \frac{K_E t}{2.303} \quad (\text{eq.6})$$



**Fig. 10.2** (a) Cartesian plot of a drug that follows one-compartment kinetics and given by rapid i.v. injection, and  
 (b) Semilogarithmic plot for the rate of elimination in a one-compartment model.

$$K_E = K_E + K_m + K_b + K_l + \dots \quad (\text{eq.7})$$

$K_E$  is overall elimination rate constant

# Elimination half life

$$t_{1/2} = \frac{0.693}{K_E} \quad (\text{eq.8})$$

- Elimination half life can be readily obtained from the graph of  $\log C$  versus  $t$
- Half life is a secondary parameter that depends upon the primary parameters such as clearance and volume of distribution.
- $t_{1/2} = \frac{0.693 V_d}{Cl_T} \quad (\text{eq.9})$

# Apparent volume of distribution

- Defined as volume of fluid in which drug appears to be distributed.
- $V_d = \frac{\text{amount of drug in the body}}{\text{plasma drug concentration}} = \frac{X}{C}$  (eq.10)

$$V_d = \frac{X_0}{C_0} = \frac{\text{i.v. bolus dose}}{C_0} \quad (\text{eq.11})$$

- E.g. 30 mg i.v. bolus, plasma conc.= 0.732 mcg/ml.
- Vol. of dist. =  $30\text{mg}/0.732\text{mcg/ml}$   
 $=30000\text{mcg}/0.732\text{mcg/ml}$   
 $= 41 \text{ liter.}$

- For drugs given as i.v.bolus,

$$V_d \text{ (area)} = X_0 / K_E \cdot AUC$$

.....12.a

- For drugs admins. Extra. Vas.

$$V_d \text{ (area)} = F \cdot X_0 / K_E \cdot AUC$$

.....12.b

# Clearance

Clearance =  $\frac{\text{rate of elimination}}{\text{plasma drug conc.}}$

- Or  $Cl = \frac{dx/dt}{C}$  (eq.13)

Thus

Renal clearance =  $\frac{\text{rate of elimination by kidney}}{C}$

Hepatic clearance =  $\frac{\text{rate of elimination by liver}}{C}$

Other organ clearance =  $\frac{\text{rate of elimination by organ}}{C}$

- Total body clearance:

$$Cl_T = Cl_R + Cl_H + Cl_{\text{other}} \quad (\text{eq.14})$$

- According to earlier definition

$$Cl = \frac{dx/dt}{C}$$

- Submitting eq.1  $dx/dt = K_E X$  , above eq. becomes

$$Cl_T = K_E X / C \quad (\text{eq 15})$$

- By incorporating equation 1 and equation for vol. of dist. ( $Vd = X/C$ ) We can get

$$Cl_T = K_E Vd \quad (\text{eq.16})$$

- Parallel equations can be written for renal and hepatic clearance.

$$Cl_H = Km \cdot Vd \quad (eq.17)$$

$$Cl_R = Ke \cdot Vd \quad (eq.18)$$

- but  $K_E = 0.693/t_{1/2}$

- so, 
$$Cl_T = \frac{0.693 \cdot Vd}{t_{1/2}} \quad (eq.19)$$

- For non compartmental method which follows one compartmental kinetic is :
- For drug given by i.v. bolus

$$Cl_T = \frac{X_0}{AUC} \quad \dots \dots 20.a$$

- For drug administered by e.v.

$$Cl_T = \frac{F X_0}{AUC} \quad \dots \dots 20.b$$

- For drug given by i.v. bolus

$$\text{renal clearance} = \frac{X_u \infty}{AUC} \quad (\text{eq. 21})$$

# Organ clearance

- Rate of elimination by organ = rate of presentation to the organ – rate of exit from the organ.
- Rate of elimination =  $Q \cdot C_{in} - Q \cdot C_{out}$   
(rate of extraction) =  $Q (C_{in} - C_{out})$   
 $Cl_{organ} = \text{rate of extraction}/C_{in}$   
 $= Q(C_{in} - C_{out})/C_{in}$   
 $= Q \cdot ER$  .....(eq 22)
- Extraction ratio:  
 $ER = (C_{in} - C_{out})/ C_{in}$
- ER is an index of how efficiently the eliminating organ clear the blood flowing through it of drug.

- According to ER, drugs can be classified as-
- Drugs with high ER (above 0.7)
- Drugs with intermediate ER (between 0.7-0.3)
- Drugs with low ER (below 0.3)
- The fraction of drug that escapes removal by organ is expressed as

$$F = 1 - ER$$

- where  $F$  = systemic availability when the eliminating organ is liver.

# Hepatic clearance

$$Cl_H = Cl_T - Cl_R$$

- o Can also be written down from eq 22
- o  $Cl_H = Q_H \cdot ER_H$
- o  $Q_H$  = hepatic blood flow.  $ER_H$  = hepatic extraction ratio.
- o Hepatic clearance of drug can be divided into two groups :
  1. Drugs with hepatic blood flow rate-limited clearance
  2. Drugs with intrinsic capacity- limited clearance

# Hepatic blood flow

- $F = 1 - ER_H$   
 $= \frac{AUC_{oral}}{AUC_{i.v}}$

## Influence of Blood Flow Rate and Protein Binding on Total Clearance of Drugs with High and with Low ER Values.

Drugs with	Changes in Total Clearance due to			
	↑ Blood Flow	↓ Blood Flow	↑ Binding	↓ Binding
High ER (above 0.7)	↑	↓	No Change	No Change
Low ER (below 0.3)	No Change	No Change	↓	↑

where,  $\uparrow$  = increase, and  $\downarrow$  = decrease.

# Intrinsic capacity clearance

- Denoted as  $Cl_{int}$ , it is defined as the inherent ability of an organ to irreversibly remove a drug in the absence of any flow limitation.

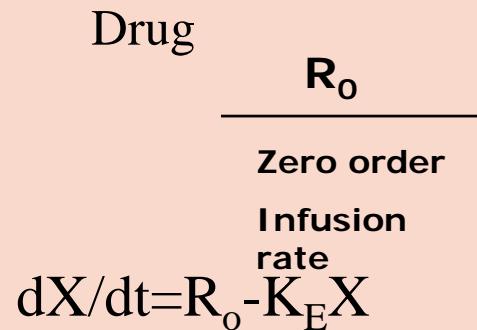
TABLE 10.2

## Hepatic and Renal Extraction Ratio of Some Drugs and Metabolites

	Extraction Ratio		
	High	Intermediate	Low
Hepatic Extraction	Propranolol	Aspirin	Diazepam
	Lidocaine	Codeine	Phenobarbital
	Nitroglycerine	Nortriptyline	Phenytoin
	Morphine	Quinidine	Procainamide
	Isoprenaline		Theophylline
Renal Extraction	Some Penicillins	Some Penicillins	Digoxin
	Hippuric acid	Procainamide	Furosemide
	Several Sulfates	Cimetidine	Atenolol
	Several Glucuronides		Tetracycline

# One compartment open model: Intravenous infusion

- Model can be represented as : (i.v infusion)



$$X = R_o / K_E (1 - e^{-K_E t}) \quad \dots \text{eq 24}$$

Since  $X = V_d C$

$$C = R_o / K_E V_d (1 - e^{-K_E t}) \quad \dots \text{eq 25}$$

$$= R_o / C_{l_T} (1 - e^{-K_E t}) \quad \dots \text{eq 26}$$

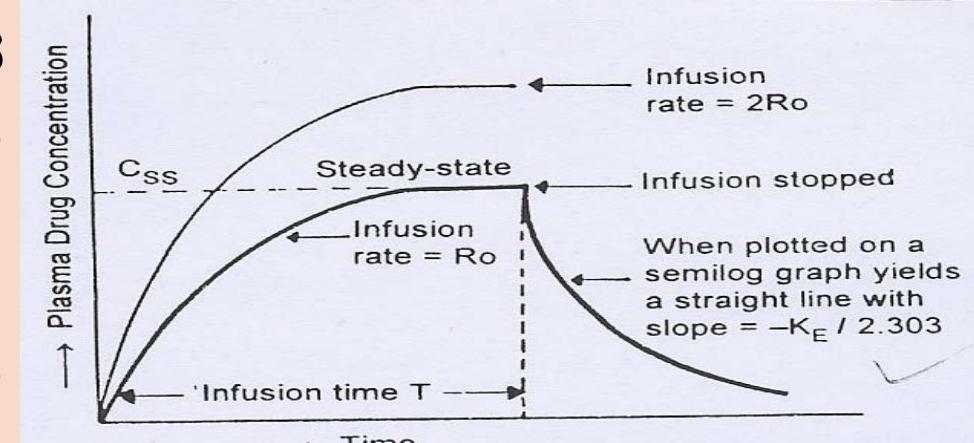
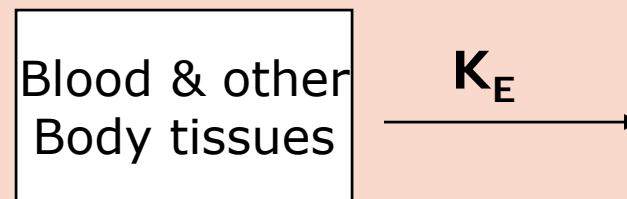


Fig. 10.3 Plasma concentration-time profile for a drug given by constant rate i.v. infusion (the two curves indicate different infusion rates  $R_o$  and  $2R_o$  for the same drug)

- At steady state. The rate of change of amount of drug in the body is zero ,eq 23 becomes

$$\text{Zero} = R_o - K_E X_{SS} \dots 27$$

$$K_E X_{SS} = R_o \dots 28$$

$$\underline{C_{SS} = R_o / K_E V_d} \dots 29$$

$$= R_o / Cl_T \text{ i.e infusion rate} \dots 30$$

clearance

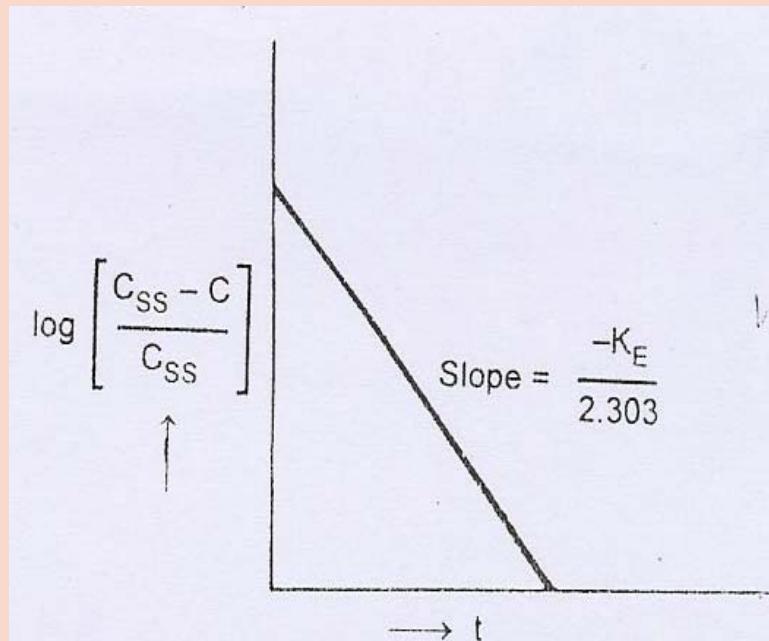
Substituting eq. 30 in eq. 26

- $C = C_{SS}(1 - e^{-K_E t}) \dots 31$

Rearrangement yields:

- $\frac{[C_{SS} - C]}{C_{SS}} = e^{-K_E t} \dots 32$

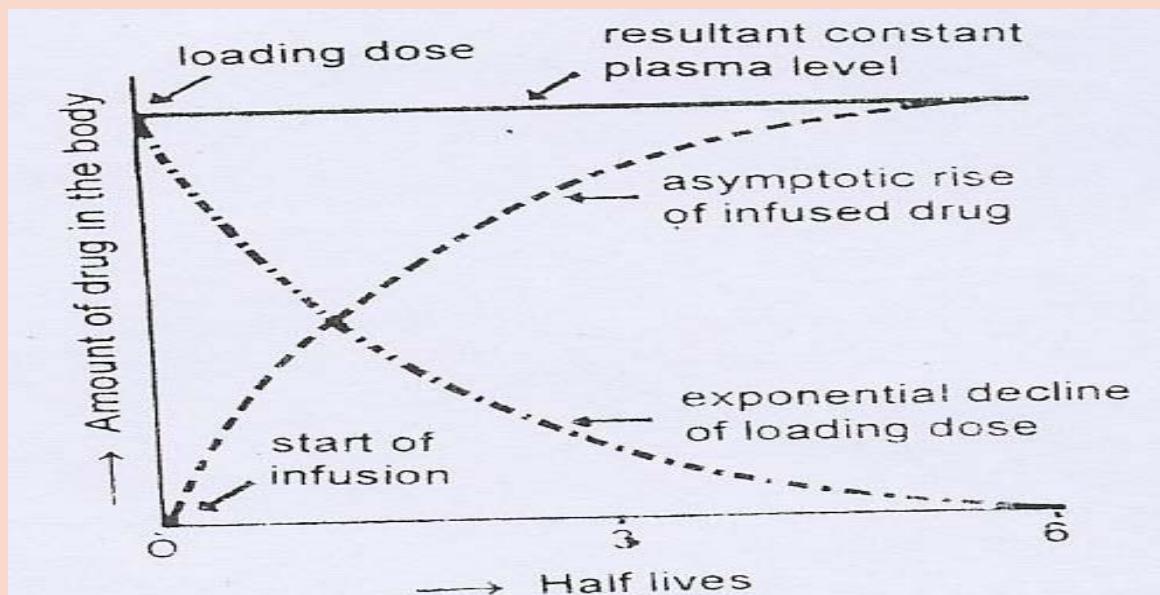
- $\log \frac{C_{SS} - C}{C_{SS}} = \frac{-K_E t}{2.303} \dots 33$



- If  $n$  is the no. of half lives passed since the start of infusion( $t/t_{1/2}$ )
- Eq. can be written as
- $C = C_{ss} [1 - (1/2)^n]$  ...34

Percent of $C_{ss}$ attained at the end of a given $t_{1/2}$		
Half-life	% Remaining	% $C_{ss}$ Achieved
1	50	50
2	25	50 + 25 = 75
3	12.5	75 + 12.5 = 87.5
4	6.25	87.5 + 6.25 = 93.75
5	3.125	93.75 + 3.125 = 96.875
6	1.562	96.875 + 1.562 = 98.437
7	0.781	98.437 + 0.781 = 99.218

# Infusion plus loading dose



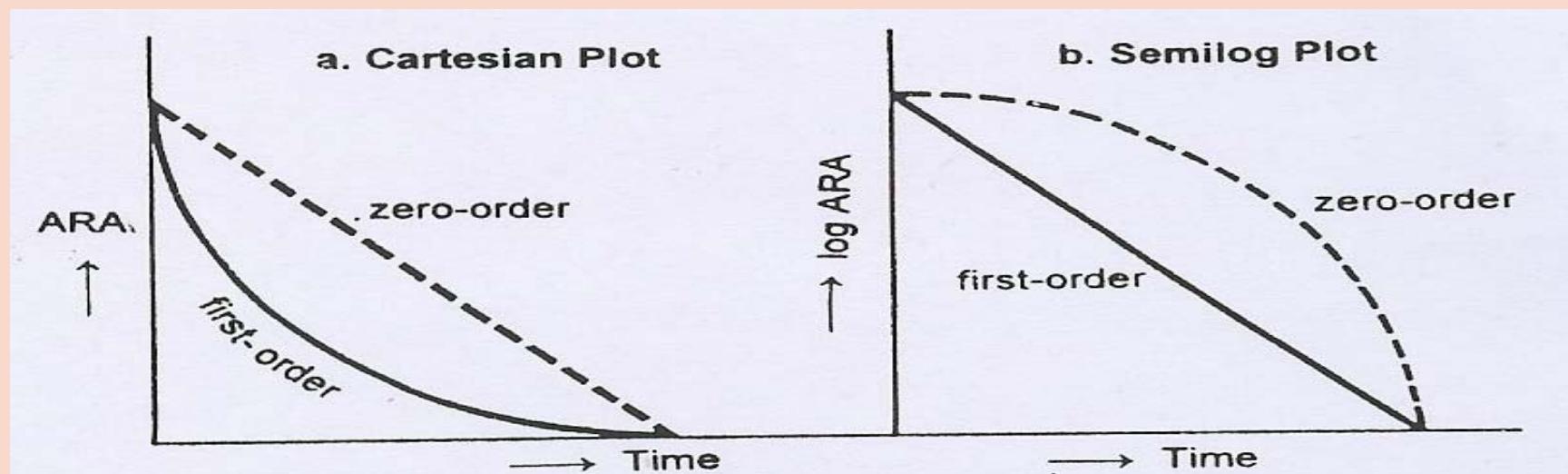
- $X_o,L = C_{ss}V_d$  ... 35
- Substitution of  $C_{ss} = R_o/K_E V_d$
- $X_o,L = R_o/K_E$  ... 36
- $C = X_o,L/V_d e^{-K_E t} + R_o/K_E V_d (1 - e^{-K_E t})$  ... 37

# Assessment of pharmacokinetic parameter

- $$\begin{aligned} \text{AUC} &= R_o T / K_E V_d \\ &= R_o T / Cl_T \\ &= C_{ss} T \end{aligned}$$
- Where  $T$ =infusion time

# One compartment open model : extra vascular administration

- When drug administered by extra vascular route (e.g. oral, i.m, rectal ), absorption is prerequisite for its therapeutic activity.



**Fig. 10.6** Distinction between zero-order and first-order absorption processes. *Figure a* is regular plot, and *Figure b* a semilog plot of amount of drug remaining to be absorbed (ARA) versus time  $t$ .

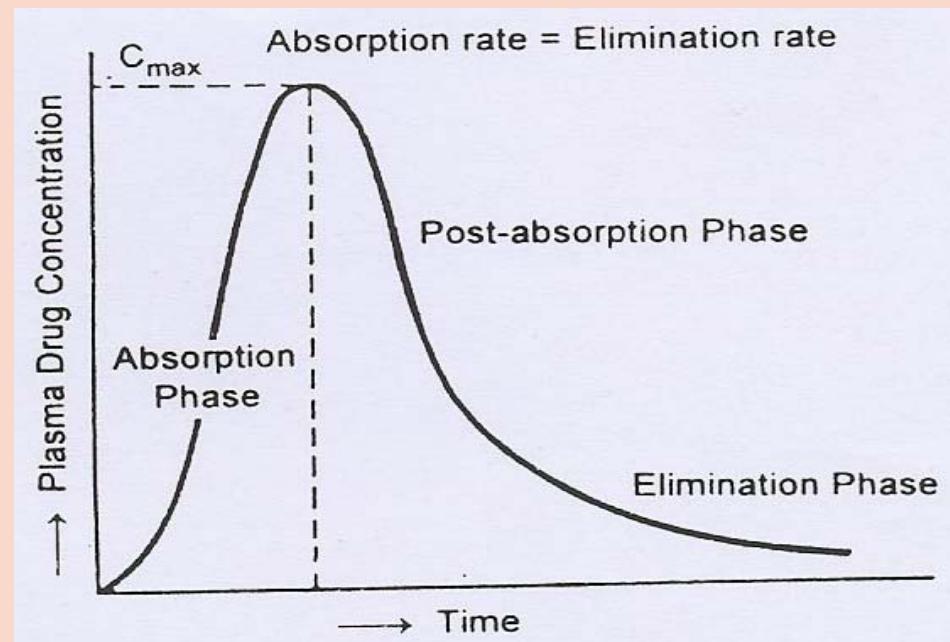
- $dX/dt = \text{rate of absorption} - \text{rate of elimination}$

$$dX/dt = dX_{ev}/dt - dX_E/dt \quad \dots 38$$

$$dX_{ev}/dt > dX_E/dt$$

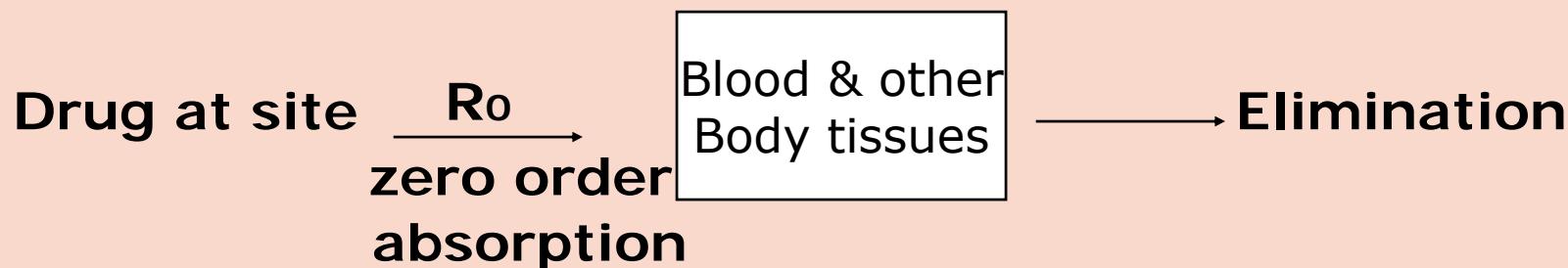
$$dX_{ev}/dt = dX_E/dt$$

$$dX_{ev}/dt < dX_E/dt$$



## One compartment model: extra vascular admin ( zero order absorption)

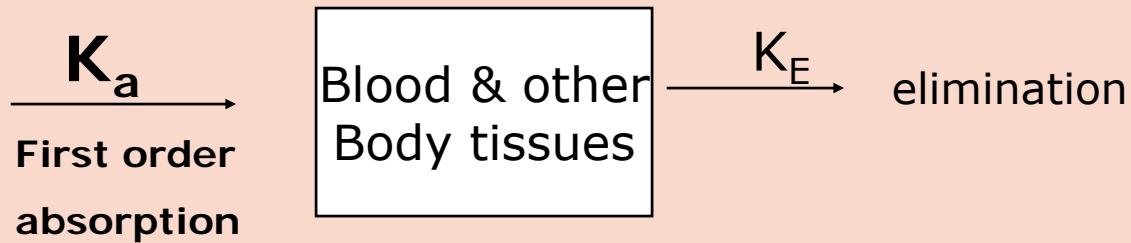
- This model is similar to that for constant rate infusion.



- Rate of drug absorption as in case of CDDS , is constant and continues until the amount of drug at the absorption site (e.g. GIT) is depleted.
- All equations for plasma drug conc. profile for constant rate i.v. infusion are also applicable to this model.

# One compartment model: extra vascular admin ( first order absorption)

- Drug that enters the body by first order absorption process gets distributed in the body according to one compartment kinetic and is eliminated by first order process.
- The model can be depicted as follows:
- **Drug at site**



- The differential form if eq. 38 is
- $dX/dt = k_a X_a - K_E X$  ...39
- $X = K_a F X_o / (K_a - K_E) [e^{-K_E t} - e^{-K_a t}]$  ...40
- $C = K_a F X_o / V_d (K_a - K_E) [e^{-K_E t} - e^{-K_a t}]$  ...41

## References :

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